

ISSUED 17th MAY 2016



# RAGLAN TATTLER



## MOTHERS DAY AT HAVILAH

The residents of both Raglan House and the Independent Community came together to celebrate Mothers Day with their family and friends.

Over 70 people attended the mothers day luncheon which was highly successful with plenty of positive feedback from all the residents their families and friends. The day was capped off with a beautiful dedication song sung by Rebekah Mowbray, Grand-daughter of Raglan House resident Patricia Mowbray.



Patricia Mowbray and family looking forward to their meal together.



Dorothy Sharp and family enjoying their meals and wine.



Rebecca Mowbray Sings "You Raise Me Up" as a dedication to all the mothers present.



The Beautiful table settings, set up for the residents and their families for the day.

## **NEW FOOTPATH IN INKERMAN STREET**

Major works has commenced to replace the Footpath on Inkerman Street, between Raglan Street and Palmerston street on the Havilah On Palmerston site.

Although Havilah is only required to replace defective footpath, the decision was reached to replace the bitumen footpath with concrete for the full length. Our contractor Mark Murray has liaised with the Council and obtained their agreement to complete the proposed works.

While the works are being carried out Havilah suggests all residents avoid walking or ambulating down Inkerman Street. The area has protective fencing erected around it and would require residents to walk on the edge of the roadway. Havilah strongly recommends Resident avoid the area until works have been completed.

The works are scheduled to be completed by Tuesday 24th May 2016. Residents should report any issues in relation to the works to CEO Barb Duffin 0429617380 or Raeleen Brooker on 0417175980



Workers have removed the old Asphalt Footpath ready for the installation of the new concrete path



Workers continue to work on the Footpath upgrade.

# HAVILAH MAJOR RAFFLE

**1<sup>ST</sup> Prize \$10,000 Goods/Services Retailer/s of choice**

**2<sup>nd</sup> Prize \$5,000 Goods/Services Retailer/s of choice**

**Plus 10 x \$500 early bird prizes Goods/Services Retailer/s of choice.**



**Winner Week 1: Ticket 046 Stringers Dairies**

**Winner Week 2: Ticket 242 Rosa Mc Quilten**

Thank you to everyone for your generous support as all tickets have now been sold.

A reminder that tickets need to be paid for in full by the 26th of June.

The Major Draw is 25th of June.



## AFL 2016 SEASON FOOTY TIPPING COMPETITION



The 2016 AFL footy is under way with 8 rounds completed, and the leader Board is starting to take shape. With Betty Arundell correctly tipping all 9 winners in round 8, Congratulations Betty.

It has been a difficult season for tipsters so far with many teams proving to be inconsistent with their form.

Leading the way is Merv Huggett on (55) from Ern Weston, Anne Stuart and Elma Taylor on (53) with Dorrie Duffin on (51).

*Good Luck to all for the remainder of the season and remember to get your tips in before the 1st game each week. For those residents who forget to pick on any given week, they will receive the Stu's tips for the first six weeks of the Year after that that tipsters will receive the Home teams.*

## OPERATION CHRISTMAS CHILD

Cheryl Howlett of Operation Christmas Child will come into do a presentation on Wednesday 8th June 2016 at 2.30pm.

Residents can make a donation if they wish on the day.

All proceeds will then allow us to purchase content to pack into the boxes on our packing day in August.

Residents that wish to can Knit Dolls, Beanies & other items to love, which can also added to the care boxes may do so. If you require assistance let Act Co-Ord Keith know.



**This year we can purchase shoebox starter packs for \$6.00 which include:**

- 2 Exercise books
- 4 Lead pencils
- 6 Coloured pencils
- 1 Sharpener
- 1 Pencil Case
- 2 Tennis Balls
- 1 Skipping Rope
- 1 Soap and face washer
- 2 Toothbrushes
- 1 Library Bag
- 1 Soft Toy



### *Suggestions to complete the box:*

Something special (sunglasses, stickers, necklace, personal note from your self, hairclips, sturdy toy car)

- Something to wear (t-shirt, shorts, skirt, beanie, cap, thongs)

**These items are made by children in The Agape Children's Home in Thailand.**

**The income goes back to the children themselves.**



## DOCTOR SURGERY & PODIATRY SERVICE

Dr Gavin Cuff from the Maryborough Medical Practice will hold fortnightly clinic at Raglan House. The service commenced on the Tuesday 16th February 2016.

Havilah has also arranged for Catlyn Little from Ballarat Podiatry to hold a Podiatry clinic in the Treatment room of the community Centre.

The cost is \$45.00 per consultation.

Any residents interested in using the Doctors Clinic or the Podiatry Service should contact Clea for more information on 5459 0154 or internal on 154.



## Mobile Library at Raglan House

The Maryborough Mobile Library will commence visiting Raglan House on Monday 6th June 2016 at 10.30am. The mobile library will display a variety of books in Room 7 of the Community Centre for residents to borrow.

The Library will then continue to visit Raglan House fortnightly.

If you are not currently a member of the Maryborough library you can join on the day.



## Linen

Could residents please inform care staff if they have any soiled linen in their rooms. This includes Face Washers, Shower Mats or Towels. Staff can provide fresh clean linen immediately on request, Please Call 661 or 662. Requesting clean linen will ensure the health and hygiene of all residents.



## **WHAT TO DO WHEN THE FIRE ALARM SOUNDS**

Residents and Visitors should remain where they are and wait for staff to instruct you on evacuation. If you can see the fire you should move away from the immediate area and wait for instruction from staff. If the fire is in your room you should leave the room and close the door behind you.

Havilah is a very safe facility and has many measures in place to stop the spread of fire and smoke and to provide for safe evacuation in the case of a fire – this includes fire and smoke compartments, and sprinklers and smoke alarms.

There is a maximum of 6 resident rooms in each smoke/fire compartment and therefore should evacuation be required in the first instance it would only be for residents in the affected compartment.

The fire alarm automatically alarms at the fire station and the Brigade is here within minutes. Once the alarm has sounded the Brigade will attend even for false alarms. From the fire panel at the front of the building and on our staff pagers we can see which alarm has been actioned and therefore we immediately know the area to check.

**When the Fire Alarm sounds RESIDENTS WILL BE KEPT INFORMED VIA STAFF AND THROUGH THE PUBLIC ADDRESS SYSTEM.**

Havilah is a non smoking site which adds to the safety of residents and staff.



## **COMMUNICATION**

### **USING EMAIL TO CONVERSE WITH OUR MANAGEMENT TEAM**

Sometimes it is out of hours when you think of things you might like to raise with us . For those with email access you can have a conversation by email with our management team.

|                            |                |  |
|----------------------------|----------------|--|
| Chief Executive            | Barb Duffin    | <a href="mailto:barbceo@havilah.org.au">barbceo@havilah.org.au</a>               |
| Director of Human Services | Kelsey Hooper  | <a href="mailto:dhs@havilah.org.au">dhs@havilah.org.au</a>                       |
| Director of Care           | Dave Burrige   | <a href="mailto:dave.burridge@havilah.org.au">dave.burridge@havilah.org.au</a>   |
| Director of Services       | Cleta Roughead | <a href="mailto:raglan_manager@havilah.org.au">raglan_manager@havilah.org.au</a> |
| Food Services Manager      | Di Jackson     | <a href="mailto:di.jackson@havilah.org.au">di.jackson@havilah.org.au</a>         |

## GREAT THINGS TO DO

**Don't forget to  
check your  
Activities Calendar**

### UPCOMING EVENTS



#### **Happy Hour Every Friday evening**

Commencing at 5.00pm, Music, Finger Food, Hot & Cold Beverage, Ice-creams and Ice-cream Cones.



#### **Raglan House Resident Meeting at Downstairs Raglan House (Bingo Area) **Next Meeting on Monday 6th June 2016****

MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT



#### **Bus Trip Out - Thursday afternoon departing at 1.30pm for lots of Fun points of interest throughout Central Victoria.**

If you have an idea or suggestion for an outing, just let Activities Co-coordinator Keith know and he will do his best to arrange the outing for you.



#### **Mobile Library - The Maryborough Mobile Library will visit Raglan House on Monday 6th June 2016 at 10.30am. The mobile library will display a variety of books in Room 7 in the Community Centre.**

If you are not currently a member of the Maryborough library you can join on the day.



### **FALLS PREVENTION AND STRENGTHENING EXERCISES**

Rhonda James Monday afternoons  
2.30 - 3.00pm Downstairs Resident Lounge.  
Care Staff will assist you to the Lounge if required.

**BE SAFER ON YOUR FEET**



## WEEKLY ACTIVITIES

**BUS TRIP OUT** - Thursday's 1.30pm

**NAIL-CARE** - 10.00am Wednesday mornings each week

**FOOT SPA** - 9.30am Thursday mornings each week

**HOY** - Monday 10.30am

**BINGO** - Monday to Friday 1.30pm

**CARPET BOWLS** - Friday Morning 10.30am

**MARBOWLS** - Tuesday Morning 10.30am

**CHAIROBICS** - Tuesday & Friday 2.30pm

**COLOUR IN ART** - Wednesday

**STRENGTH EXERCISES** Monday's 2.30pm

**CARDS 500** - 4th Wednesday of the month 7.00pm

**Operation Christmas Child - Presentation -**

8th June 2016 at 2.30pm



## CHURCH SERVICES

**UNITING CHURCH** -  
2.45pm



1st Wednesday each Month

**ANGLICAN CHURCH** - 2nd Thursday each Month 10.30am

**SALVATION ARMY CHURCH** - 4th Wednesday each Month 2.45pm



## **CONTACTING STAFF and other Useful Numbers**

You can contact staff by using your **room phone**

**In Raglan House** Ring 161 24 Hours a day to get the Nurse on Duty

Press your **Green** Call Button for **Non Urgent** assistance and

Press your **YELLOW** call Button for **URGENT** assistance

**Community Centre** Ring 140 between 9am & 12 Noon Monday to Friday

**The call system** is for **emergency calls** so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed on the Nurses Station wall at Raglan House both Upstairs and Downstairs these phones provide greater accessibility to staff for families. Please make use of these phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in Raglan House please call 5459 0150 if there is no answer on this number the call will be diverted to staff on the floor.

**Other useful numbers can be found in your Resident Information Folder**

## **COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE AT THE DOWNSTAIRS & UPSTAIRS NURSES STATION WINDOWS.**

Residents and families of Raglan House are encouraged to communicate any issues they may have to either :

**Director of Care (RN1) David Burrridge** 5461 7489

**Director of Services (RN1) Cleta Roughead** 5459 0154 or internal dial 154.

Both directors can be contacted by email using the email address:

[raglanmanager@havilah.org.au](mailto:raglanmanager@havilah.org.au)

You can also contact: **CEO Barb Duffin** 5461 7381 Mobile 0429 617380

email: [barbceo@havilah.org.au](mailto:barbceo@havilah.org.au) or

**Director of Human Services Kelsey Hooper** 54 617383 email: [dhs@havilah.org.au](mailto:dhs@havilah.org.au)

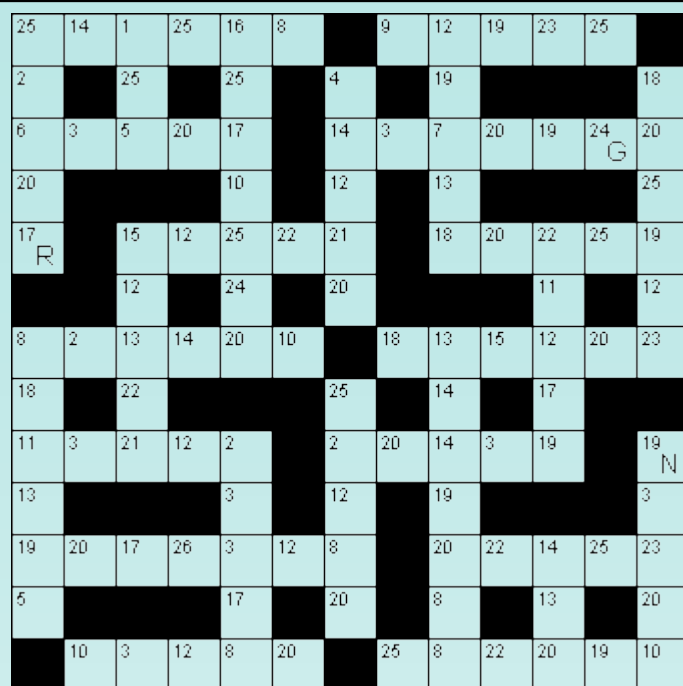
If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

## CODEWORD NO. 20



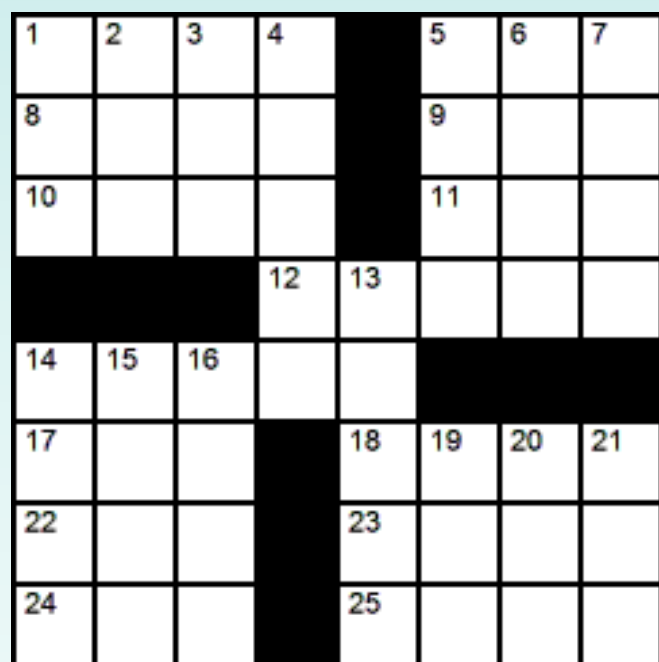
Each letter in this puzzle is represented by a number 1-26.

Can you crack the code and solve the crossword?

Every letter of the alphabet is used

|    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |

## OCTO CROSS - CROSSWORD NO.4



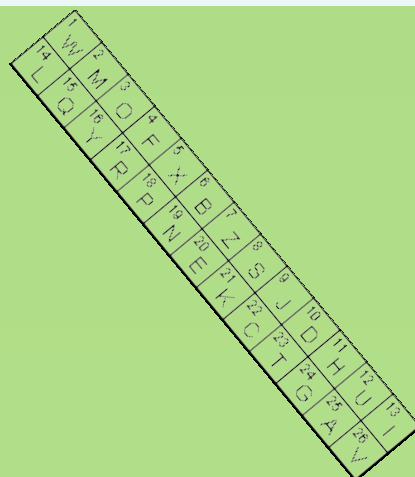
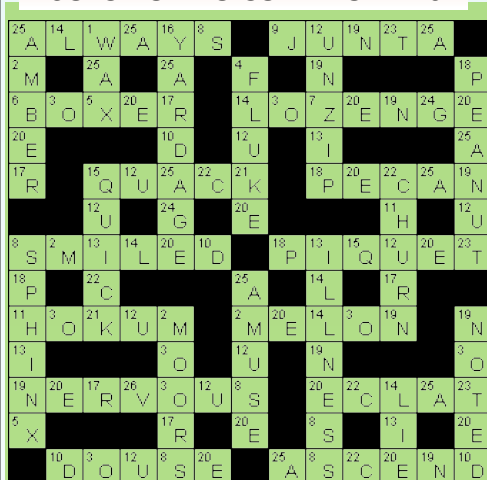
Across

1. Music symbol
5. Fuss
8. Geographical region
9. Summit
10. Look searchingly
11. Poem
12. Citrus fruit
14. Flexible plastic
17. Frozen water
18. Tangelo
22. Female hog
23. Entrance
24. Insect
25. Boundary

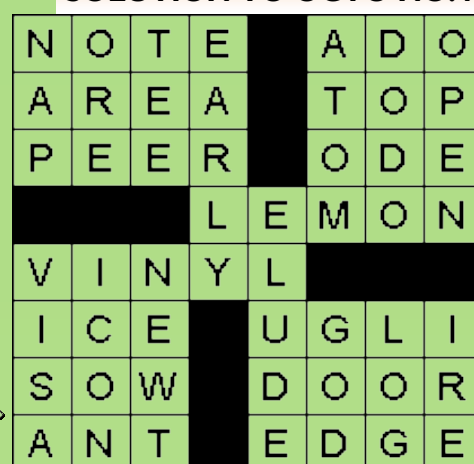
Down

1. Short sleep
2. Mineral
3. Golf pin
4. Ahead of time
5. Particle
6. Extinct bird
7. Overt
13. Evade
14. Passport endorsement
15. Symbol
16. Semiaquatic salamander
19. Deity
20. Tree trunk segment
21. Anger

## SOLUTION TO CODEWORD 20



## SOLUTION TO OCTO NO.4



## WORD SEARCH - FLOWER POWER

Can you find the hidden words? They may be horizontal, vertical or diagonal, forwards or backwards.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| L | L | C | J | A | E | A | A | V | M | U | I | T | R | U | T | S | A | N |
| O | U | R | H | A | I | W | I | E | A | I | N | U | T | E | P | A | P | P |
| B | P | T | T | R | I | C | O | N | L | P | I | L | U | T | I | O | R | I |
| E | I | E | N | V | O | S | A | S | E | A | K | N | A | L | P | I | M | C |
| L | N | N | I | E | Y | S | H | C | V | D | Z | M | H | P | M | M | U | E |
| I | D | I | C | R | N | A | E | C | A | N | R | A | Y | R | B | N | M | B |
| A | I | M | A | B | B | Z | L | C | U | A | D | A | O | E | D | D | E | O |
| L | H | S | Y | E | V | U | Y | U | R | F | R | S | G | B | P | N | H | U |
| H | C | A | H | N | A | C | T | T | M | H | E | O | I | W | S | O | T | G |
| I | R | J | T | A | L | D | S | T | I | I | N | I | V | M | S | I | N | A |
| B | O | P | E | A | I | I | P | V | E | I | R | O | R | A | I | T | A | I |
| I | E | N | M | N | D | E | L | V | A | R | J | P | J | R | E | A | S | N |
| S | S | E | M | I | O | U | X | Y | R | H | C | H | N | I | W | N | Y | V |
| C | N | G | P | N | T | E | L | O | I | V | V | U | T | G | L | R | R | I |
| U | C | S | Y | P | A | I | R | E | T | S | I | W | P | O | E | A | H | L |
| S | A | R | E | T | S | A | B | L | U | E | B | E | L | L | D | C | C | L |
| L | I | D | O | F | F | A | D | V | Y | S | I | A | D | D | E | D | P | E |
| E | V | O | L | G | X | O | F | M | U | I | N | A | R | E | G | C | J | A |
| G | A | E | G | N | A | R | D | Y | H | S | I | R | I | C | A | L | I | L |

ACACIA, ASPIDISTRA, ASTER, AZALEA, BEGONIA, BLUEBELL, BOUGAINVILLEA, BUTTERCUP, CARNATION, CHRYSANTHEMUM, CYCLAMEN, DAFFODIL, DAHLIA, DAISY, EDELWEISS, FOXGLOVE, FUCHSIA, GARDENIA, GERANIUM, HIBISCUS, HYACINTH, HYDRANGEA, IRIS, JASMINE, LILAC, LILY, LOBELIA, LUPIN, MARIGOLD, NASTURTIIUM, ORCHID, PEONY, PRIMROSE, PRIMULA, ROSE, TULIP, VERBENA, VIOLET, WISTERIA.

