

Please contact Jenni on 5461 7387 or email [jenni.dellavedova@havilah.org.au](mailto:jenni.dellavedova@havilah.org.au) if you would like your Havachat sent via email

HAVILAH WEBSITE:  
[www.havilah.org.au](http://www.havilah.org.au)

**Issued 5th February 2015**

# HAVACHAT

## **HEATH HOUSE - DINNER DANCE**

Families and friends of Heath House are invited to join us for a dinner dance.

**Date:** Saturday 21st February 2015

**Time:** 11.30 am

**Place:** Heath House

**R.S.V.P. to** 54617482

Look forward to having you join us.

Patricia—Team Leader



## **Our Front Entrance Has Moved Temporarily**

**Please note that the front entrance has moved to the next door along. The portico has been blocked off and cannot be used for pick-up's or drop-off's. Please follow the arrows and entrance signs to the temporary entrance.**

**Your patience with the refurbishment is appreciated.**

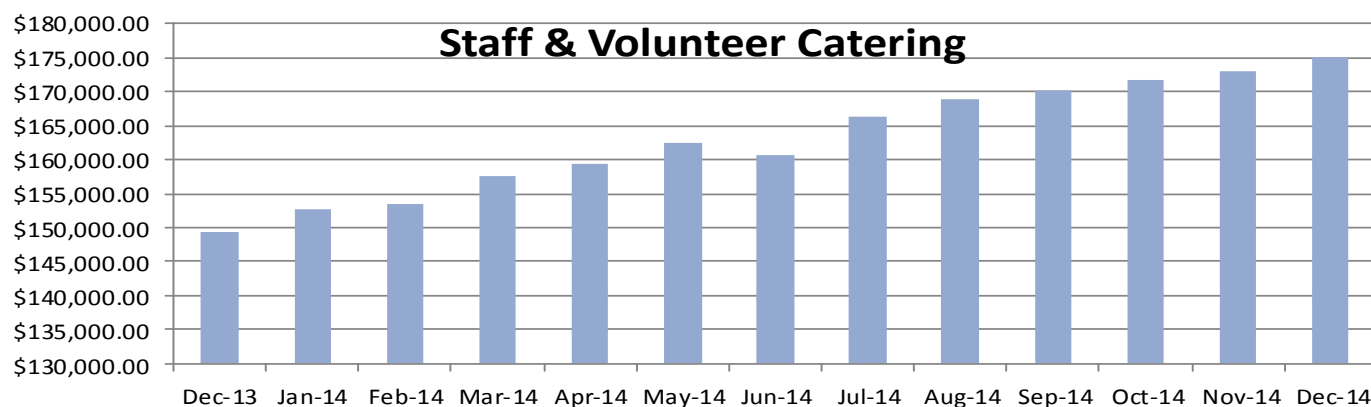
**Resident Meeting—Monday 9th February —1.15 pm in Callistemon Activities Room**

**Resident Meeting Heath House—Monday 16th February — 2.00 pm Heath House**

THESE MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES  
TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT.

## **KIOSK**

The resident kiosk situated in Acacia next to the Hairdressing salon is open each Thursday 10-12 am. It is stocked with goodies for you, and our volunteer staff will be happy to help you.



This table shows the amount of fundraising provided by Havilah external catering service. This service provides catering for events such as birthdays, parties and funerals. The Staff and Volunteer Catering has no connection to the meals provided by Havilah to our residents.

### **RESIDENT SURVEYS - December 2014**

Of the 66 residents surveyed (Harkness = 46 and Reglan = 20)

92.4% Enjoyed the Havilah Christmas Barbeque with family and friends, 6.1% did not attend and 1.5% said they did not like barbeques.

100% of residents liked the Christmas decorations on display.

63.6% Enjoyed the Christmas lunch and/or tea and 36.4% went out for these meals.

83.3% of residents are aware that Havilah has a foot care nurse and podiatrist and are satisfied with the service provided, 1.5% did not know or were not satisfied and 15.2% do not use these services or use external services.

### **NOTICE FROM THE DIRECTOR OF CARE— Dave Burrige**

Hi from the desk of the Director of Care, Christmas has come and gone, hopefully everyone enjoyed the festive season with family and friends and on track to fit into the clothes we wore last year. As we all can see the construction has started on the redevelopment to parts of the home. I hope residents, family and friends will bear with us at this time and enjoy watching as the development progresses.

As our residents are aging and care needs increase we endeavour to meet these needs to maintain residents safety, we have recently put on extra staff in some areas to assist with the care needs. The feedback from family is essential to our organisation to ensure we are catering for all our resident's needs. There are comments and suggestion forms at major entrances with mail boxes also there, please fill in the forms to assist with improvements Havilah can achieve.

## Signing In and Out

We ask that all residents and their families please complete the details in the Sign Out Book when leaving Havilah and when returning.

**The information required includes:**

**Residents Name, Where they are going, Who with, Time out, Approximate time due back, Returned time, Signature and Date**

*Your assistance with this is much appreciated.*

## NEWSPAPERS

Please do not remove newspapers or magazines from the dining room tables to take to rooms. Residents requiring their own newspapers will need to order from the newsagent, and they will be delivered. Responsibility for payment will be yours.



## RESIDENTS BE AWARE

At times residents receive phone calls from persons claiming that they are a representative of a telephone and electricity companies, asking for bank account details to clear outstanding balances. This type of phone call should at all times be ignored.

**PLEASE DO NOT ADVISE YOUR BANK DETAILS TO ANYONE OVER THE 'PHONE AND REPORT ALL SUCH CALLS TO RECEPTION.**



**ALL HAVILAH SITES ARE NON SMOKING SITES. PLEASE RESPECT THIS FOR THE SAFETY OF RESIDENTS AND STAFF.**



**Don't forget to check your Activities Calendar located on the back of your door for other daily activities**

## GREAT THINGS TO DO IN FEBRUARY

### HAPPY HOUR EACH FRIDAY 4.30—5.30pm

Live entertainment in main Dining Room.

Happy Hour activities continue at Heath House



### CHURCH SERVICES – all Services begin at 10.30 am

**Wed 4<sup>th</sup>**

**Uniting Church**

**Wed 11<sup>th</sup>**

**Salvation Army**

**Wed 18<sup>th</sup>**

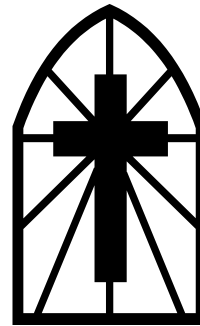
**Wattle City Church**

**Tue 24<sup>th</sup>**

**Anglican Church**

**Wed 25<sup>th</sup>**

**No Church Service**



### SPECIAL EVENTS

**Tues 10<sup>th</sup>**

**Games Evening 6.30—7.30pm Activities/Bingo Room followed by supper.**

**Sat 21<sup>st</sup>**

**Lunchtime Dinner Dance Heath House**



### Sudoku and Crossword Solutions (from page 6)

8	4	5	6	2	9	3	1	7
1	6	2	3	7	4	5	8	9
3	7	9	1	8	5	6	2	4
4	8	7	5	3	1	2	9	6
6	5	1	9	4	2	7	3	8
2	9	3	8	6	7	4	5	1
5	2	8	4	1	6	9	7	3
9	1	6	7	5	3	8	4	2
7	3	4	2	9	8	1	6	5

- 1a. Roman Polanski  
2b. Rick Blaine  
3a. Steven Spielberg  
4b. Jon Voight  
5a. Quentin Tarantino  
6b. Burt Lancaster  
7b. Mark Hamill  
8a. Jimmy Conway  
9a. Kirk Douglas  
10b. Ridley Scott

S	I	M	P	L	E	T	Y	P	E		
H	E	O	A	A	N	A	N				
E	A	N	N	O	U	N	C	E	D		
R	N	E	D	H							
I	O	T	A	W	I	N	T	E	R		
F			B	O					A		
F	A	C	I	L	E	B	A	L	M		
		R	O	V		V			P		
		C	R	O	C	O	D	I	L	E	A
U	W		M	S		R				G	
B	U	N	K	B	A	T	T	L	E		

9-letter word - CELEBRITY  
Some other words of five letters or more containing the hub letter E:  
beery, belie, beret, beryl, betel, birle, biter, creel, elect, elite, erect, eyrie, leery, liter (litre), lycee, rebel, relic, retie, tence (terce), tile, tribe, trice, celeri, eerily, recte, relic, tercel (tiercel), treble, erect-ly, liberty, reticle, celerity.

## WEEKLY ACTIVITIES

**BUS TRIPS** – Mondays and Fridays

Wednesdays Heath House



**Nail Pedicure Pampers** - Monday mornings

**Foot Spas** - Monday and Thursday mornings each week

**BINGO at 1.45pm** every Monday, Tuesday, Thursday & Friday (Callistemon Activities Room)



**INDOOR BOWLS** - Wednesdays 1.30pm

(Main Dining Room)



**SPECIAL MORNING TEA** - Tuesdays 10.00am (Main Dining Room)

**HAPPY HOUR EACH FRIDAY at 4.30 PM**



**TUESDAY -** Street Walk 1.30pm

Afternoon Cards 3.15 pm

**WEDNESDAY -** Strength exercises 11.15am

Cooking classes 3.30pm

**FRIDAY -** Video in Lounge 3.15pm

**SATURDAY -** Heath House “CAFÉ” 3.00pm

Yummy Afternoon Tea;

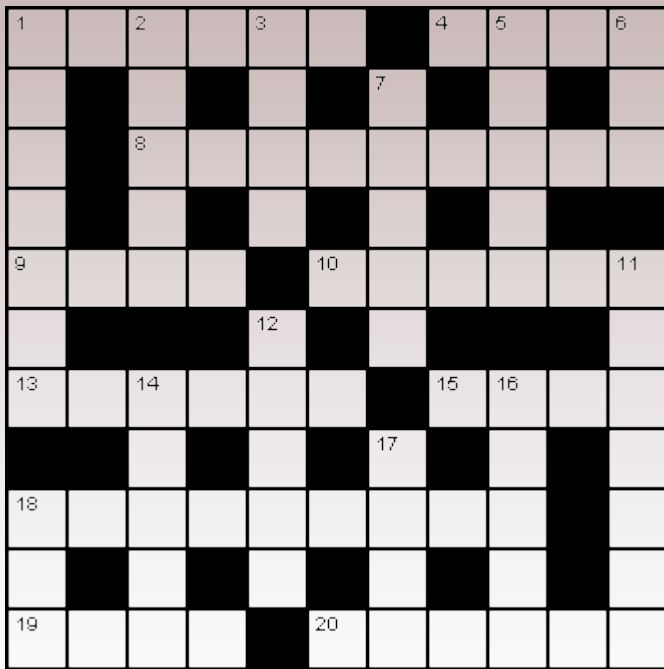
Milk Shakes; Iced Coffee

**SUNDAY -** Devonshire Afternoon Tea



**COOKED BREAKFAST 1st Monday of Each Month**

# Mind Games



## Across

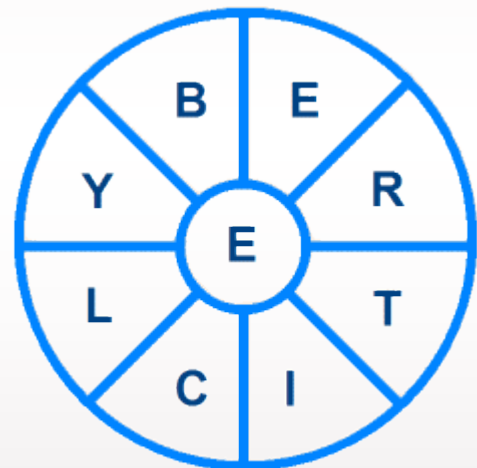
1. Elementary (6)
4. Sort (4)
8. Made known (9)
9. Scintilla (4)
10. Season (6)
13. Fluent (6)
15. Unguent (4)
18. Reptile (9)
19. Bed on a ship or train (4)
20. Conflict (6)

## Down

1. Law officer (7)
2. Intended (5)
3. Solitary (4)
5. Watercraft (5)
6. Conclusion (3)
7. Sound (5)
11. Violent disorder (7)
12. Flower (5)
14. Diadem (5)
16. Obviate (5)
17. Passport endorsement (4)
18. Young mammal (3)

## HUB WORDS

How many words can you make from the letters in the wheel? Each word must contain the hub letter **E**. Can you find a 9-letter word and at least 20 other words of five letters or more avoiding proper nouns?



1. Who directed the 2002 movie, *The Pianist*?  
a. Roman Polanski b. Ron Howard
2. What character did Humphrey Bogart play in the movie classic, *Casablanca*?  
a. Rick Tremain b. Rick Blaine
3. Who directed the 1993 movie, *Shindler's List*?  
a. Steven Spielberg b. Stanley Kubrick
4. Who played Ed Gentry in the 1972 movie, *Deliverance*?  
a. Dustin Hoffman b. Jon Voight
5. Who directed the 1992 movie *Reservoir Dogs*?  
a. Quentin Tarantino b. Martin Scorsese
6. Who starred in the 1953 movie, *From Here to Eternity*?  
a. Audie Murphy b. Burt Lancaster
7. Who was Luke Skywalker in the 1977 movie, *Star Wars*?  
a. Harrison Ford b. Mark Hamill
8. What character did Robert De Niro play in the 1990 movie, *Goodfellas*?  
a. Jimmy Conway b. Jimmy Conner
9. Who was *Spartacus* in the 1960 movie of the same name?  
a. Kirk Douglas b. Charlton Heston
10. Who directed the 2005 movie, *Kingdom of Heaven*?  
a. Sam Mendes b. Ridley Scott



Solutions can be found on page 4.



## CONTACTING STAFF

You can contact staff by using your **room phone**

**In the main building** Ring 370 between 7am and 11 pm; or 367 between 11 pm and 7 am

**In Heath House** Ring 626. In Melaleuca House Ring 627.

The call system is for emergency calls so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed in the lounge areas at Heath House to provide greater accessibility to staff for families. Please make use of these 'phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Heath House** please call **54617481**, if there is no answer on this number the call will be diverted to staff on the floor.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Melaleuca House** please call the nurses station on **54617486**, if there is no answer the call will be diverted to staff on the floor.

**For all other areas of Havilah dial 54617300** and follow the prompts.

## COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Care (RN1)** 54 617489 or internal dial 489. Email [dave.burridge@havilah.org.au](mailto:dave.burridge@havilah.org.au)

The RN Nursing Supervisor can be contacted on 54617394 or by internal dial 394.

Heath House **Team Leader Patricia Boyd or Lesley Mackey**. 54 617461 or Internal Dial 461

You can also contact: **CEO Barb Duffin** 54 617381 Internal Dial 381 Mobile 0429 617380

email: [barbceo@havilah.org.au](mailto:barbceo@havilah.org.au) or **Director of Human Services Annie Constable**

54 617383 Internal Dial 383 email: [dhs@havilah.org.au](mailto:dhs@havilah.org.au).

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

## GENERAL ENQUIRIES

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: [rhonda.treloar@havilah.org.au](mailto:rhonda.treloar@havilah.org.au) or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

Residents can contact Rhonda simply by pressing the numbers 387 on room telephones.

## ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries



# HAV'A'LAUGH



A man was forced to take a day off from work to appear for a minor traffic summons. He grew increasingly restless as he waited hour after endless hour for his case to be heard.

When his name was called late in the afternoon, he stood before the judge, only to hear that court would be adjourned for the rest of the afternoon and he would have to return the next day.

"What for?!?!?" he snapped at the judge.

His Honor, equally irked by a tedious day and sharp query, roared out loud: "Twenty dollars contempt of court! That's why!"

Then, noticing the man checking his wallet, the judge relented:

"That's all right. You don't have to pay now."

The young man replied, "I know. But I'm just seeing if I have enough for two more words."

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*Two kids talking: "Have you noticed, if you pass your exams everyone says you get your brains from your parents, but if you fail your exams everyone says you're stupid."*

A cannibal visited the witch doctor with a serious skin rash.

The doctor gave him a small pot of grease to rub on.

He returned next week completely cured. "Wonderful stuff what is it" he said

"My best friend died . I boiled him in a pot for six days then skimmed the grease off" he replied.

"What do you call it?" Said the cannibal.

" Pal o' mine lotion" replied the witch doctor.




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*The difference between complete and finished?*

*If you marry the right one, that's complete.*

*If you marry the wrong one, that's finished.*

*If you marry the right one and then get caught with the wrong one, that's completely finished.*

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A guy was meeting a friend in a bar, and as he walked in he noticed two pretty girls looking at him. He heard one girl say to the other; "Nine." Feeling pleased with himself, he swaggered over to his buddy at the bar and told him that the girl in the corner had just rated him a nine out of ten. "Sorry to spoil your evening," said his friend, "but when I walked in they were speaking German"