



Exciting times ahead over the next 12 months with the second stage of residential aged care at Havilah's Raglan Street site. The development began at the beginning of February with the site being cleared and levelled and hurdles marked out ready for excavation of foundations

It won't be long before we have the slab in place. Please don't hesitate to let us know if you experience any issues due to the works.

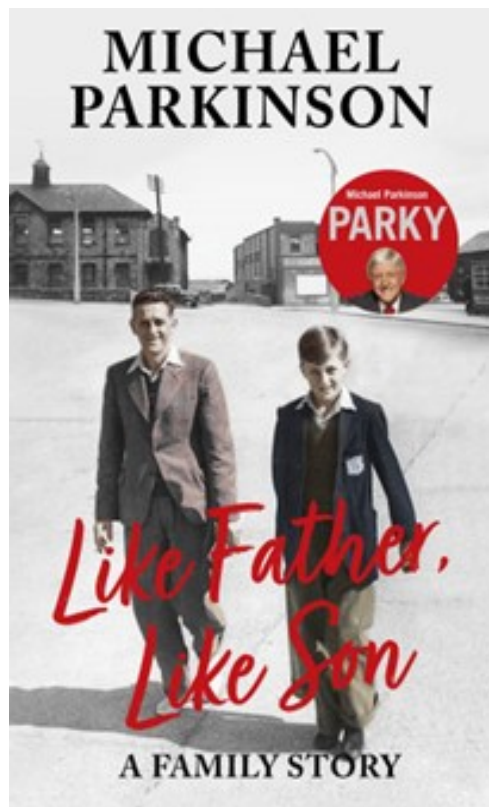
DINERS' CLUB Join the Diners' Club at Peach Village on Tuesday 30th of March. Contact Kim 54590169 or Reception to book. Please advise by Tuesday 23rd March if you would like to attend.

SUNDAY LUNCH Sunday Lunch will resume in Rooms 1 and 2, High School Centre from Sunday 14th March. This is for Retirement Living Residents only for the time being. Take away meals will not be available on a Sunday from that date. Please book to attend by Friday 12th March. Take away meals will continue Monday to Saturday for the time being.

HAPPY HOUR/SPECIAL MORNING TEA We will commence with fortnightly themed nights from Friday 12th March. These will continue during March and April. These are for the Retirement Village residents only. On the alternate Fridays virtual special morning tea will continue as at present.

Our apologies that we cannot include guests for the time being. We hope that it will not be long before guests can be welcomed again.

We will be in touch to issue our "Harald" cards to residents who may attend the group activities. This will enable you to check in much more simply when you attend these events.



'a quietly impressive book, which does something most celebrity autobiographies shy away from: it seeks the truth and, more often than not, finds it.' - THE MAIL

A look at the life and times of the man Sir Michael most looked up to.

It started in the shadow of the pit-head in a South Yorkshire mining village and ended up in tears before an audience of millions. Michael Parkinson's relationship with his late father John William was, and remains, a family love story overflowing with tenderness and tall tales of sporting valour, usually involving Yorkshire cricket or Barnsley FC.

However, it was the overwhelming grief which poured out of Michael when Piers Morgan pressed him about John William in a television interview - four decades after the death of the father he encapsulated as 'Yorkshireman, miner, humorist and fast bowler' - that convinced one of the outstanding broadcasters and journalists of our time to

delve deeper into the dynamics of their lives together.

Co-written with his son Mike, this affectionate and revealing memoir explores the influences which shaped John William, Michael and succeeding generations of Parkinsons. The journey leads them from the depths of a Yorkshire coal mine, via the chapel, pub and picture-house, to a spot behind the bowler's arm at Lord's and the sands at Scarborough.

While Like Father, Like Son conveys a powerful sense of time and place, it is wit, insight and, above all, enduring love which shine through its pages.



WEIRD and WONDERFUL WORDS

MACUSHLA - Irish affectionate form of address



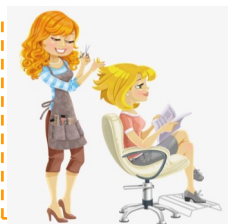
Justice of the Peace

If residents require the assistance of a Justice of the Peace you are welcome to contact

Terry Simpson

Mobile: 0419 737 837

During business hours



HAVILAH HAIRDRESSER

Onsite hairdresser Julie has resumed the service within the guidelines of the covid restrictions, Julie will attend to

trims, comb ups and perms, the salons are sanitised after each client.

Contact Julie at the salon to arrange your appointment on ph: 5459 0141



EFTPOS

For the convenience of residents, EFTPOS facilities are located at reception in the High 'School Centre for payment of Accounts.

Emailing HOP TOPICS

If you provide us with your email address, we can email your Newsletter to you. Please email your details to andrew.earl@havilah.org.au. Your assistance with this is appreciated.



While we have all been a bit restricted, residents at Raglan House enjoyed the New Year and Australian Day festivities





<https://www.careaboutagedcare.org.au>

The aged care sector peak bodies have joined together in a comprehensive campaign

IT'S TIME TO CARE ABOUT AGED CARE

Leading Age Services Australia (LASA); Aged & Community Services Australia (ACSA);

Anglicare Australia; Baptist Care Australia; Catholic Health Australia; and UnitingCare Australia have banded together to argue for an overhaul of four key elements of the aged care system: Design; Objectives; Regulation and Resourcing.



The campaign launch includes the release of a 60 page report which provides a "layman's guide" to Australia's aged care system. You can download the report from the web page above. Section 1 of the Report looks at the challenges facing the sector including funding and financing, the 20-plus reviews of the sector in the last 20 years, workforce issues and the impact of COVID. The second section examines the different operators who provide care, the difference between home care and residential care – and stresses the point that the majority of residential care operators are small Not For Profits.

This is a timely campaign to coincide with the release of the report of the Royal Commission into Aged Care and is designed to support changes within the system as identified by the Commissioners, whose recommendations include -

This is a timely campaign to coincide with the release of the report of the Royal Commission into Aged Care and is designed to support changes within the system as identified by the Commissioners, whose recommendations include -

- ♦ A new Aged Care Act and urgent review of the Aged Care Quality Standards (by 15 July 2021)
- ♦ Updated accessible information about providers and services including star ratings
- ♦ Establishment of registration for personal care workers and minimum standards for staff time and at least one RN on-site at all times, and minimum qualifications for personal care workers
- ♦ Improved remuneration for aged care workers

- ♦ A strengthened quality regulator
- ♦ Establishment of a dementia support pathway and specialist dementia care services
- ♦ Regulation of restraints including restricted prescriptions of antipsychotics in aged care
- ♦ Accreditation requirements for General Practitioners working in aged care facilities
- ♦ No younger people in residential aged care
- ♦ Civil penalties for contraventions of general duty by approved providers
- ♦ Establishment of a Pricing Authority
- ♦ Changes to funded areas of aged care, including the basic daily fee, indexation, means test, and more
- ♦ Investigation into financing an Aged Care Levy
- ♦ Phasing out Refundable Accommodation Deposits (RAD)

The Final Report stipulates that the Australian Government should report their responses to Parliament by 31 May, 2021.

To view the full report, head to the Royal Commission into Aged Care Quality and Safety website.

The Government say they recognise that addressing the challenges will cost a lot of money and all Australians will have to be ready for this. It is important to know that Australia currently spends only half of what other OECD countries spend as a proportion of GDP on aged services so there is opportunity to shift our priorities and lift spending in this important area.

Havilah is part of this campaign through its membership with Leading Age Services Australia (LASA)

If you would like to support the campaign you can

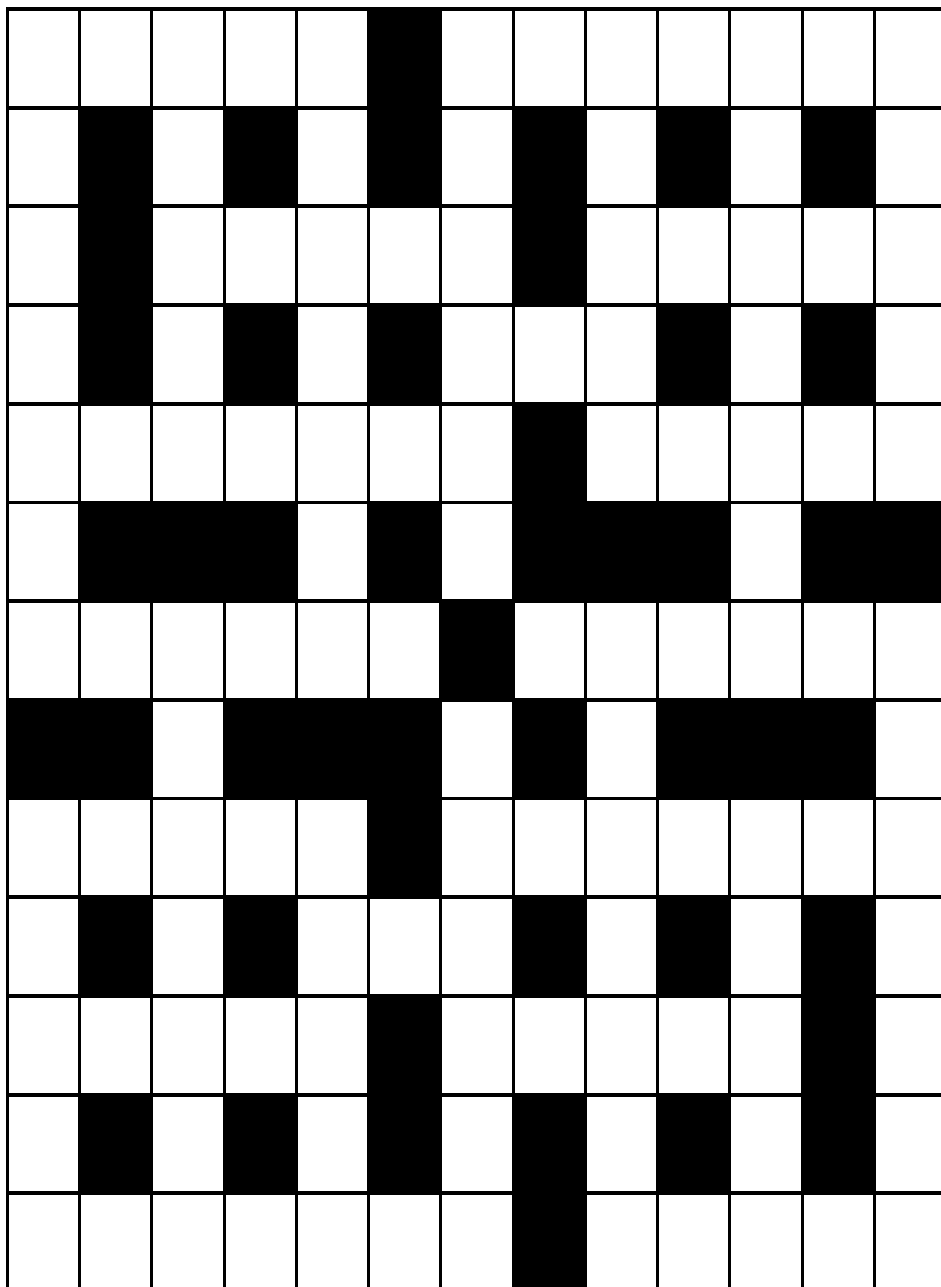
go to the Website

<https://www.careaboutagedcare.org.au> and sign the petition

Encourage your family and friends to sign the petition

Like and share the It's Time to Care about Aged Care **Facebook page** and ask your friends and families to like the page and share it with their Facebook networks.

Like and follow the It's Time to Care about Aged Care **Twitter account** and ask all of your families, friends, to like the page and share it with their Twitter networks, if they have one.

**3 LETTER WORDS**

IMP

IRE

5 LETTER WORDS

AROMA

DAZED

DIRGE

EAGLE

LIMIT

LLAMA

MUSIC

NEEDS

NIECE

SATIN

SHAPE

TIARA

TUPLIP

ZEBRA

6 LETTER WORDS

COILED

DEPEND

ECHOED

RAPIDS

7 LETTER WORDS

AWKWARD

CALORIE

DETAILS

HAMMOCK

IGNORED

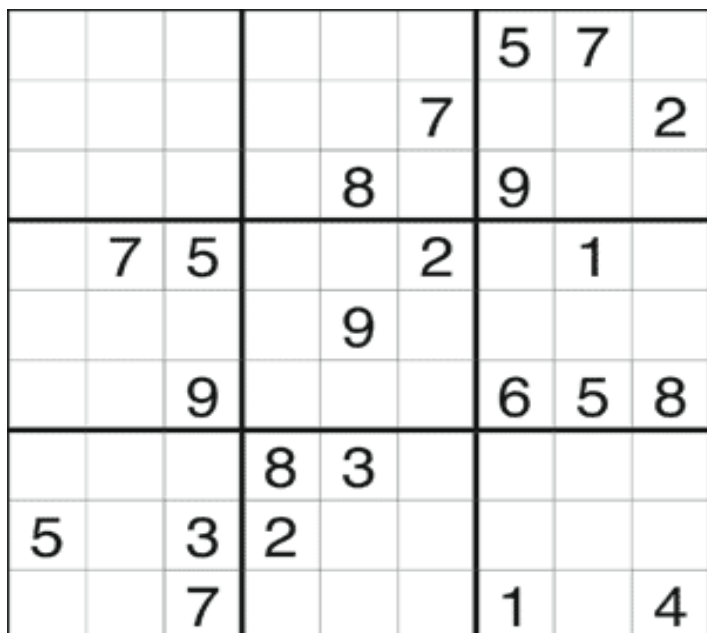
LOIBERAL

MACHINE

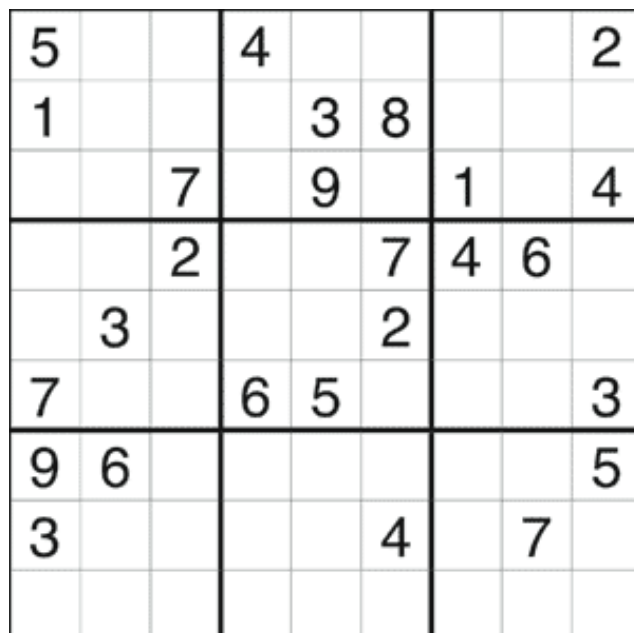
OCTAGON

RIDDLES











SUDOKU Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1-9



Medium 763



Easy 763

COVID-19: IDENTIFYING THE SYMPTOMS			
SYMPTOMS	COVID-19	COLD	FLU
	Symptoms range from mild to severe	Gradual onset of symptoms	Abrupt onset of symptoms
Fever 	Common	Rare	Common
Cough 	Common	Common	Common
Sore Throat 	Sometimes	Common	Common
Shortness of Breath 	Sometimes	No	No
Fatigue 	Sometimes	Sometimes	Common
Aches & Pains 	Sometimes	No	Common
Headaches 	Sometimes	Common	Common
Runny or Stuffy Nose 	Sometimes	Common	Sometimes
Diarrhea 	Rare	No	Sometimes, especially for children
Sneezing 	No	Common	No

Adapted from material produced by WHO, Centers for Disease Control and Prevention.

HELP STOP THE SPREAD AND STAY HEALTHY

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

For more information about COVID-19

Coronavirus Australia app

Stay up to date with official information and advice about the coronavirus (COVID-19) situation. You can check your symptoms and get notified when urgent information and updates are published.

You can use the Australian Government Coronavirus app to:

- stay up to date with the official information and advice
- important health advice to help stop the spread and stay healthy
- get a quick snapshot of the current official status within Australia
- check your symptoms if you are concerned about yourself or someone else
- find relevant contact information
- access updated information from the Australian Government
- receive push notifications of urgent information and updates



Get the app



COVIDSafe app



To help keep you safe and ease restrictions the COVIDSafe app is available to download onto your mobile phones now. This will be a great app to have once restrictions are eased and we all start getting about more. If we have been in contact with someone that tests positive, who also has the app installed, we will be able to be advised and act quickly. It will only work if most people download the app so a great safety measure as restrictions ease.

If you need assistance to download either of these free apps let us know at Reception.

From 11:59pm 26 February 2021 Victoria returns to COVIDSafe Summer restrictions

There are now no limits on the number, reason or duration of visits.

VISITING HOURS AT HAVILAH REMAIN BETWEEN THE HOURS OF 10 A.M. AND 4 P.M. EACH DAY Special arrangements can be made for Palliative Care.

Under current restriction levels, residents can go out for any reason, provided they comply with current restrictions applicable to all Victorians.

Visitors are required to

- ♦ wear face masks unless they have a specified exemption. *People 12 and over should wear a face mask unless an exception applies. A face shield on its own does not meet the mask requirement.
- ♦ visit within the resident room or within the area that has been set aside for the visit. Eg where arrangements have been agreed to visit including a meal.
- ♦ Undertake screening prior to entry into the facility

You cannot enter the facility if:

- * are unwell or have even the mildest symptoms of COVID-19:
 - ⇒ fever or temperature over 37.5 degrees
 - ⇒ loss or change in sense of smell or taste, chills or sweats, cough, sore throat, shortness of breath, and/or runny nose
- * are required to quarantine or isolate ****This includes if they have attended an exposure site**
- **** <<https://www.dhhs.vic.gov.au/case-locations-and-outbreaks-covid-19>>
- * have arrived in Australia from overseas (other than a travel green zone) in the last 14 days.
- * **have been at a hotel quarantine site or port of entry in the last 14 days.**
- ♦ Have not had and provided evidence of a current influenza vaccination unless you have a specific exemption.

Retirement Village Specific Guidance

There are no current specific guidelines in relation to Retirement Villages.

The key things you need to know in relation to the general community are

- ♦ **masks** are only required on public transport, in ride-share vehicles and taxis, in sensitive settings such as aged care facilities – and in some larger retail settings including indoor shopping centres, supermarkets, department stores, indoor markets.
- ♦ Victorians can **host up to 30 people in their home per day.**
- ♦ **Outdoor gatherings** in public places – the beach, the park – **100 people.**
- ♦ **Density limits in pubs, restaurants and cafes** remain at 1 person per 2sq metres for both indoors and outdoors with no other cap, so long as electronic record keeping – a QR code – is used. For small operations, there are no density limits if the patron number is under 25.
- ♦ For **beauty services**, businesses remain at 1 person per 2sq metres – if they also introduce electronic record keeping. For businesses where that's not possible, density limits of 1 person per 4 sq metres apply.
- ♦ **Retail businesses** also remain at 1 person per 2sq metres and electronic record-keeping is recommended where practical.
- ♦ **Funerals and weddings** are subject to a density limit of 1 person per 2sq metres. The same rules apply to **nightclubs** and community facilities, like **libraries, RSLs, and community halls.**
- ♦ In **gyms**, the density limit remains 1 per 4sq metres – with exercise classes limited to 50 indoors and 100 outdoors.
- ♦ if you are sick you must stay at home.
- ♦ Victoria's exposure areas are included on the DHHS website and are updated ongoing. Please check where the exposure sites are before planning any outings or visits from family and friends.

The roll out of vaccination has commenced although not without some delays and changes to the



schedules originally planned.

There has been no advice at this stage on when vaccinations will happen at Havilah. The original plan for residents and staff to be vaccinated on site at the same time has been changed with now residents to be vaccinated and staff to follow at a later stage. The actual phased rollout has not changed however timeframes are not available.

Phase 1a - up to 1.4m doses: Quarantine and border workers, frontline healthcare workers, aged care and disability care staff and residents;

Phase 1b - up to 14.8m doses: Elderly adults aged over 70, other healthcare workers, Aboriginal and Torres Strait Islanders aged over 55, younger adults with underlying medical conditions, including a disability, high-risk workers including police, fire, defence, emergency services and meat processing;

Phase 2a- up to 15.8m doses: Adults aged over 50, Aboriginal and Torres Strait Islanders aged over 18, other critical and high-risk workers;

Phase 2b- up to 16m doses: Balance of adult population, catch up any unvaccinated Australians from previous phases;

Phase 3 - up to 16m doses: Children aged under 18, if recommended.

We all need to stay patient and wait for further advice.

PLEASE DO EVERYTHING YOU CAN TO STAY SAFE UNTIL THEN.

CONTACT NUMBERS:

FOR PALMERSTON ST SITE

Reception 5459 0140

MON-FRI 9AM – 4pm

Weekends & Public Holidays 10 am - 4pm

Raglan House 5459 0150 (24 hr number)

Nurse Manager 5459 0154

Lifestyle 5459 0169

Maintenance BH 0417 679 803

24 hr Maintenance AH 0408 645 203

Kitchen 5459 0180

CONTACT NUMBERS:

FOR HARKNESS ST SITE

Reception 5461 7300

MON-FRI 9AM-5PM

Weekends & Public Holidays 10 am - 4pm

Nursing Supervisor 5461 7394 (24 hr number)

Director of Care 5461 7383

Lifestyle 54617 390

CEO-Barb 54617 381

0429617380

RAELEEN 54617 380

THINGS MY MOTHER USED TO SAY

It's always good to have good friends.

You'll thank me one day.

Go find something to do.

Don't speak to me like that

Quick Fried Rice

Ingredients:

- 1 cup white long-grain **rice**
- 2 teaspoons vegetable oil
- 2 eggs, lightly whisked
- 2 bacon rashers, chopped
- 1 carrot, peeled and grated
- 2 shallots, trimmed, finely sliced
- 1/2 cup frozen peas, thawed (see notes for Low FOD-MAP substitution)
- 1 tablespoon soy sauce
- Sesame seeds, to serve
- Shallots, sliced, extra, to serve

Instructions:

- Cook the rice in a large saucepan of boiling water for 12 minutes or until tender. Drain and leave to cool.
- Heat oil in non-stick wok or large frying pan over medium heat. Add eggs, swirl over base to form an omelette. Cook for 2 minutes or until set, Transfer to a chopping board. Set aside to cool slightly, Cut in to short strips.
- Add bacon to wok. Cook 4 minutes until golden, add carrot, stir fry for 1 minute, add shallots,

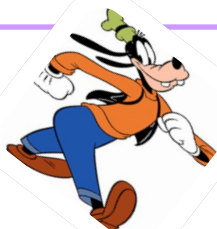
peas and rice. Cook, stirring for 3-4 minutes. Add egg and soy sauce, stir until heated through. Sprinkle with sesame seeds and top with extra shallots. Serve immediately.



Please think of others and comply with parking signs, therefore only cars displaying Disabled stickers in Disabled Parking zones, No Parking, and No Parking zones.



Thank you to all our volunteers from the retirement community. We appreciate your generosity so much. New volunteers are always welcome. Please advise Kim or Reception if you are interested in volunteering. Havilah is looking forward to welcoming back our volunteers back into Raglan House shortly.



Falls Prevention :
Ensure that you have your feet attended
to by a podiatrist
Maintenance and upkeep of walking aids



Maintenance Reporting Residents are requested to report all maintenance issues to Reception Monday to Friday between 10.00am & 4.00pm telephone 54590140 or call in. For urgent items during business hours call maintenance direct on 0417679803 or contact Reception at Harkness 54617387.

Alternatively residents can email any issues to palmerston@haviilah.org.au

For after hours, weekends and public holidays telephone our on call maintenance on 0408 645 203

NOTE: This also applies to garden and grounds issues that need ad-

ressing.

For any reported items that have not been addressed in a timely manner or are not addressed to your satisfaction, please contact CEO Barb Duffin telephone 0429617380 or email barb.duffin@haviilah.org.au

Barb's mobile number is included in each edition of HOP Topics and you can contact her 24/7. Best not ring after midnight though unless it is a real emergency.

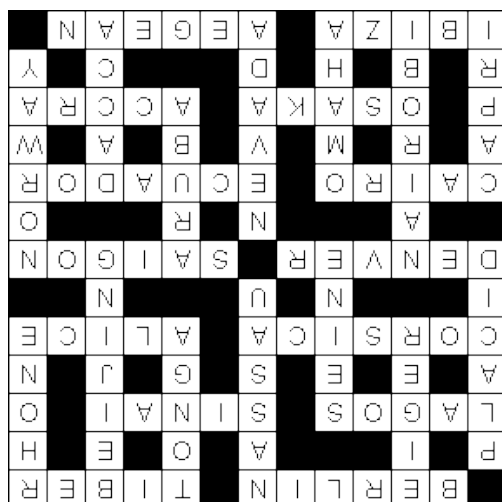
Other concerns:

We are here also if you need to discuss any concerns with us and if we cannot personally assist you we can help you to get any advice that

you need. This could be in relation to obtaining services into your unit, explaining the annual financial statements or fee accounts that we send you, organizing a family party, or other issues that may concern you from time to time.

You can contact CEO Barb Duffin Monday to Friday 54617381 or mobile 0429617380 for 24/7 contact. Director of Finance Sandra Wilson Monday to Thursday 54617491; Resident Liaison Raeleen Brooker Monday to Friday 54617380.

Quiz and Crossword
Solutions from page 7 & 12



1. 5 cent coin
2. Ann egg
3. Jeff's shed
4. 1970's

3	6	8	4	2	9	5	7	1
7	4	2	1	8	5	9	6	3
9	5	1	3	6	7	4	8	2
3	6	7	4	2	1	8	5	9
8	7	5	6	4	2	3	1	9
1	3	6	5	9	8	2	4	7
4	2	9	7	1	3	6	5	8
6	9	4	8	3	1	7	2	5
5	1	3	2	7	4	8	9	6
2	8	7	9	5	6	1	3	4

5	9	3	4	7	1	6	8	2
1	4	6	2	3	8	5	9	7
2	8	7	5	9	6	1	3	4
8	5	2	3	1	7	4	6	9
6	3	9	8	4	2	7	5	1
7	1	4	6	5	9	8	2	3
9	6	1	7	8	3	2	4	5
3	2	5	1	6	4	9	7	8
4	7	8	9	2	5	3	1	6

Medium 763

Easy 763

Giggletime

**LIFE IS
BETTER
WHEN
YOU'RE
LAUGHING.**

The man lay sprawled across 3 seats at a theatre. When the usher came by and noticed this he whispered to the man, "Sorry sir, but you're only

allowed one seat."

The man just groaned but didn't budge. The usher became impatient. "Sir, if you don't get up from there I'm, going to have to call management.

Once again the man just groaned. The usher went away and returned with the manager. Together the two of them tried repeatedly to move the dishev-

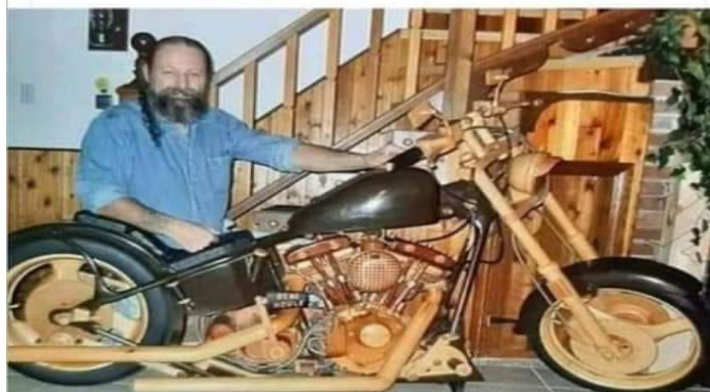
elled man, but with no success. Finally they summoned the police, who arrived and asked the man his name.

"Fred," the man moaned. "Where are you from Fred," asked the policeman.

Fred replied in a quavering voice, "the balcony."

."

It's got a wooden frame, wooden engine, wooden wheels, and a wooden gas tank. Did he ride it? No, wooden start...

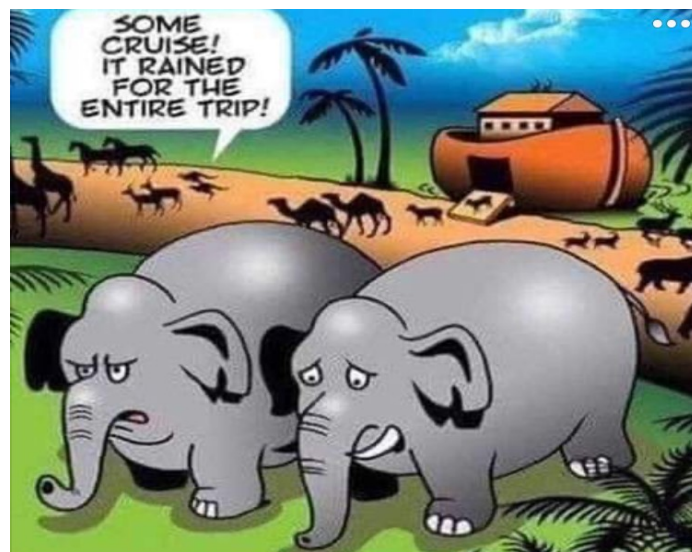


A mother and daughter were out shopping, the daughter watched her mother trying on a new fur coat, the daughter says, "Mum. Don't you realise some poor beast suffered so that you could have that coat?."

The mother replies, "Don't be rude - that's no way to talk about your father."

SERIOUS (but funny) LOCKDOWN ADVICE

People are acting crazy from being locked down at home! I was just talking about this with the microwave and toaster the other day. I didn't mention any of this to the washing machine because she puts a different spin on EVERYTHING! Certainly couldn't share with the fridge, because he's been acting cold and distant! In the end iron straightened me out! she said the situation isn't all that pressing and all the wrinkles will soon get ironed out! the vacuum however, was very unsympathetic..... told me to suck it up! but the fan was optimistic and gave me hope that it will all blow over soon. The toilet looked a bit flushed but didn't say anything when I asked its opinion; the front door said I was becoming unhinged and the doorknob told me to get a grip!! You can just about guess what the curtains said, they told me to "pull myself together"

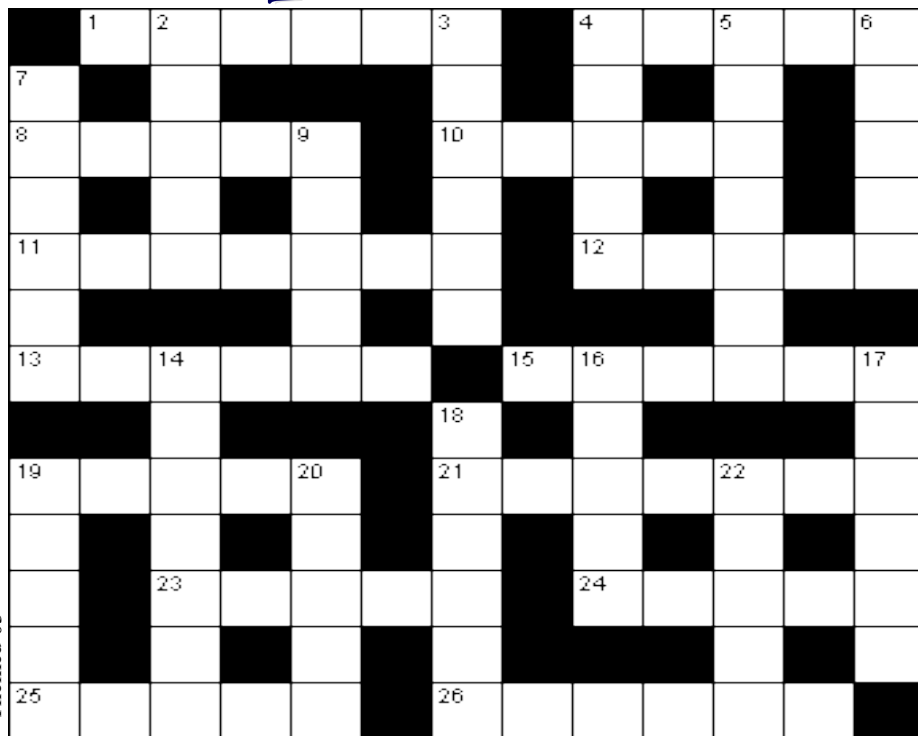


The wife said:
"Here's \$20, get the dog a jacket."

If there's any money left over, get yourself a beer!



Mind Games



ACROSS:

1. Capital of Germany (6)
4. Flows through Rome (5)
8. Capital of Nigeria (5)
10. Egyptian desert (5)
11. Birthplace of Napoleon (7)
12. Australian town, _____ Springs. (5)
13. Colorado State capital (6)
15. Previous name of Ho Chi Minh City (6)
19. Egyptian Capital (5)
21. South American country (7)
23. Japanese City (5)
24. Capital of Ghana (5)
25. Balearic holiday Isle (5)
26. Seas between Greece and Turkey (6)

DOWN:

2. Swiss Alps (5)
3. Capital of the Bahamas (6)
4. Polynesian country (5)
5. Chinese city (7)
6. Major French Rover (5)
7. Site of 1980 Winter Olympics, Lake _____ (6)
9. Flows through Paris (5)
14. Capital of Kenya (7)
16. Island in the Netherlands Antilles (5)
17. Scandinavian Country (6)
18. Carson City is the state capital (6)
19. Italian holiday isle (5)
20. City in Nebraska (5)
22. Capital of Bangladesh (5)
- 23.

WORD SEARCH - World Cup 2018

C A D X O C Z O B L O X H I J T Y Z J B M
 P O V N P E A S B P Q R U D N A L O P T P
 F Y S Z Z J K R A M N E D D W M T C T Z E
 T R I T P X L Y T D N A L R E Z T I W S D
 L K A K A O K Z G A W T V C P L T V L E R
 R O C N X R P S T J I S L O O D J A P A N
 E U I D C A I L A R T S U A N L D S G I X
 Y Q S C P E L C S P J R I A G B O S L S V
 N P N S L U V B A G U O L N I U G M P P W
 W O E M I Z V G B G Q G Q B U R T I B A T
 E A D A E A D H U E N V L D E T E R H I L
 O C E E T N L A X E R K O P V L Q G O N A
 C C W R X C Y A F M A Z A H P A G H I P G
 I Y S O X N E D O I M I B M N G E I S N E
 X X S K D T B R T L B R W I A D R P U O N
 E F T H Z V O A I R A F T X N N M S E M E
 M K C T E C O U E Z O N I A E J A I R R S
 U Q R U C R W S I J E I L G G Z N P R K U
 Q S F O C G F L E G G E K X Y P Y K N A G
 T V Q S G Q N N R L C V U P P Y Q W H M N
 S A U D I A R A B I A G R S T H G C N L C

Find the hidden words? They may be horizontal, vertical, diagonal, forwards or backwards:

ARGENTINA, AUSTRALIA, BELGIUM, BRAZIL, COLOMBIA, COSTA RICA, CROATIA, DENMARK, EGYPT, ENGLAND, FRANCE, GERMANY, ICELAND, IRAN, JAPAN, MEXICO, NORWAY, NIGERIA, PANAMA, PERU, POLAND, PORTUGAL, RUSSIA, SAUDI ARABIA, SENEGAL, SERBIA, SOUTH KOREA, SPAIN, SWEDEN, SWITZERLAND, TUNISIA, URUGUAY

QUIZ

1. The echidna is depicted on which Australian coin?
2. In slang terms, what is a cackle berry?
3. The Melbourne Convention and Exhibition Centre is commonly nicknamed "whose shed"?
4. In which decade did colour television launch in Australia?

NOTICE BOARD

Emergency Procedure

Call 000 to report any incidents to Police of Vandalism, Violence, Loitering or any Anti-Social behaviour.
Please use the same procedure for Medical

Emergency or Fire Emergency.

Then when safe to do so report the Incident to Havilah and we can provide assistance if required.

USING EMAIL TO TALK TO OUR MANAGEMENT TEAM

Sometimes it is out of hours when you think of things you might like to raise with us . For those with email access you can have a conversation by email with our management team.

Chief Executive
Food Services Manager

Barb Duffin
Di Jackson

barb.duffin@havilah.org.au
di.jackson@havilah.org.au

Nurse Manager
Director of Care

Deb Matthews
Kelsey Hooper

deb.matthews@havilah.org.au
kelsey.hooper@havilah.org.au

FEEDBACK - We welcome your feedback, FEEDBACK FORMS ARE AVAILABLE IN THE FOYERS OF THE HIGH SCHOOL CENTRE AND RAGLAN HOUSE

Residents are encouraged to communicate any issues they may have to

CEO Barb Duffin 5461 7381 Mobile 0429 617380

email: barb.duffin@havilah.org.au

Director of Care Kelsey Hooper 54 617383

email: kelsey.hooper@havilah.org.au

Nurse Manager Havilah on Palmerston Deb Matthews

email: deb.matthews@havilah.org.au

Havilah respects the right of residents to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

GENERAL ENQUIRIES

For any general enquiries: Residents can contact Havilah 24 hours a day, 7 days a week on Email: mail@havilah.org.au or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

RAGLAN HOUSE NURSE 24 HOUR CONTACT NUMBER Telephone 54 590150

HAVILAH ON PALMERSTON RECEPTION HOURS

MON-SUN 10.00am – 4.00pm for account payments and enquiries 5459 0140
(7days a week)

HARKNESS ST RECEPTION OFFICE HOURS

MON-SUN 10.00 —4.00 pm for account payments and enquiries 5461 7300
(7 days a week)

ON CALL MAINTENANCE

after hours and weekend calls.

0408 645 203