

# HAVACHAT Retirement Living Edition

 **Havilah**  
where there is gold



Issue April 2022

Please contact Andrew on 5461 7387 or email [andrew.earl@havilah.org.au](mailto:andrew.earl@havilah.org.au) if you would like your Havachat sent via email



There's no way to be a perfect  
mother and a  
million ways to be a good one.

8th May 2022

**HAPPY MOTHER'S DAY**



As the Flu season is approaching and the chemists and doctors are starting to roll out the vaccine. Under the National Guidelines for visitors entering an aged care facility current flu vaccinations are required. For visitors, as you obtain your 2022 Flu vaccination please provide the details to Reception so that we can update our records. Thank you for your assistance with this.





Work is still progressing at the Terrace development at a steady pace, with interior works started, areas have been plastered, the foyer/reception will look very impressive with the double height ceiling and skylight and plenty of natural light entering into this area.

### American man has lived on board cruise ship for over 23 years

Many people love cruising the high seas, but US man Mario Salcedo, affectionately known as Super Mario after the fictional plumber in the Nintendo game series, has taken this love to new heights – living aboard a Royal Caribbean cruise ship for over 23 years.

“It’s the best lifestyle I can find. More than 9,000 nights cruising with Royal Caribbean, 52 weeks a year. Cruising never gets old,” he said.

His record did recently fall victim to COVID-19 – resulting in a 15-month stay on dry land – and he takes 10 days a year to stay in his condominium at Miami, Florida.

Now, he has Royal Caribbean cruises booked into April 2023.

“Some weeks, I have two cruises booked so I’ll have to decide which ones I want to take and cancel the others,” he said.

#### His love of cruise ships

Mario originally planned to become an attorney but was drawn to finance. He earned a lot of money as an adviser but after 21 years he decided to quit and enjoy life.

Seeing the cruise ships in port from his condo, the bachelor took his first cruise in 1997 and was hooked.

Initially he tried many cruise lines but decided Royal Caribbean suits him best.

He now manages investment portfolios for private clients for around five hours a day from a taped-off open plan office on the pool deck.

Mario likes to swim in the pool after work, take salsa dancing in the evening, chat with passengers and crew and dine at one of the ship’s restaurants.

“I don’t eat like regular cruisers so I don’t gain weight. I skip one meal a day and eat healthy,” he said.

Given the size of the buffets on those ships, we’d say that’s a wise decision.



## Lost for words – the impact of aphasia on older people

Hollywood actor Bruce Willis' recent announcement to retire from film work due to aphasia has sparked a worldwide discussion about the life-altering effects of living with a neurodegenerative disease. Over 43 per cent of older people in Australia suffer from aphasia, and Dr Naomi Cocks from the Curtin University School of Allied Health says "the impact that it has on people's lives is huge".

"Most people with aphasia know what they want to say, but they just can't get the words say it.

"And that can be incredibly frustrating, both for the person who has aphasia but also for their family members."

She says that older people with aphasia may struggle to voice their needs and to maintain social relationships.

However, where language is failing, Dr Cocks points out that there are many other ways to communicate.

"I've met some amazing people with aphasia who are incredibly inspirational.

"They can often draw on some really amazing resources to communicate in different ways."



### HAVILAH HAIRDRESSER



**Havilah have engaged the services of a new hairdresser, Cindy will be on site every Wednesday**

Ladies Hair Cuts.....	\$30.00
Mens.....	\$20.00
Perms.....	\$90.00
Sets/Blow waves.....	\$30.00
Colour.....	\$80.00

**Perms to be booked a week in advance.**



### EFTPOS

For the convenience of residents, EFTPOS facilities are located at reception for payment of Accounts.

### Retirement Living:

If you provide us with your email address, we can email your Newsletter to you. Please email your details to [andrew.earl@havilah.org.au](mailto:andrew.earl@havilah.org.au). Your assistance with this is appreciated.

## Visitor Restrictions at Havilah

Each resident is able to have two visitors per resident per day unless a site is in lockdown.

All visitors will be required to return a negative RAT prior to visiting. Visitors can complete their own RAT and provide proof via their mobile phone of a negative test. Visitors should complete their test as close as possible to visiting. Satisfactory evidence is a photo of the RAT with your name together with the date and time written on the actual test. Visitors must supply their own RATs if not undertaken at Havilah.

The limiting of the visitors to two per day for each resident is governed by the availability and costs associated with Rapid Antigen Tests and the time required to process these, together with infection rates within the community.

All visitors to Havilah need to be fully vaccinated and able to show proof of such.

These guidelines are subject to change based on a daily risk assessment that seeks to balance the health, safety and wellbeing of both residents and staff and the level of community transmission.

In the event that the facility or part of the facility goes into lockdown, under new guidelines one visitor will still be able to visit unless prohibited by the Public Health Unit. Havilah is required to ask residents/families to notify who that visitor will be and this information is documented on each resident file.

We understand that visitor restrictions are onerous and impact on the lives of residents, their families and friends. As always we seek to balance the risk presented by COVID-19, with the health, safety and wellbeing needs of every resident and our staff.

Thank you so much for your ongoing cooperation and support to ensure safe visiting can take place for the benefit of all.

### Excluded Visitors

- have symptoms of COVID-19;
  - have had a COVID-19 test because they have symptoms or have attended an exposure site and are waiting for the result;
  - are required to isolate or quarantine;
  - have had contact with a COVID positive person in the past 14 days
- ♦ Have not had and provided evidence of a current influenza or COVID vaccinations unless you have a specific exemption.

### Resident Outings

Residents are able to leave the facility. As a further precaution, a risk assessment will determine if a Rapid Antigen Test (RAT) should be carried out following resident outing. This would be dependent on for instance the location of the outing, the number of people the resident was in contact with, PPE worn etc.

This should not be seen as a disincentive to going out. If it is your normal practice to go on outings with family for instance you should continue to do this. RAT's are not intrusive and do provide an added layer of safety for residents.

RECEPTION IS STAFFED 7 DAYS PER WEEK, BETWEEN THE HOURS OF 10 A.M. AND 4 P.M. AND CAN ANSWER ANY QUERIES YOU MAY HAVE IN RELATION TO VISITING OR OUTINGS.

**HARKNESS OUTBREAKS** It remains extremely challenging with the increase of cases throughout Victoria including in Maryborough and surrounding areas. It appears no local government area has escaped this last wave. Neighbouring areas of Pyrenees, Mt Alexander, Loddon, Ballarat and Bendigo continue to have daily cases so we need to remain vigilant. At Havilah we have since before Christmas been testing visitors. Our staff are now tested prior to attending each shift. We use 1000 Rapid Antigen Tests a week for this level of testing. At \$12 a test this is around \$50,000 each month. To keep everyone safe we think it is worth it. At this stage this is funded by Havilah with no additional funding offered by either the Commonwealth or the State Governments at the time of writing. \$80K was spent in December and January on Rapid Antigen Tests. From late February

we have received deliveries from the Commonwealth stockpile. We are advised that a delivery will be received each week and this will certainly assist if this continues. **There has been one resident who tested positive to Covid 19.** A testament to our Staff's diligence and adherence to infection control procedures there were no other cases reported. We have had several staff who have tested positive during January and February. On the occasions that these staff worked they had returned a negative Rapid Antigen Test prior to their shift and with Havilah's current testing the positive result was picked up prior to commencing a new shift. Interesting the Commonwealth Government recommends testing every 72 hours for all staff. We will stick to our current policy of pre every shift and this has been a very successful, if expensive (in \$'s) policy to date.

Our staff are working in N95 masks for all shifts. Very uncomfortable and we are grateful for their ongoing commitment to keeping everyone safe. Where staff have tested positive, but have been wearing an N95 mask and have had a negative rapid antigen test prior to any shift worked this is not then treated as an exposure. This means that staff can continue to work, but must have a rapid antigen test every day and send the results through to Havilah.



### CONTACT HARALD

All residents, staff, regular contractors, visitors and professional people have their own cards.

The information the "Contact Harald" system generates can assist to trace any contacts with a reported positive case of coronavirus. The cards are activated 24 hours a day. Regular visitors are issued with their own cards and for irregular visitors, cards are issued for that visit and then information is uploaded and kept ready for the next visitor. Please let staff know if your card is flashing red as it needs replacing when this happens.



### AUTO SIGN IN WITH ZIPLINE

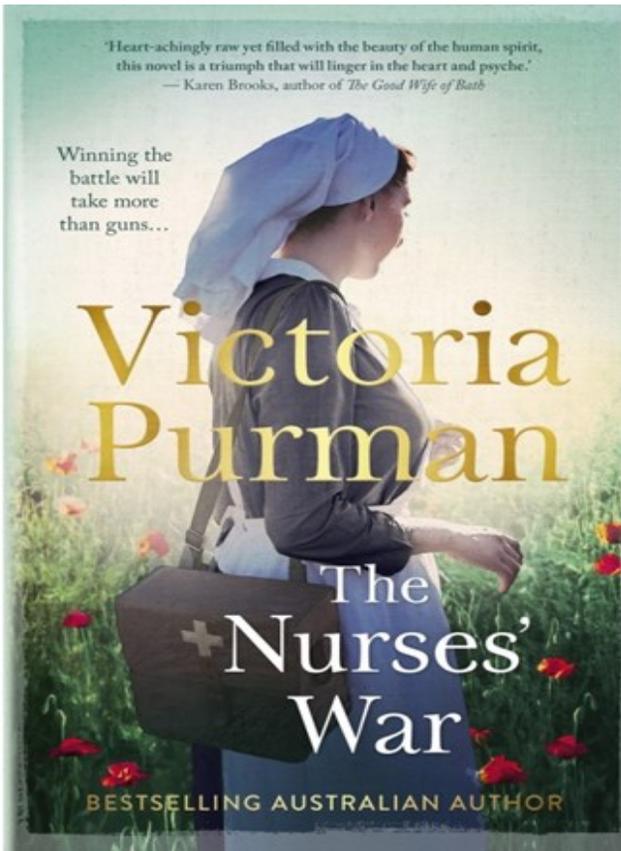
Zipline stations are in place for visitor auto check in. Additionally visitors must sign in using the QR code. There are QR code posters in various positions in the main reception areas at both sites. A code also appears as the last entry on the Zip Line auto sign in so there are multiple opportunities for you to scan in. If you add Havilah to your favourites the next time you check in this will save you having to scan the code each time. Staff are always available to assist.

Thank you to all our residents, families and visitors, we appreciate your understanding re signing in and out, booking outings and wearing your Harald cards.

All visitors are to register through the Zipline and receive a sticker to wear on them during the visit

If retirement living residents have concerns about exposure to COVID or please telephone for advice.

Ph: 1800 020 080



Good Wife of Bath

In 1915, as World War 1 rages in Europe and the numbers of dead and injured continue to grow, Australian nurse, Sister Cora Barker, leaves her home in Australia for England, determined to use her skills for King and country. When she arrives at Harefield House - donated to the Australian Army by its expatriate Australian owners - she helps transform it into a hospital that is also a little piece of home for recuperating Australian soldiers.

As the months pass, her mission to save diggers lives becomes more urgent as the darkest months of the war see injured soldiers from the battlefields of France and Belgium flood into Harefield in the thousands. When the hospital sends out a desperate call for help, a quiet young seamstress from the village, Jessie Chester, steps up as a volunteer. At the hospital she meets Private Bert Mott, a recovering Australian soldier, but the looming threat of his return to the Front hangs over them. Could her first love be her first heartbreak?

Cora's and Jessie's futures, their hearts and their lives hang in the balance as the never-ending wave of injured and dying soldiers threatens to overwhelm the hospital and the hopes of a nation rest on a knife edge. The nurses war is a war against despair and death, fought with science and love rather than mustard gas and fear - but can they possibly win it? And what will be the cost?

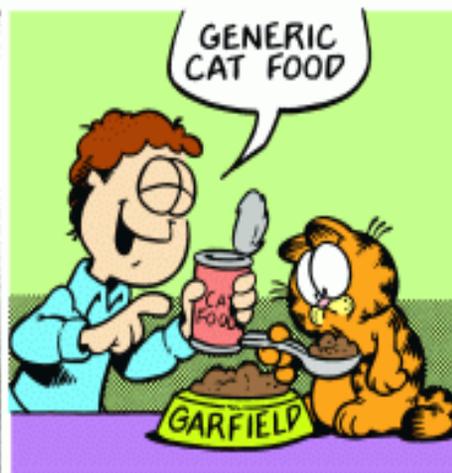
There is more than one way to fight a war...An extraordinary story of grit, love and loss, based on the true history and real experiences of Australian nurses in World War 1.

'Heart-achingly raw yet filled with the beauty of the human spirit, this novel is a triumph that will linger in the heart and psyche.' Karen Brooks, author of The



WEIRD and WONDERFUL WORDS

DEASIL - clockwise or in the direction of the sun's course.



**DINERS' CLUB:** Diners Club's next outing, will be Tuesday June 14th 2022 the venue is the local Indian restaurant-Rammy Dessert, please notify Alison or Georgie on 54590169 by 8th April if you intend to join in.

**MIDDAY MEALS:** Take away meals are available 7 days a week, please contact the main kitchen on 5461 7388 or reception on 5461 7387 to order



virtual morning tea will continue as at present, cupcakes available for collection at Reception on alternate Friday morning's, (13/05 & 27/05)



A group of 12 Retirement living residents joined Leisure and Lifestyle staff Alison and Georgie to enjoy the recent Diners club outing to the Highland society, these events are held bi monthly on the second Tuesday of the month at various eating houses in Maryborough and district.

## Thoughts to Ponder:

Can you cry under water?

Why do you have to 'put your two cents in'... But it's only a 'penny for your thoughts'? Where's that extra penny going to?

Why does a round pizza come in a square box?

What disease did cured ham actually have?

If a deaf person has to go to court, is it still called a hearing?

Coronavirus (COVID-19)

## COVID-19: IDENTIFYING THE SYMPTOMS

SYMPTOMS	COVID-19	COLD	FLU
<b>Fever</b>	Symptoms range from mild to severe Common	Gradual onset of symptoms Rare	Abrupt onset of symptoms Common
<b>Cough</b>	Common	Common	Common
<b>Sore Throat</b>	Sometimes	Common	Common
<b>Shortness of Breath</b>	Sometimes	No	No
<b>Fatigue</b>	Sometimes	Sometimes	Common
<b>Aches &amp; Pains</b>	Sometimes	No	Common
<b>Headaches</b>	Sometimes	Common	Common
<b>Runny or Stuffy Nose</b>	Sometimes	Common	Sometimes
<b>Diarrhea</b>	Rare	No	Sometimes, especially for children
<b>Sneezing</b>	No	Common	No

Adapted from material produced by WHO, Centers for Disease Control and Prevention.

**HELP STOP THE SPREAD**  
AND STAY HEALTHY

**TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.**

For more information about

## Coronavirus Australia app

Stay up to date with official information and advice about the coronavirus (COVID-19) situation. You can check your symptoms and get notified when urgent information and updates are published.

You can use the Australian Government Coronavirus app to:



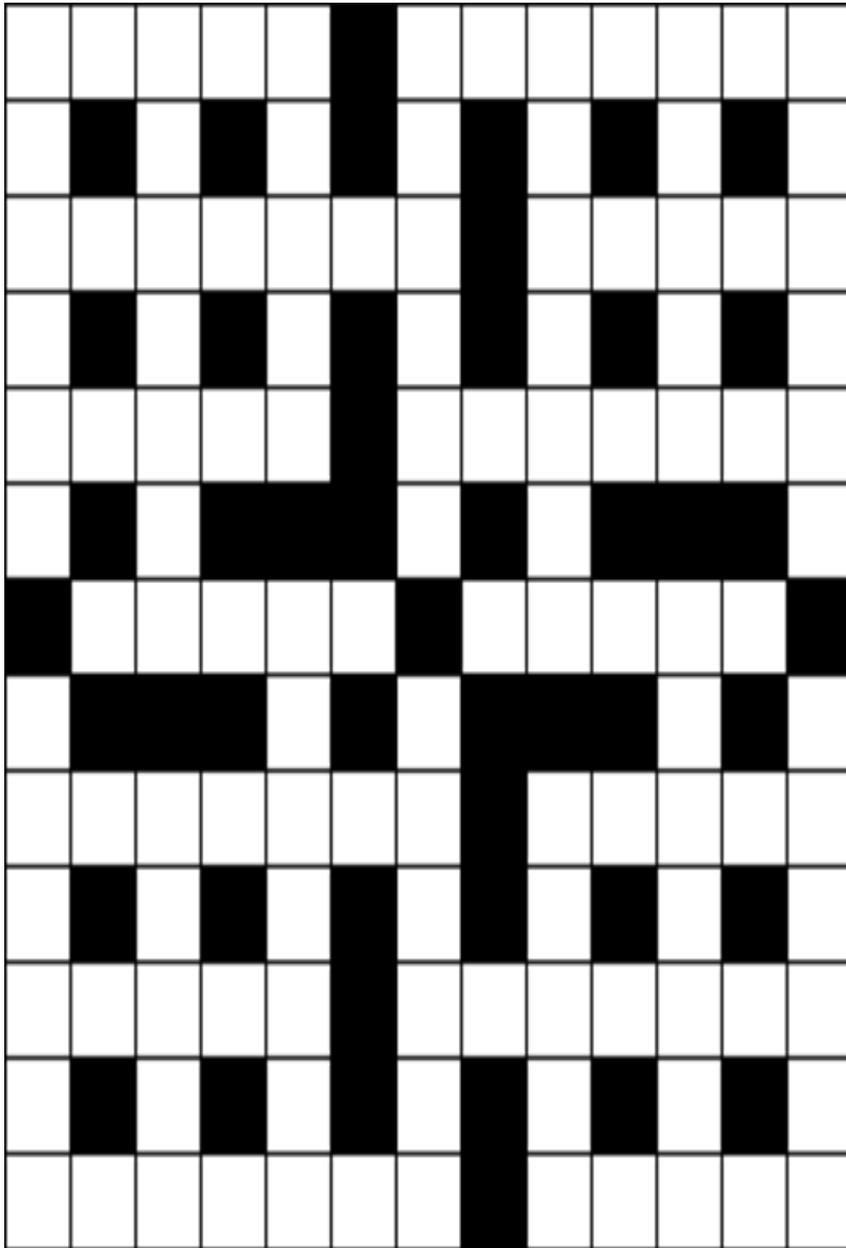
- stay up to date with the official information and advice
- important health advice to help stop the spread and stay healthy
- get a quick snapshot of the current official status within Australia
- check your symptoms if you are concerned about yourself or someone else
- find relevant contact information
- access updated information from the Australian Government
- receive push notifications of urgent information and updates

## Get the app



### COVIDSafe app

To help keep you safe and ease restrictions the COVIDSafe app is available to download onto your mobile phones now. This will be a great app to have once restrictions are eased and we all start getting about more. If we have been in contact with someone that tests positive, who also has the app installed, we will be able to be advised and act quickly. It will only work if most people download the app so a great safety measurer as restrictions ease.



**5 LETTER**

**WORDS:**

- ADAPT
- ADEPT
- CAMEL
- CRAMP
- CUPID
- LINER
- NAÏVE
- NERVE
- NOISE
- WQUEST
- REACT
- TENSE

**6 LETTER**

**WORDS:**

- EDITOR
- EVENTS
- QUAINT
- SCORER
- SIESTA
- STICKY

**7 LETTER**

**WORDS:**

- ABSENCE
- COMFORT
- CYCLIST
- ENSURED
- IGNORED
- PAINTED
- POPCORN
- RAPIDLY
- SCIENCE
- TORRENT

**SUDOKU** Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1-9

	3		7		5	2	8	
					1	3		
6	2	7						
4	5	2		3				
8								
			2					
				1				
3				4		5	1	
	7			6			2	

			4					3
9		1		3	8	6		4
	4				5			2
6								
					1			9
				8			5	1
		9		5	3			
	8	2	1		9		3	
	3						9	

**CONTACT NUMBERS:****FOR PALMERSTON ST SITE**

Reception 5459 0140

MON-FRI 9AM – 4pm

Raglan House 5459 0150 (24 hr number)

Nurse Manager 5459 0154

Lifestyle 5459 0169

Maintenance BH 0417 679 803

24 hr Maintenance AH 0408 645 203

Kitchen 5459 0180

**CONTACT NUMBERS:****FOR HARKNESS ST SITE**

Reception 5461 7300

MON-FRI 9AM-5PM

Weekends &amp; Public Holidays 10 am - 4pm

Nursing Supervisor 5461 7394 (24 hr number)

Director of Care 5461 7383

Lifestyle 54617 390

CEO-Craig 54617 381

0418744699

RAELEN 54617 380

**Things my mother taught me:**

- Your dreams are worth going for
- No means no
- Educating yourself will get you anywhere in life

**Mango Hummingbird Sheet Cake****Ingredients**

2 cups (300g) self-raising flour

1 cup (220g) brown sugar

½ cup (50g) shredded coconut

½ cup (55g) coarsely chopped walnuts

1 tsp bicarbonate of soda

1 mango, stoned, peeled, finely chopped

2 bananas, mashed

400g crushed pineapple, drained well

2 Coles Australian Free Range Eggs, lightly whisked

¾ cup (185ml) vegetable oil

Sliced strawberry, to serve

Sliced mango, to serve

**Mango cream cheese icing:**

1/2 mango, stoned, peeled, chopped

250g cream cheese, softened

75g butter, softened

1 cup (160g) icing sugar mixture

**Method**

Preheat oven to 160°C. Grease the base and sides of a 20cm x 30cm lamington pan and line with baking paper, allowing the sides to overhang.

Combine the flour, sugar, coconut, walnut and bicarbonate of soda in a large bowl. Add the chopped mango, banana, pineapple, egg and oil. Stir until just combined. Spoon into the prepared pan and smooth the surface. Bake for 45 mins or until a skewer inserted in the centre comes out clean. Set aside in the pan to cool completely.

To make the mango cream cheese icing, place the mango in a clean food processor and process until smooth. Transfer to a bowl. Use an electric mixer to beat the cream cheese and butter in a clean large bowl until smooth and creamy. Add the icing sugar and mango puree and beat until well combined.

Transfer the cake to a serving platter. Spread the top of the cake with icing. Top with strawberry and mango slices. Cut into pieces to serve.



Please think of others and comply with parking signs, therefore only cars displaying Disabled stickers in Disabled Parking zones, No Parking, and No Parking zones.



## Falls Prevention

**Remove clutter from walking areas,  
store clothing within easy reach**



**Maintenance Reporting** Residents are requested to report all maintenance issues to Reception Monday to Friday between 10.00am & 4.00pm telephone 54590140 or call in. For urgent items during business hours call maintenance direct on 0417679803 or contact Reception at Harkness 54617387.

Alternatively residents can email any issues to palmerston@havilah.org.au

For after hours, weekends and public holidays telephone our on call maintenance on 0408 645 203

**NOTE:** This also applies to garden and grounds issues that need addressing.

For any reported items that have not been addressed in a timely

manner or are not addressed to your satisfaction, please contact CEO Craig Young telephone 0418744699 or email craig.young@havilah.org.au Craig can be contacted on his mobile 24/7.

**Other concerns:**

We are here also if you need to discuss any concerns with us and if we cannot personally assist you we can help you to get any advice that you need. This could be in relation to obtaining services into your unit, explaining the annual financial statements or fee accounts that we send you, organizing a family party, or other issues that may concern you from time to time.

You can contact CEO Craig Young

Monday to Friday 54617381 or mobile 0418744699 for 24/7 contact.

Director of Finance Sandra Wilson Monday to Thursday 54617491; Resident Liaison Raeleen Brooker Monday to Friday 54617380.

**MEALS**

Retirement Living Residents who would like meals a takeaway meal please contact Reception to arrange this.

**Resident Alarms**

If you want to arrange an alarm into your unit please see Raeleen about this.

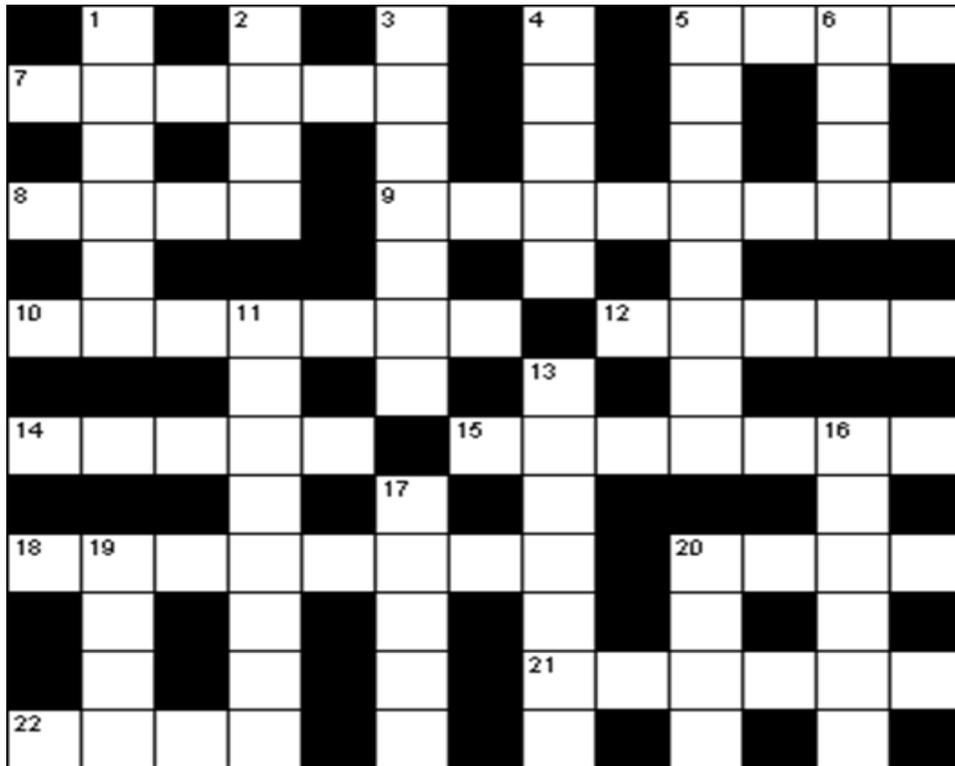
**Quiz and Crossword Solutions from page 9 & 12**



1. Western Bulldogs
2. Flora
3. Pacific Ocean
4. Feet

1	3	4	7	9	5	1	3	4	7	9	5	2	8	6
2	6	8	4	9	7	5	1	3	7	4	9	5	2	8
3	4	7	6	1	5	9	8	2	7	4	8	3	1	9
4	5	2	9	3	8	7	6	1	4	5	2	9	3	8
5	6	3	1	7	4	9	5	2	8	6	3	1	7	4
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14	8	2	3	6	7	2	4	9	6	8	4	5	1	7
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27	5	6	8	4	2	5	1	7	3	9	6	8	4	2
28	6	1	5	9	7	2	3	4	8	4	5	2	9	3
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30	8	2	3	6	7	2	4	9	6	8	4	5	1	7
31	5	6	8	4	2	5	1	7	3	9	6	8	4	2
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33	3	8	2	1	6	9	6	8	4	2	5	1	7	3
34	4	7	9	8	5	3	1	2	6	4	8	5	1	7
35	5	6	8	4	2	5	1	7	3	9	6	8	4	2
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78	8	2	3	6	7	2	4	9	6	8	4	5	1	7
79	5	6	8	4	2	5	1	7	3	9	6	8	4	2
80	1	3	6	7	2	4	8	9	5	7	1	3	6	9
81	3	8	2	1	6	9	6	8	4	2	5	1	7	3
82	4	7	9	8	5	3	1	2	6	4	8	5	1	7
83	5	6	8	4	2	5	1	7	3	9	6	8	4	2
84	6	1	5	9	7	2	3	4	8	4	5	2	9	3
85	3	8	6	7	2	4	8	5	1	7	3	6	9	8
86	8	2	3	6	7	2	4	9	6	8	4	5	1	7
87	5	6	8	4	2	5	1	7	3	9	6	8	4	2
88	1	3	6	7	2	4	8	9	5	7	1	3	6	9
89	3	8	2	1	6	9	6	8	4	2	5	1	7	3
90	4	7	9	8	5	3	1	2	6	4	8	5	1	7
91	5	6	8	4	2	5	1	7	3	9	6	8	4	2
92	6	1	5	9	7	2	3	4	8	4	5	2	9	3
93	3	8	6	7	2	4	8	5	1	7	3	6	9	8
94	8	2	3	6	7	2	4	9	6	8	4	5	1	7
95	5	6	8	4	2	5	1	7	3	9	6	8	4	2
96	1	3	6	7	2	4	8	9	5	7	1	3	6	9
97	3	8	2	1	6	9	6	8	4	2	5	1	7	3
98	4	7	9	8	5	3	1	2	6	4	8	5	1	7
99	5	6	8	4	2	5	1	7	3	9	6	8	4	2
100	6	1	5	9	7	2	3	4	8	4	5	2	9	3

# Mind Games



## ACROSS:

5. Type of meat (4)
7. Used to make a 'split' (6)
8. Acidic fruit (4)
9. Spirit distilled from potatoes (8)
10. Cut of beef (7)
12. Shaped and dried dough (5)
14. Milled from grain (5)
15. Salad vegetable (7)
18. Thick syrup (8)
20. Part of a rib of meat (4)
21. Dried grape (6)
22. Fresh or saltwater fish (4)

## DOWN:

1. Roe of sturgeon (6)
2. Baked flour, sugar and eggs (4)
3. Aromatic herb (7)
4. Type of dark coffee (5)
5. Game bird (8)
6. Cut of steak (4)
11. Sometimes made from 5 across (8)
13. Sweet (7)
16. Type of biscuit (6)
17. Jelly made from stock (5)
19. Edible pods (4)
20. Fried potato (4)

Themed 17

## WORD SEARCH - X Words

V W R C B V O S S T A X N I J B X E X  
 B I C E J T C P P A O X V R S I W O T  
 S T K S F X L H X B N O R O F L B V E  
 T K L L E L G I E E I N X I J R G X L  
 J E C T V T E N V B D I C I E B I V E  
 V J R T S L M X N P Z U V T L R I X X  
 P E H V V D Z W O L R Q T J T E A V C  
 V A C L I M A X C C N E E A F L H I I  
 I P V X O B E K U J L X M L E M I B C  
 N P V O A O V E P P E N U R U L Z E E  
 D E S G N N R E X C R M M L A T I X B  
 E N U S B X R T U E M E T I M D S T O  
 X D F R U P E T H O L I F X H X X O X  
 O I F B L R R T X O P P E I U N O O I  
 S X I E I I T C R L D N M L X Y D L R  
 P Z X A X P T A E O N O F O V R A B A  
 T R A N S F I X X A V N X V C A R O R  
 D U P L E X I M L L I I K J B L A X W  
 V X O B H C T A M I G X Y N O E P P X

Find the hidden words? They may be horizontal, vertical, diagonal, forwards or backwards:

ANNEX, APPENDIX, CLIMAX, COMPLEX, CONVEX, CRUCIFIX,  
 DUPLEX, EQUINOX, EXECUTRIX, FLUMMOX, HELIX, IBEX,  
 ICEBOX,  
 INDEX, INFLUX, JINX, JUKEBOX, LARYNX, LETTERBOX,  
 MATCHBOX,  
 MATRIX, MULTIPLEX, ONYX, ORTHODOX, PARADOX, PERPLEX,  
 PREFIX, REFLEX, RELAX, SPHINX, SUFFIX, SURTAX, TELEX,  
 TOOLBOX, TRANSFIX, VERTEX, VORTEX.

## QUIZ

1. Which AFL team was previously known as Footscray?
2. What general term for the plants native to a particular region is also name of a well known margarine brand?
3. Tahiti is an island in which ocean?
4. Galoshes are worn on what part of the body?



A man stumbles up to the only other patron in a bar and asks if he could buy him a drink. “Why of course,” comes the reply. The first man then asks: “Where are you from?” “I’m from Ireland,” replies the second man. The first man responds: “You don’t say, I’m from Ireland too! Let’s have another round to Ireland.” “Of Course,” replies the second man. Curious, the first man then asks: “Where in Ireland are you from?” “Dublin,” comes the reply. “I can’t believe it,” says the first man. “I’m from Dublin too! Let’s have another drink to Dublin.”

“Of course,” replies the second man. Curiosity again strikes and the first man asks: “What school did you go to?” “Saint Mary’s,” replies the second man. “I graduated in ‘62.” “This is unbelievable!” the first man says. “I went to Saint Mary’s and I graduated in ‘62, too!” About that time, in comes one of the regulars and sits down at the bar. “What’s been going on?” he asks the bartender. “Nothing much,” replies the bartender. “The O’Malley twins are drunk again...”



A married couple were playing in the club’s mixed four-somes. The husband hits a perfect drive down the middle of the fairway. The wife then slices the second shot into the trees. Unfazed the man then plays an amazing recovery shot, which goes onto the green a foot from the pin. The wife proceeds to smash the putt 15 feet beyond the pin. The man then lines up the long putt and sinks it. To his wife, he says, “We’ll have to do better. That was a bogey five.” “Don’t blame me,” she snaps, “I only took two of them.”

Little Johnny returns from the supermarket with his mother. While his mum is putting away the groceries she sees that little Johnny has taken a box of animal biscuits and spread them all over the kitchen table. His mother asks “What on earth are you doing Johnny?” Johnny replies “The box says that you shouldn’t eat them if the seal is broken, I am looking for the broken seal.”

## NOTICE BOARD

### **Emergency Procedure**

Call 000 to report any incidents to Police of Vandalism, Violence, Loitering or any Anti-Social behaviour.

Please use the same procedure for Medical Emergency or Fire Emergency.

Then when safe to do so report the Incident to Havilah

### **USING EMAIL TO TALK TO OUR MANAGEMENT TEAM**

Sometimes it is out of hours when you think of things you might like to raise with us. For those with email access you can have a conversation by email with our management team.

Chief Executive	Craig Young	craig.young@havilah.org.au
Food Services Manager	Di Jackson	di.jackson@havilah.org.au
Director of Care	Kelsey Hooper	kelsey.hooper@havilah.org.au
Deputy Director of Care	Allison O'Connell	allison.oconnell@havilah.org.au
Resident Liaison	Raeleen Brooker	raeleen.brooker@havilah.org.au
Lifestyle	Sue Edmondson	sue.edmondson@havilah.org.au
Lifestyle (Palmerston)	Alison Steicke	alison.steicke@havilah.org.au

**FEEDBACK** Residents and families are encouraged to communicate any issues they may have.

We welcome feedback from residents, families and visitors and provide the 'Comment,

Suggestion, Complaint and Compliment' forms at the main Havilah entrances.

We strive to continuously improve our service and look forward to working with you to achieve the best possible outcomes..

**Director of Care Kelsey Hooper**  
**54 617383 email:**  
**kelsey.hooper@havilah.org.au**

**or CEO Craig Young 54617381 OR 0418744699**  
**email: craig.young@havilah.org.au**

### **GENERAL ENQUIRIES**

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: [mail@havilah.org.au](mailto:mail@havilah.org.au) or Telephone: 5461 7387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

### **ADMINISTRATION OFFICE HOURS**

MON-FRI 9.00 am—4.00 pm for account payments and enquiries

Postal Address: Havilah Hostel 11 Harkness Street, Maryborough Vic 3465

### **TO CONTACT THE KITCHEN**

Main Kitchen **54617388** Internal Dial **388**  
 Heath Kitchen **54617482** Internal Dial **482**

**For 24 hour EMERGENCY CONTACT**  
**telephone 54617 394**

**ON CALL MAINTENANCE after hours and weekend**  
**calls 0408 645 203**