

ISSUED
27th May
2016

HOP TOPICS

MOTHERS DAY AT HAVILAH

The residents of both Raglan House and the Independent Community came together to celebrate Mothers Day with their family and friends. Over 70 people attended the mothers day luncheon which was highly successful with plenty of positive feedback from all the residents their families and friends. The day was capped off with a beautiful dedication song sung by Rebekah Mowbray, Grand-daughter of Raglan House resident Patricia Mowbray.



The Beautiful table settings, set up for the residents and their families for the day.



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Residents and their families described the Dining Room decorations as a sea of colour.

NEW FOOTPATH IN INKERMAN STREET

Major works has commenced to replace the Footpath on Inkerman Street, between Raglan Street and Palmerston street on the Havilah On Palmerston site.

Although Havilah is only required to replace defective footpath, the decision was reached to replace the bitumen footpath with concrete for the full length. Our contractor Mark Murray has liaised with the Council and obtained their agreement to complete the proposed works.

While the works are being carried out Havilah suggests all residents avoid walking or ambulating down Inkerman Street. The area has protective fencing erected around it and would require residents to walk on the edge of the roadway. Havilah strongly recommends Resident avoid the area until works have been completed.

The works are scheduled to be completed by Tuesday 24th May 2016. Residents should report any issues in relation to the works to CEO Barb Duffin 0429617380 or Raeleen Brooker on 0417175980



Workers have removed the old Asphalt Footpath ready for the installation of the new concrete path



Workers have removed the old Asphalt Footpath and began the installation of the new concrete path

OPERATION CHRISTMAS CHILD

Cheryl Howlett of Operation Christmas Child will come into to do a presentation on Wednesday 8th June 2016 at 2.30pm in Raglan House. Independent residents are most welcome and invited to attend. Residents who would like make a donation can do so on the day if they wish.

All proceeds we collect will then allow us to purchase content to pack into the care boxes on our packing day in August.

Residents that wish to can Knit, Dolls, Beanies & other items to love, these items can be added to the care boxes on our packing day.



This year we can purchase shoebox starter packs for \$6.00 which include:

- 2 Exercise books
- 4 Lead pencils
- 6 Coloured pencils
- 1 Sharpener
- 1 Pencil Case*
- 2 Tennis Balls
- 1 Skipping Rope*
- 1 Soap and face washer*
- 2 Toothbrushes
- 1 Library Bag*
- 1 Soft Toy



These items are made by children in The Agape Children's Home in Thailand.

The income goes back to the children themselves.

Suggestions to complete the box:

Something special: (sunglasses, stickers, necklace, personal note from yourself, hairclips, sturdy toy car)

Something to wear: (t-shirt, shorts, skirt, beanie, cap, thongs)



HAVILAH MAJOR RAFFLE

1ST Prize \$10,000 Goods/Services Retailer/s of choice

2nd Prize \$5,000 Goods/Services Retailer/s of choice

Plus 10 X \$500 early bird prizes Goods/Services Retailer/s of choice.



Winner Week 1: Ticket 046 Stringers Dairies

Winner Week 2: Ticket 242 Rosa Mc Quilten

Thank you to everyone for your generous support as all tickets have now been sold.

A reminder that tickets need to be paid for in full by the 26th of June.

The Major Draw is 25th of June.



AFL 2016 SEASON FOOTY TIPPING COMPETITION



The 2016 AFL footy is under way with 9 rounds completed, and the leader Board is starting to take shape. With Betty Arundell correctly tipping all 9 winners in round 8, Congratulations Betty.

It has been a difficult season for tipsters so far with many teams proving to be inconsistent with their form.

Leading the way is Merv Huggett on (62) from Elma Taylor on (60) with Anne Stuart and Ern Weston on (59).

Good Luck to all for the remainder of the season and remember to get your tips in before the 1st game each week. For those residents who forget to pick on any given week, they will receive the Stu's tips for the first six weeks of the Year after that that tipsters will receive the Home teams.

PODIATRY SERVICE

Director of Service for Havilah on Palmerston, Cleta Roughead is inviting all Independent residents with the need for Podiatry treatment, to contact her on 5459 0154 during business hours Monday to Friday 9.00am to 4.00pm if they would like to receive treatment onsite in Room 5 of the Community Centre.

Havilah will engage the services of Catlyn Little from Ballarat Podiatry for the Foot-Care service.

The anticipated cost per consultation will be \$40.00.



HAVILAH ON PALMERSTON SPEED LIMIT 10KM

There has been reports from residents that they have seen cars and vehicles speeding and driving in an unsafe manner within the HOP development. Havilah ask that residents immediately report incidents they witness to Police, if possible record the registration number of the offending vehicle.

There has also been reports of residents and the general public travelling at high speed around blind corners and in populated areas of HOP on their Gophers. (Personal Mobility Devices) Havilah urges all residents to act in a safe and thoughtful manner to ensure the health and safety of all residents and the public. **Prevention is always better than a cure.**

EMAIL

Havilah request that residents who have an email address to please contact Residents Liaison Officer Keith preferably by email.

Havilah can add then add you to our emailing contacts list.

Please send an email to keithf@havilah.org.au

Email is a fantastic way for Havilah to communicate with residents.

Email is instant, fast and an effective way to keep residents informed.



Emergency Procedure

Call 000 to report any incidents to Police of Vandalism, Violence, Loitering or any Anti-Social behaviour. Please use the same procedure for Medical Emergency or Fire Emergency. Then when safe to do so report the Incident to Havilah and we can provide assistance if required.

CHANGE TO BOOKING / ORDERING A MEAL

Havilah wishes to advise all resident to a change in the procedure for ordering a meal from the Havilah kitchen.

1. Residents **MUST** call in or phone Reception in the Community Centre the day before the required meal on 5459 0140, between 9.00am - 12 noon and make a selection from the menu for the required meal service.
2. All other times call the Kitchen on 5459 0180 again the day Before the required meal and make your selection from the menu.

This new procedure will enable the Chef to prepare the required amount of portions from the 2 selections available on the menu.



RESIDENT MEETING & LIFESTYLE COMMITTEE

The Residents meeting and the Lifestyle committee meeting will be now held on the same day every 2nd month on Thursday afternoons.

The next meeting will be on Thursday 16th June 2016 commencing at 2.45pm

As normal Coffee and Chat will follow the combined meetings.



MEETING NOTICE!



What's On & Events

Contact Numbers For Palmerston St

Community Centre
MON-FRI

9AM-12 NOON

Reception: 5459 0140

Contact Numbers For Harkness St

MON-FRI

9AM-4PM

Reception: 5461 7387

MON-FRI

5PM-11PM 54 617394
54 617370

11PM-9AM 54 617367

SAT-SUN

9AM-11PM 54 617370

11PM-9AM 54 617367

- ♦ **Residents Meeting & Lifestyle Committee Meeting**
will be Combined 16th of June 2016 at 2.45pm in the Community Centre in Room 7 (Coffee & Chat immediately after the meeting)
- ♦ **Coffee and Chat**
will be on the 16th of June 2016 at 2.45pm in the Community Centre in Room 7
- ♦ **HAPPY HOUR**
Every Friday night in the Community Centre Function Room commencing at 5.00pm entertainment, finger food & drinks.
- ♦ **Sing-a-Long**
with Cynthia Jarratt and Bob Osborne and the residents of Raglan House next sing-a-long will be on Wednesday 15th of June 2016 at 2.45pm in room 7
- ♦ **Carpet Bowls**
Every Friday 10.30am in Raglan House at The Neill St End with the residents of Raglan House, June Gillespie & Anne Stuart.

HAVILAH VISITORS SIGN IN/OUT BOOKS

We now have Visitor Books located at the main entries to the Havilah buildings at the Harkness Street site and Raglan House.

All visitors are required to sign in when entering Havilah and to sign out when leaving.

Your assistance with this is appreciated.



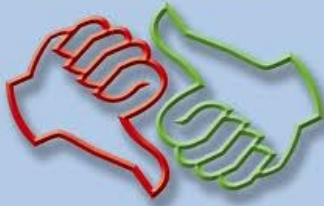
Please note also that an area is to be added to both books to record food brought in for residents. This in no way limits family and friends bringing in special treats for residents but does provide a record for us in the event of a salmonella outbreak or the like.



- **Uniting Church** - 1st Wednesday of the month at 2.45pm.
Room 7 of the Community Centre
- **Anglican Church** - 2nd Thursday of the month at 10.30am
Room 7 of the Community Centre
- **SALVATION ARMY CHURCH** - 4th Wednesday each
Month 2.45pm

[illegible]

COMPLAINTS COMMENTS COMPLIMENTS



COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF THE COMMUNITY CENTRE AND RAGLAN HOUSE

Residents are encouraged to communicate any issues they may have. There is **CEO Barb Duffin** 5461 7381 Mobile 0429 617380 email: barbceo@havilah.org.au

Director of Human Services Kelsey Hooper 54 617383 email: dhs@havilah.org.au

Resident Liaison Officer Keith Fankhauser 5459 0169 or 0408 774 715 email: keithf@havilah.org.au

Havilah respects the right of residents to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

GENERAL ENQUIRIES

For any general enquiries: Residents can contact Havilah 24 hours a day, 7 days a week on Email: rhonda@havilah.org.au or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

PALMERSTON ST ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—12.00 pm for account payments and enquiries

HARKNESS ST ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries

Home Maintenance Reporting

Residents are requested to report all maintenance issues to the HOP Office located in the Community Centre which is open from Monday to Friday between 9.00am & 12 noon for residents to phone on 54590140 or call in.

If residents need to make contact during business hours after 12.00pm you can now call Rhonda on 5461 7387 and she can assist residents with all enquiries. Please leave a message on her phone if unavailable.

Alternatively residents can email any issues to palmerston@havilah.org.au

Residents are still welcome to call Stuart outside business hours with any urgent maintenance issues 0417 679 803



JUSTICE OF THE PEACE

There are 2 Justice's of the peace living in the Havilah On Palmerston Community.

If residents require their assistance your are welcome to contact them during business hours to arrange their services.



Contact Details: Bob Osborne Phone: 5461 2709 Mobile: 0409 189 681

Email: bobosborne8@iprimus.com

(Currently Away) Terry Simpson Mobile. 0419 737 837

Email: terryhsimpson@gmail.com

USING EMAIL TO CONVERSE WITH OUR MANAGEMENT TEAM

Sometimes it is out of hours when you think of things you might like to raise with us . For those with email access you can have a conversation by email with our management team.

Chief Executive	Barb Duffin	barbceo@havilah.org.au
Director of Services	Dave Burridge	dave.burridge@havilah.org.au
Director of Human Services	Annie Constable	dhs@havilah.org.au
Food Services Manger	Di Jackson	di.jackson@havilah.org.au

EFTPOS

For the convenience of ILU residents, there is EFTPOS facilities located at the reception in the Community Centre for payment of Accounts.

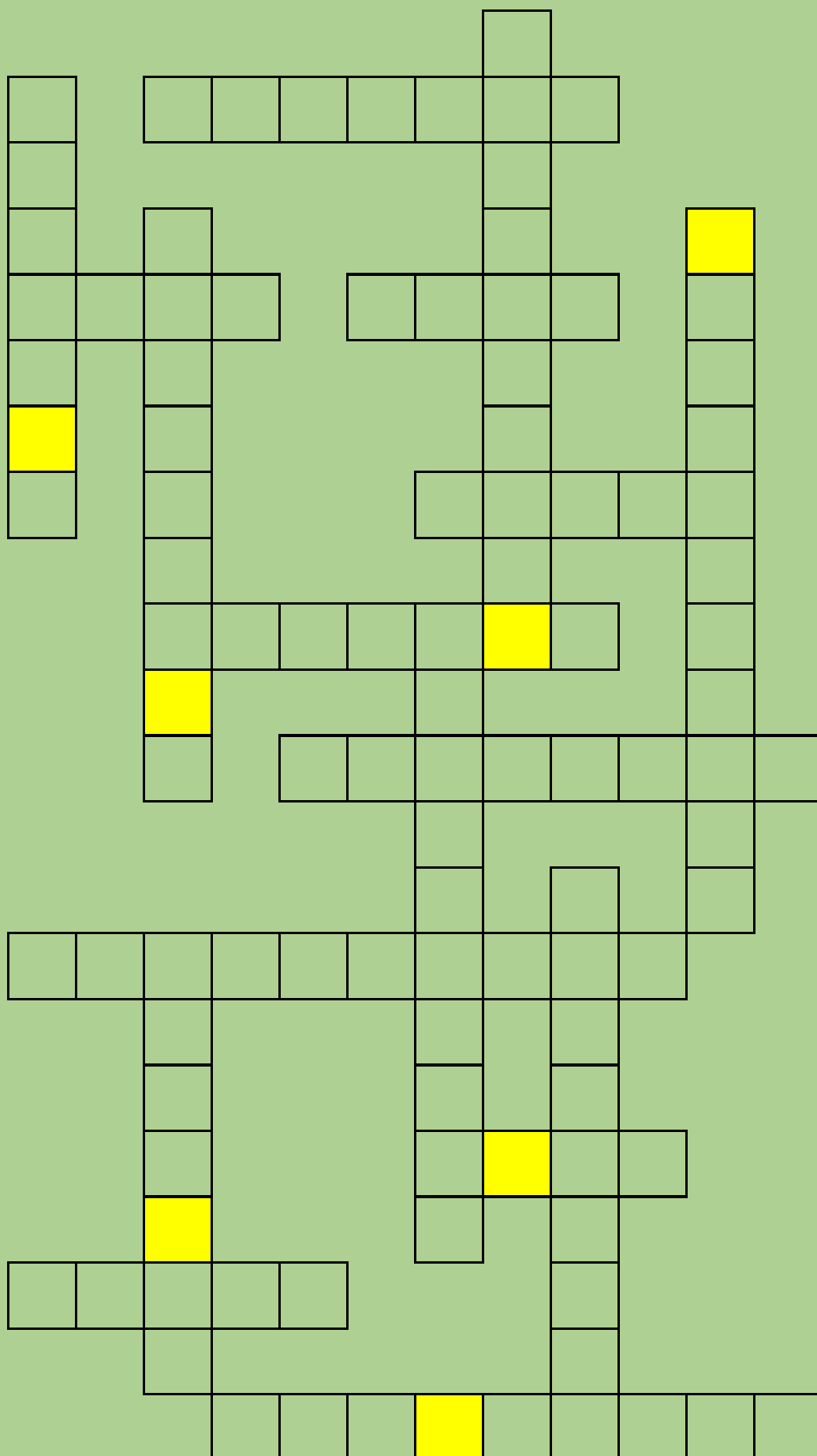


MEDICATIONS

People often think complementary medicines are safe and will not cause any problems. However, complementary medicines may cause side effects or interact with prescription medicines, alcohol and other drugs, and other complementary medicines to cause side effects. It is important to tell all your health care professionals about all the medicines you are taking, including prescribed medicines, over-the-counter medicines and complementary medicines.

CRISS CROSS NO.15

Can you fit the words correctly into the grid?
The letters in the yellow boxes will spell out another word.



4 letter words

HAIL

RAIN

SNOW

5 letter words

SLEET

STORM

7 letter words

CYCLONE

ISOBARS

THUNDER

TYPHOON

8 letter word

HUMIDITY

9 letter words

BAROMETER

HURRICANE

LIGHTNING

10 letter words

ANEMOMETER

ATMOSPHERE

WATERSPOUT

11 letter word

THERMOMETER

WORD SEARCH - WEATHER

R	S	C	R	S	C	S	T	O	R	M	V	E	R	C	S	P	C	R
V	D	N	I	L	U	M	D	Y	G	F	M	E	H	U	T	H	Y	E
H	O	T	O	R	P	B	H	R	O	U	O	A	W	M	R	E	C	D
R	L	U	R	W	R	P	M	K	Y	C	I	G	W	U	A	A	L	N
T	D	W	A	M	E	U	O	I	A	L	C	H	G	L	T	T	O	U
Y	R	I	W	Z	I	O	S	C	N	V	C	O	V	U	U	W	N	H
P	U	N	S	U	N	S	H	I	N	E	D	W	R	S	S	A	E	T
H	M	D	V	I	G	B	T	K	Q	N	I	A	R	I	N	V	E	S
O	S	J	H	Y	D	R	E	W	O	H	S	T	M	G	S	E	N	U
O	B	C	D	S	U	L	U	M	U	C	O	R	R	I	C	C	O	T
N	R	G	C	U	M	U	L	O	N	I	M	B	U	S	O	D	O	A
F	E	F	F	I	N	A	T	T	A	M	R	A	H	L	H	R	S	R
A	E	R	R	E	N	A	C	I	R	R	U	H	D	T	U	I	N	T
I	Z	E	O	G	N	I	N	T	H	G	I	L	M	V	M	Z	O	S
R	E	E	S	O	L	A	R	T	S	I	M	I	H	R	I	Z	M	O
V	Y	Z	T	S	A	C	R	E	V	O	L	R	A	S	D	L	D	R
C	T	I	O	D	A	N	R	O	T	D	I	V	H	V	U	E	H	R
V	O	N	N	O	I	T	A	T	I	P	I	C	E	R	P	L	R	I
L	R	G	T	E	E	L	S	V	D	R	A	Z	Z	I	L	B	S	C

BLIZZARD, BREEZE, CHINOOK, CIRROCUMULUS, CIRROSTRATUS, CIRRUS, CLOUDY, COLD, CUMULONIMBUS, CUMULUS, CYCLONE, DOLDRUMS, DRIZZLE, DRY, FAIR, FOG, FREEZING, FROST, HAIL, HARMATTAN, HEATWAVE, HOT, HUMID, HURRICANE, LIGHTNING, MILD, MIST, MISTRAL, MONSOON, NIMBUS, OVERCAST, PRECIPITATION, RAIN, SHOWER, SIROCCO, SLEET, SLUSH, SNOW, STORM, STRATUS, SUNSHINE, THUNDER, TORNADO, TYPHOON, WIND, ZEPHYR.

WORD SEARCH - HIDE AND SEEK

L	E	R	U	C	S	B	O	M	P	I	T	S	E	U	Q	V	I	N
H	C	R	A	E	S	K	E	E	S	U	J	D	L	E	I	H	S	W
S	B	S	B	W	C	T	C	O	V	E	R	I	E	D	E	G	E	R
E	T	L	U	U	R	A	V	W	J	C	N	S	W	N	N	V	N	D
X	V	R	O	R	R	A	M	N	P	G	E	R	U	H	F	R	V	G
P	V	V	I	C	F	Y	P	O	J	E	E	L	D	E	L	O	E	N
L	N	J	R	V	K	A	O	E	U	T	B	U	O	A	M	E	L	S
O	N	P	V	U	E	I	S	N	A	F	O	O	G	O	S	W	O	D
R	B	V	C	G	O	O	A	G	L	R	L	O	R	W	K	M	P	Y
E	R	F	D	M	L	C	I	T	H	I	F	A	O	P	R	P	J	E
B	R	E	U	C	S	T	S	S	S	E	E	R	G	N	S	I	M	T
V	R	H	N	S	S	A	N	V	B	T	B	V	G	E	C	T	D	A
D	Z	E	C	E	C	E	R	E	H	T	A	G	C	H	O	H	I	R
A	T	D	V	N	T	A	V	D	X	W	B	R	L	I	N	U	S	E
E	V	N	G	Q	Z	A	T	T	M	A	E	V	T	D	C	N	G	T
G	I	E	P	U	Q	G	I	E	V	T	M	K	B	E	E	T	U	I
A	D	P	B	I	S	R	J	V	E	J	D	I	Z	V	A	J	I	L
A	C	P	W	R	G	E	Y	E	G	H	E	H	N	D	L	B	S	B
M	I	H	N	E	P	H	C	Y	L	A	G	R	B	E	O	V	E	O

BEFOG, BLOCK, BROWSE, BURY, CAMOUFLAGE, CONCEAL, DISGUISE, DREDGE, ENCLOSE, ENFOLD, ENQUIRE, ENSHROUD, ENVELOP, EXAMINE, EXPLORE, GATHER, HIDE, HUNT, INVESTIGATE, LOOK, OBFUSCATE, OBLITERATE, OBSCURE, PROBE, PURSUE, QUEST, SCAN, SCOUR, SEARCH, SECRETE, SEEK, SHIELD, STRIVE, SURF, VEIL, WRAP.

Hav-A-Laugh

Julie Andrews Turning 79:

To commemorate her birthday, actress/vocalist, Julie Andrews made a special appearance at Manhattan's Radio City Music Hall for the benefit of the AARP. One of the musical numbers she performed was 'My Favorite Things' from the legendary movie 'Sound Of Music'. Here are the lyrics she used:
(Sing It!) - If you sing it, its especially hysterical !!!

Botox and nose drops and needles for knitting,
 Walkers and handrails and new dental fittings,
 Bundles of magazines tied up in string,
 Theses are a few of my favorite things.
 Cadillacs and cataracts, hearing aids and glasses,
 Polident and Fixodent and false teeth in glasses,
 Pacemakers, golf carts and porches with swings,
 These are a few of my favorite things.

When the pipes leak, When the bones creak,
When the knees go bad,
I simply remember my favorite things,
And then I don't feel so bad.

Hot tea and crumpets and corn pads for bunions,
No spicy hot food or food cooked with onions,
Bathrobes and heating pads and hot meals they bring,
These are a few of my favorite things.

Back pain, confused brains and no need for sinning',
Thin bones and fractures and hair that is thinning',
And we won't mention our short shrunken frames,
When we remember our favorite things.

When the joints ache, When the hips break,
When the eyes grow dim,
Then I remember the great life I've had,
And then I don't feel so bad.

[illegible]

(Ms. Andrews received a standing ovation from the crowd that lasted over four minutes and repeated encores. Please share Ms. Andrews' clever wit and humour with others who would appreciate it.)