**ISSUED 29th APRIL 2016** 

# RAGLAN TATTLER Happy Family Day





April 2016 Page 2

### DINING ROOM KITCHEN CAUTION

Havilah request that residents do not under any circumstances make cups of tea and coffee in the Raglan House Dining room Kitchenette.

The kitchen staff are preparing food on an ongoing basis throughout the day. As a consequence the Oven, Hotplates, Soup Warmers and Food Warning Tray are constantly in use.

To avoid any possibility of residents injuring themselves, residents are directed to use any one of the 4 kitchenettes, located both upstairs and downstairs of Raglan House at either end of the facility.

If resident want to enjoy a cup of tea or coffee in the Dining Room they MUST have staff make the beverage for them.



UNDER NO CIRCUMSTANCES SHOULD RESIDENTS DANGER USE OR ENTER THE DINING ROOM KITCHENETTE.



## HAVILAH MAJOR RAFFLE

I<sup>ST</sup> Prize \$10,000 Goods/Services Retailer/s of choice





Plus 10 x \$500 early bird prizes Goods/Services Retailer/s of choice.

Tickets are \$100 each. Please ask your friends and relatives if they would like a ticket or you may like to have a family Syndicate. Great Odds—Only 400 tickets

Please contact Raeleen 5461 7380 or Rhonda 5461 7300 if you would like a ticket. Once you notify that you would like a ticket you will be eligible for the early bird draws. Tickets need to be paid for in full by the 26th of June. The Major Draw is 25th of June.

Page 3 April 2016

### FAMILY DAY & MOTHER'S DAY

Havilah would like to remind all Residents to book for Family Day Lunch Saturday 7th May and for Mothers Day Lunch Sunday 8th May 2016.

### **FAMILY DAY LUNCH**

7th May 2016 - 12.00noon

For Residents Family, friends and guests

2 Courses - \$13.00 per head - Drinks included

### **MOTHER'S DAY LUNCH**

**Sunday 8th May 2016 - 12.00noon** 

**2 Courses with Choccies and Drinks** 

\$15.00 per head

Residents can make bookings for either Saturday or Sunday by contacting Activities Coordinator Keith on 0408 774 715 or internal on 169.



### **Laundry - Lost Items**

A large number of Raglan House residents now elect to use the Raglan House internal Laundry service. Due to resident clothing that has no personal identification, there are now items of unclaimed laundry. If you are missing an item of clothing, please contact Activities Coordinator Keith and he will attempt to recover your missing item.



The last thing I remember is being thrown into the dryer."

Havilah strongly recommends residents purchase iron name tags or mark clothing with a laundry marking pen. Name tags are available for purchase at a cost of \$27.50 per 50 or \$55.00 per 00 labels. You can order name tags via AC Keith (169).

Residents can also borrow a Laundry marking pen by contacting either AC Keith (169) or

DoS Cleta (154)

Havilah accepts no responsibility for lost clothing that does not have personal name tags or any form of personal identification.



ALL HAVILAH SITES ARE NON SMOKING SITES. PLEASE RESPECT THIS FOR THE SAFETY OF RESIDENTS AND STAFF.



PAGE 4 April 2016

### WHAT TO DO WHEN THE FIRE ALARM SOUNDS

Residents and Visitors should remain where they are and wait for staff to instruct you on evacuation. If you can see the fire you should move away from the immediate area and wait for instruction from staff. If the fire is in your room you should leave the room and close the door behind you.

Havilah is a very safe facility and has many measures in place to stop the spread of fire and smoke and to provide for safe evacuation in the case of a fire – this includes fire and smoke compartments, and sprinklers and smoke alarms.

There is a maximum of 6 resident rooms in each smoke/fire compartment and therefore should evacuation be required in the first instance it would only be for residents in the affected compartment.

The fire alarm automatically alarms at the fire station and the Brigade is here within minutes. Once the alarm has sounded the Brigade will attend even for false alarms. From the fire panel at the front of the building and on our staff pagers we can see which alarm has been actioned and therefore we immediately know the area to check.

When the Fire Alarm sounds RESIDENTS WILL BE KEPT INFORMED VIA STAFF AND THROUGH THE PUBLIC ADDRESS SYSTEM.

Havilah is a non smoking site which adds to the safety of residents and staff.







### COMMUNICATION

### USING EMAIL TO CONVERSE WITH OUR MANAGEMENT TEAM

Sometimes it is out of hours when you think of things you might like to raise with us . For those with email access you can have a conversation by email with our management team.

Chief Executive Barb Duffin barbceo@havilah.org.au

Director of Human Services Kelsey Hooper dhs@havilah.org.au

Director of Care Dave Burridge dave.burridge@havilah.org.au

Director of Services Cleta Roughead raglan manager@havilah.org.au

Food Services Manager Di Jackson di.jackson@havilah.org.au

PAGE 5 April 2016

### **GREAT THINGS TO DO**

Don't forget to check your

Activities Calendar

### **UPCOMING EVENTS**



### Happy Hour Every Friday evening

Commencing at 5.00pm, Music, Finger Food, Hot & Cold Beverage, Ice-creams and Ice-cream Cones.



# Raglan House Resident Meeting at Downstairs Raglan House (Bingo Area)

MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES

TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT



**Bus Trip Out -** Thursday afternoon departing at 1.30pm for lots of Fun points of interest throughout Central Victoria.

If you have an idea or suggestion for an outing, just let Activities

Co-coordinator Keith know and he will do his best to arrange the outing for you.



**Anglican Carers -** Coffee Morning at the Anglican Church Hall. Next function Tuesday 13th September 2016 from 9.30am onwards. All Residents of Raglan House are cordially invited to attend. If residents would like further information please contact Edna Jarvis 5461 408, Marg Finch 5460 5246 or Iris Anderson 5461 3980





# FALLS PREVENTION AND STRENGTHENING EXERCISES

Rhonda James Monday afternoons 2.30 - 3.00pm Downstairs Resident Lounge. Care Staff will assist you to the Lounge if required.

BE SAFER ON YOUR FEET



PAGE 6 April 2016

### WEEKLY ACTIVITIES

**MOVIE NIGHT** (Movie: The Intern) 7.00pm Room 1 Community center

BUS TRIP OUT - Thursday's 1.30pm

NAIL-CARE - 10.00am Wednesday mornings each week

FOOT SPA - 9.30am Thursday mornings each week

**HOY - Monday 10.30am** 

BINGO - Monday to Friday 1.30pm

**CARPET BOWLS - Friday Morning 10.30am** 

MARBOWLS - Tuesday Morning 10.30am

CHAIROBICS - Tuesday & Friday 2.30pm

CRAFTS - Wednesday 11th of May - 2.45pm

STRENGTH EXERCISES Monday's 2.30pm

CARDS 500 - 4th Wednesday of the month 7.00pm













### **CHURCH SERVICES**

UNITING CHURCH - 1st Wednesday each Month 2.45pm

ANGLICAN CHURCH - 2nd Thursday each Month 10.30am

SALVATION ARMY CHURCH - 4th Wednesday each Month 2.45pm





PAGE 7 April 2016

### **CONTACTING STAFF and other Useful Numbers**

You can contact staff by using your room phone

In Raglan House Ring 161 24 Hours a day to get the Nurse on Duty

Press your Green Call Button for Non Urgent assistance and

Press your **YELLOW** call Button for **URGENT** assistance

Community Centre Ring 140 between 9am & 12 Noon Monday to Friday

**The call system** is for **emergency calls** so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed on the Nurses Station wall at Raglan House both Upstairs and Downstairs these phones provide greater accessibility to staff for families. Please make use of these phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in Raglan House please call 5459 0150 if there is no answer on this number the call will be diverted to staff on the floor.

Other useful numbers can be found in your Resident Information Folder

# COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE AT THE DOWNSTAIRS & UPSTAIRS NURSES STATION WINDOWS.

Residents and families of Raglan House are encouraged to communicate any issues they may have to either:

Director of Care (RN1) David Burridge 5461 7489

Director of Services (RN1) Cleta Roughead 5459 0154 or internal dial 154.

Both directors can be contacted by email using the email address:

raglanmanager@havilah.org.au

You can also contact: CEO Barb Duffin 5461 7381 Mobile 0429 617380

email: barbceo@havilah.org.au\_or

Director of Human Services Kelsey Hooper 54 617383 email: <a href="mailto:dhs@havilah.org.au">dhs@havilah.org.au</a>

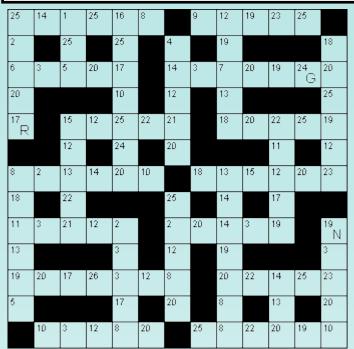
If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service. PAGE 8 April 2016

### CODEWORD NO. 20



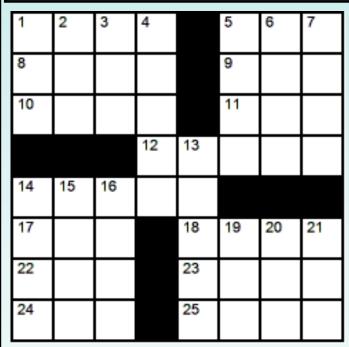
Each letter in this puzzle is represented by a number 1-26.

Can you crack the code and solve the crossword?

Every letter of the alphabet is used

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

### OCTO CROSS - CROSSWORD NO.4



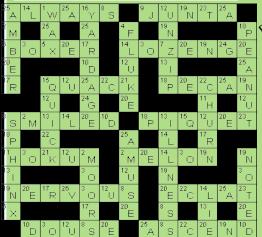
Across

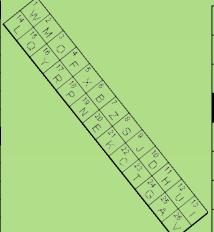
- 1. Music symbol
- 5. Fuss
- 8. Geographical region
- 9. Summit
- 10. Look searchingly
- 11. Poem
- 12. Citrus fruit
- 14. Flexible plastic
- 17. Frozen water
- 18. Tangelo
- 22. Female hog
- 23. Entrance
- 24. Insect
- 25. Boundary

Down

- 1. Short sleep
- 2. Mineral
- 3. Golf pin
- 4. Ahead of time
- 5. Particle
- 6. Extinct bird
- 7. Overt
- 13. Evade
- 14. Passport endorsement
- 15. Symbol
- 16. Semiaquatic
- salamander
- 19. Deity
- 20. Tree trunk segment
- 21. Anger

#### **SOLUTION TO CODEWORD 20**





#### **SOLUTION TO OCTO NO.4**

Т Ε Ν 0 D 0 Ε А Т Α R 0 Р Ε R 0 D Ε Ε M Ν Ν Υ C Ε U G S W 0 D 0 0 R F N Т D G

PAGE 9 April 2016

### **WORD SEARCH - GAMES**

Can you find the hidden words? They may be horizontal, vertical or diagonal, forwards or backwards.

S S 5 Д K Д R Д N N M N В В E M V Д T T M R Н  $\mathbb{C}$ N IJ U S Н R Д F R IJ R М S N  $\bigcirc$ Д M М N Н В Д G Д 0 ل Н J В Д U  $\bigcirc$ U Υ K M N R V R M T P Д Д Д M М В R P R Д G D Д Д U Д В U Н G  $\cap$ T Н R M R M N В J P S S G T T K В M M S W S Д Д Д N Н Н Н M R K  $\bigcap$  $\mathcal{W}$ Р S Д В P M Д R G K R I N G R T F S S S S N Д J T T N R M  $\bigcap$ Е G  $\mathcal{W}$ Д S X Д N Н I N  $\bigcap$ B  $\Box$ N В Д В Д J R Д В K J M В V R S G Д R S Д K R G Д N M R R Н G IJ Q G Д N Д X C T N T G G D  $\cap$  $\Box$ V R S Д 5 Р R K Ζ E N N G E М G C K P R IJ G 5 M Д В R  $\mathbb{C}$ В S T V P P Н G

BACCARAT, BACKGAMMON, BINGO, BLACKJACK, BRIDGE, CHECKERS, CHESS, CRIBBAGE, CROSSWORD, DARTS, DRAUGHTS, FANTAN, HALMA, JIGSAW, KENO, LOTTO, LUDO, MAHJONG, MARBLES, MONOPOLY, NOUGHTS AND CROSSES, PACHISI, PAPER CHASE, PINBALL, POKER, ROULETTE, SCRABBLE, SLIDER, SNAKES AND LADDERS, TANGRAM, TIC-TAC-TOE, TREASURE HUNT, WHIST.

PAGE 10 April 2016

### **HAV A LAUGH**

### **Child Sent to Bed**

A small boy is sent to bed by his mother... [Five minutes later]

"Mom..."

"What?"

"I'm thirsty. Can you bring me a glass of water?"

"No.You had your chance. Lights out." [Five minutes later]

"Mom..."

"WHAT?"

"I'm THIRSTY...Can I have a glass of water??"
"I told you NO! If you ask again I'll have to spank you!!"

[Five minutes later]

"Mommm..."

"WHAT??!!"

"When you come in to spank me, can you bring me a glass of water?"

### We have new Babies

For weeks a six-year old lad kept telling his first-grade teacher about the baby brother or sister that was expected at his house.

One day the mother allowed the boy to feel the movements of the unborn child. The sixyear old was obviously impressed, but made no comment. Furthermore, he stopped telling his teacher about the impending event.

The teacher finally sat the boy on her lap and said, "Tommy, whatever has become of that baby brother or sister you were expecting at home?"

Tommy burst into tears and confessed, "I think Mommy ate it!"





