

Please contact Jenni on 5461 7387 or email jenni.dellavedova@havilah.org.au if you would like your Havachat sent via email

HAVILAH WEBSITE:
www.havilah.org.au

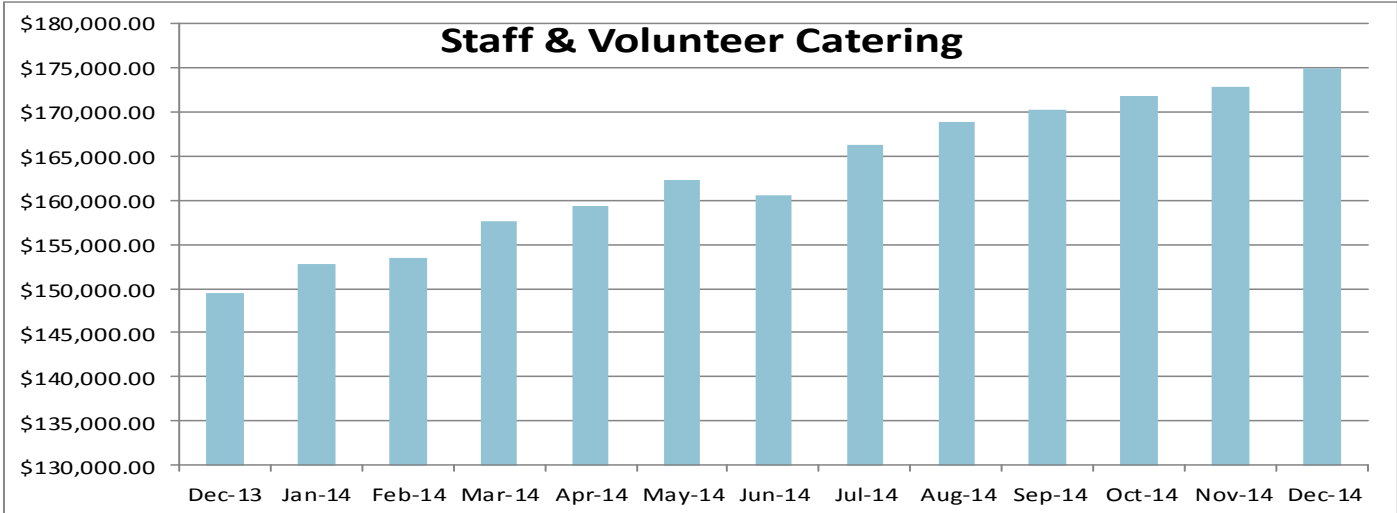
Issued 12th January 2015

HAVACHAT



Maryborough Dance Group entertaining Residents at our New Years Eve Celebration.





WHEN THE FIRE ALARM SOUNDS

Residents and Visitors should remain where they are and wait for staff to instruct you on evacuation. If you can see the fire you should move away from the immediate area and wait for instruction from staff. If the fire is in your room you should leave the room and close the door behind you.

Havilah is a very safe facility and has many measures in place to stop the spread of fire and smoke and to provide for safe evacuation in the case of a fire – this includes fire and smoke compartments, and sprinklers and smoke alarms. Should evacuation be required it would only be for residents in the affected compartment. In the first instance. The fire alarm automatically alarms at the fire station and the Brigade is here within minutes. **YOU WILL BE KEPT INFORMED VIA STAFF AND THROUGH THE PUBLIC ADDRESS SYSTEM.**

NOTICE FROM THE DIRECTOR OF CARE— Dave Burrridge

Hi from the desk of the Director of Care,

The New Year is here and the weather is warming up. Just a reminder if family or friends are taking out a loved one please ensure that fluids are offered and taken as it is too easy to dehydrate in hot conditions, at Havilah we are always in air-conditioning and not effected as quickly. The rain this week was welcomed as we were getting very dry and hopefully we will get a few more days of good rain that will keep the fire season abated. We still have to be aware of our fire evacuation plans and do not take things for granted.

I hope the Christmas period was kind to everyone and we did not feel too sick with all the rich food to eat and drink to drink, so I and all of Havilah wish everyone a happy and prosperous New Year.

Thanks Dave

Christmas Celebrations



Christmas Celebrations



Significant Refurbishment Project

As reported in the November HAVACHAT works of significant refurbishment are planned to include

Front of Building Extension and upgrade; Expansion of the Callistemon Activities Room; Construction of W/C block off Main Dining Room; Development of the Banksia Atrium to a Care and Activities Hub; Construction of Covered way from Banksia House to Dining Room; External Outdoor Extension Heath House; Upgrade W/FI to all areas; Recarpet of resident rooms 1—51; Replace vinyl to ensuites and bedroom Heath House; Upgrade to Courtyard and Barbecue area

Our builders Lohmann and Bond will be on site to commence works from Monday 12th January. Principals Paul Lohmann and Jamie Bond having been the responsible builders for both Correa and Melaleuca Houses are well experienced in organising works to achieve the least possible disruption to residents and families.

During the works there are some areas that will be restricted for the safety of residents and visitors. The main effect will be that parking will be reduced at the front of the building and the main entrance will be blocked off for a time. We will ensure that any disruption is for the least time physically possible. The \$1M project will be completed by the 1st of May so any disruption will be short lived and the works will provide significant improvements in the facilities and services we can offer.

Should you encounter any problems while the works are being carried out please do not hesitate to report at reception.

We will keep you informed of any temporary measures required as works progress.

Capital Grant Received for Correa House Extension

In December Havilah received a welcome Christmas Present with notification that our application for a Grant of \$380,000 towards works of extending Correa House had been successful. The extension is to house an additional 13 places which were approved in a previous funding round and come with a \$1.95M zero real interest loan from Government.. The works are planned to commence later this year. Our application for two additional places at Raglan House to be used for respite services was also successful.



HAVILAH NOW HAS TRAINED PERSONNEL AVAILABLE SHOULD A SNAKE BE FOUND ON EITHER OF OUR SITES.

Showing incredible devotion to their work, Jim Gaunt, (Maintenance) Wal Britten (Grounds and Maintenance) Dave BurrIDGE (DoC) Stu Argall (Maintenance) and Brendan Tatchell (Plumbing Contractor) undertook snake handling training in December.

Jim Gaunt is shown at the training.

GREAT THINGS TO DO IN JANUARY

Happy Hour activities continue at Heath House

LUNCH OUT EACH THURSDAY – leaving Havilah 11.45 am

Highland Society

CHURCH SERVICES – all Services begin at 10.30 am

No Church Service

No Church Service

Anglican Church

No Church Service

SPECIAL EVENTS

Australia Day Celebrations



7	3	2	9	4	1	8	6	5
9	6	5	2	8	3	4	7	1
4	1	8	6	5	7	3	9	2
2	8	7	1	6	4	5	3	9
6	5	3	7	2	9	1	4	8
1	4	9	5	3	8	6	2	7
8	2	4	3	9	5	7	1	6
5	7	6	4	1	2	9	8	3
3	9	1	8	7	6	2	5	4

Movie Quiz Answers

- 1a. Jennifer Lopez
- 2b. Francis Ford Coppola
- 3a. Paul Newman
- 4a. John F. Nash
- 5b. Tom Cruise
- 6a. Christian
- 7b. Whoopi Goldberg
- 8b. Kevin Spacey
- 9a. Brad Pitt
- 10a. Susan Sarandon

E		B	A	D	M	I	N	T	O	N
L		O	E	W		E			I	
F	E	M	U	R		I	G	L	O	O
F				A		K	P	C		
A	S	T	U	T	E		D	I	N	
B		E		S		T		R		T
E	R	A			I	N	S	T	E	P
E		A		S		A				U
O	R	B	I	T		R	I	D	E	R
B		A		A		Y		I		B
O	R	C	H	E	S	T	R	A		A

Hub-Word
9-letter word - ENIGMATIC

WEEKLY ACTIVITIES

BUS TRIPS – Mondays and Fridays

Wednesdays Heath House



Nail Pedicure Pampers - Monday mornings

Foot Spas - Monday and Thursday mornings each week

BINGO at 1.45pm every Monday, Tuesday, Thursday & Friday (Callistemon Activities Room)



INDOOR BOWLS - Wednesdays 1.30pm

(Main Dining Room)



SPECIAL MORNING TEA - Tuesdays 10.00am (Main Dining Room)

HAPPY HOUR EACH FRIDAY at 4.30 PM



TUESDAY -

Street Walk 1.30pm

Afternoon Cards 3.15 pm

WEDNESDAY -

Strength exercises 11.15am

Cooking classes 3.30pm

THURSDAY -

CHOIR with VERONICA 3.15pm

FRIDAY -

Video in Lounge 3.15pm

SATURDAY -

Heath House “CAFÉ” 3.00pm

Yummy Afternoon Tea;

Milk Shakes; Iced Coffee

SUNDAY -

Devonshire Afternoon Tea

COOKED BREAKFAST 1st Monday of Each Month



Mind Games

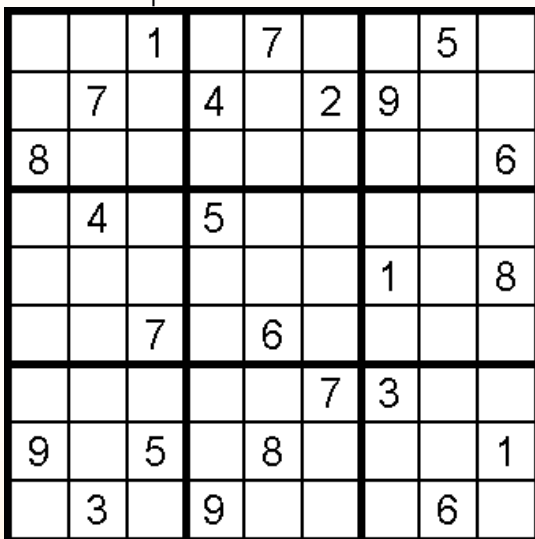


Across

- Group of musicians (9)
 7. Eye socket (5)
 8. Jockey (5)
 9. Epoch (3)
 10. Part of the foot (6)
 14. Shrewd (6)
 15. Cacophony (3)
 18. Thighbone (5)
 20. Ice hut (5)
 21. Court game (9)

Down

- Woodwind instrument (4)
 2. Floor show (7)
 3. Consumes (4)
 4. Despot (6)
 5. Assistance (3)
 6. Precipitous (6)
 11. One of three (7)
 12. Perplex (6)
 13. Gaped (6)
 16. Flightless bird (4)
 17. Metal money (4)
 19. Disorderly crowd (3)



HUB WORDS

How many words can you make from the letters in the wheel? Each word must contain the hub letter **G**. Can you find a 9-letter word and at least 25 other words of five letters or more avoiding proper nouns?



MOVIE QUIZ -2

Who starred in the 2003 movie, *Maid in Manhattan*?

- a. Jennifer Lopez b. Julia Roberts

2. Who directed the 1972 movie, *The Godfather*?

- a. Martin Scorsese b. Francis Ford Coppola

3. Who was John Rooney in the 2002 movie, *Road to Perdition*?

- a. Paul Newman b. Tom Hanks

4. What character did Russell Crowe play in the 2001 movie, *A Beautiful Mind*?

- a. John F. Nash b. William Parcher

5. Who was John Anderton in the 2002 movie, *Minority Report*?

- a. Matt Damon b. Tom Cruise

6. What character was played by Ewan McGregor in the 2001 movie, *Moulin Rouge*?

- a. Christian b. Satie

7. Who was Detective Susan Avery in the 1992 movie, *The Player*?

- a. Sigourney Weaver b. Whoopi Goldberg

8. Who was Lester Burnham in the 1999 movie, *American Beauty*?

- a. Kevin Costner b. Kevin Spacey

9. Who was Tyler Durden in the 1999 movie, *Fight Club*?

- a. Brad Pitt b. Kurt Russell

10. Which actress starred in the 1987 movie, *The Witches of Eastwick*?

- a. Susan Sarandon b. Bette Midler

Solutions can be found on page 4.

CONTACTING STAFF

You can contact staff by using your **room phone**

In the main building Ring 370 between 7am and 11 pm; or 367 between 11 pm and 7 am

In Heath House Ring 626. In Melaleuca House Ring 627.

The call system is for emergency calls so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed in the lounge areas at Heath House to provide greater accessibility to staff for families. Please make use of these 'phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Heath House** please call **54617481**, if there is no answer on this number the call will be diverted to staff on the floor.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Melaleuca House** please call the nurses station on **54617486**, if there is no answer the call will be diverted to staff on the floor.

For all other areas of Havilah dial 54617300 and follow the prompts.

COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Care (RN1)** 54 617489 or internal dial 489. Email dave.burridge@havilah.org.au

The RN Nursing Supervisor can be contacted on 54617394 or by internal dial 394.

Heath House **Team Leader Patricia Boyd or Lesley Mackey**. 54 617461 or Internal Dial 461

You can also contact: **CEO Barb Duffin** 54 617381 Internal Dial 381 Mobile 0429 617380

email: barbceo@havilah.org.au or **Director of Human Services Annie Constable**

54 617383 Internal Dial 383 email: dhs@havilah.org.au.

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

GENERAL ENQUIRIES

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: rhonda.treloar@havilah.org.au or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

Residents can contact Rhonda simply by pressing the numbers 387 on room telephones.

ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries



HAV'A'LAUGH



A man and his wife are sitting at the kitchen table, which is next to the window. The man's name is Rudolph, and since he is Russian, people call him "Rudolph the Red." Rudolph looked out the window and said to his wife, "Oh look honey, it's raining outside." She looks out as well and says, "No, I think that is snow." He looks at her and says, "Rudolph the red knows rain dear."

An out-of-towner drove his car into a ditch in a desolated area. Luckily, a local farmer came to help with his big strong horse named Buddy.

He hitched Buddy up to the car and yelled, "Pull, Nellie, pull!" Buddy didn't move.

Then the farmer hollered, "Pull, Buster, pull!" Buddy didn't respond.

Once more the farmer commanded, "Pull, Coco, pull!" Nothing.

Then the farmer nonchalantly said, "Pull, Buddy, pull!" And the horse easily dragged the car out of the ditch.

The motorist was most appreciative and very curious. He asked the farmer why he called his horse by the wrong name three times.

The farmer said, "Oh, Buddy is blind and if he thought he was the only one pulling, he wouldn't even try!"



A guy was in a cave, looking for treasure. He found an old lamp, rubbed it, and a genie came out. The genie said "I will grant you three wishes, but your ex-wife will get double." The man agreed, and said "I wish I had a mansion." The genie granted it, and his ex-wife got two mansions.

The man said "I would like a million dollars." The genie again granted it and his ex-wife got two million dollars. Then the man said, "Scare me half to death."

A man walks into a doctor's office with a stick of celery in one ear, a carrot in the other and a grape up his nose.

Confused, the man asks: "Doctor what's wrong with me?" The doctor looks at the man and replies: "You're not eating properly!"



Thought of the Day: Be the Motivation, Not the Distraction.