

Please contact Jenni on 5461 7387 or email
jenni.dellavedova@havilah.org.au if you would
like your Havachat sent via email

HAVILAH WEBSITE:
www.havilah.org.au

Issued 4th May 2015

HAVACHAT



INVITATION

Havilah Residents would like to invite their
Family and Friends to a

SPECIAL FAMILY DAY LUNCH

Saturday 9th May

2 Courses — \$13 per head — drinks included

And also to:

MOTHERS DAY LUNCH

Sunday 10th May

2 Courses with Choccies and drinks
— \$15 per head

For catering purposes
RSVP must be received
by Wed 6th May
To Rhonda: 54617300

Resident Meeting—Monday 11th May —1.15 pm in Callistemon Activities Room

Resident Meeting Heath House—Monday 18th May — 2.00 pm Heath House

THESE MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES
TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT.

REMINDER**RE-ACCREDITATION AUDIT 19TH & 20TH MAY**

An assessment team from the Australian Aged Care Quality Agency (Quality Agency) will visit us to conduct a re-accreditation audit on 19 May 2015 to 20 May 2015 commencing at 9:00 AM.

Auto Lock Down:

Auto Lockdown has moved to **6pm** from the 1st May 2015.

HAVILAH MAJOR RAFFLE

1ST Prize \$10,000 Goods/Services Retailer/s of choice

2nd Prize \$5,000 Goods/Services Retailer/s of choice

Plus 10 x \$500 early bird prizes Goods/Services Retailer/s of choice.

Tickets are \$100 each. Please ask your friends and relatives if they would like a ticket or you may like to have a family Syndicate. Great Odds—Only 400 tickets

Please contact Raeleen 54617380 or Rhonda 54617300 if you would like a ticket. Once you notify that you would like a ticket you will be eligible for the early bird draws. Tickets need to be paid for in full by the 26th of June. The Major Draw is 27th of June.

WE STILL HAVE TICKETS LEFT—IT WOULD BE GREAT TO SELL THEM ALL

WHEN THE FIRE ALARM SOUNDS

Residents and Visitors should remain where they are and wait for staff to instruct you on evacuation. If you can see the fire you should move away from the immediate area and wait for instruction from staff. If the fire is in your room you should leave the room and close the door behind you.

Havilah is a very safe facility and has many measures in place to stop the spread of fire and smoke and to provide for safe evacuation in the case of a fire – this includes fire and smoke compartments, and sprinklers and smoke alarms. Should evacuation be required it would only be for residents in the affected compartment. In the first instance. The fire alarm automatically alarms at the fire station and the Brigade is here within minutes. YOU WILL BE KEPT INFORMED VIA STAFF AND THROUGH THE PUBLIC ADDRESS SYSTEM.

RESIDENT SURVEYS - March 2015

Of the 61 residents surveyed (Harkness = 45 and Raglan = 16)

100% of residents surveyed are aware of the tea and coffee making facilities available for residents, their families and guests in our kitchenettes.

91% of residents said they participate in the activities we provide and 9% said they did not participate. Of the residents who do participate 100% said they enjoy the activities provided.

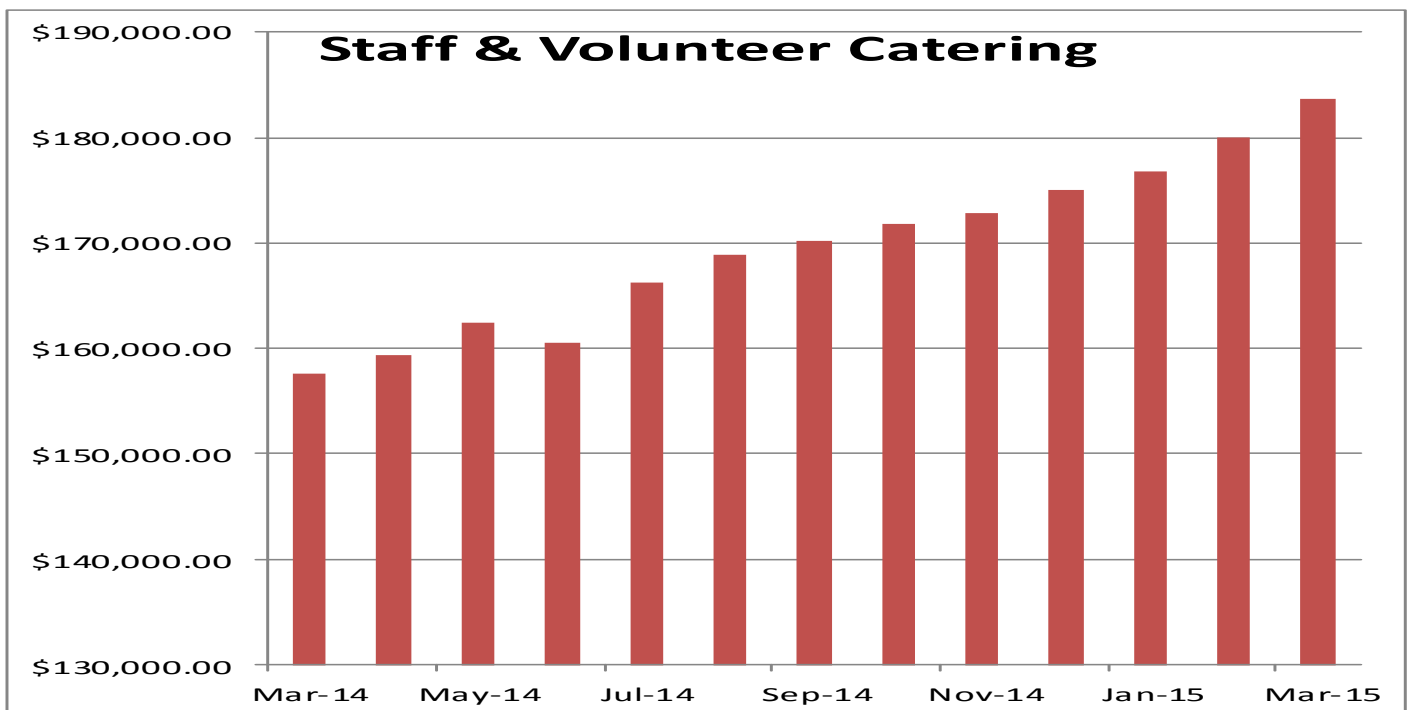
99% of residents said they felt respected by staff, volunteers and contractors, 1% responded with not applicable.



Australia Post Concessions

Forms are available from Havilah Reception of Concession Cards to apply for a MyPost concession card. This card enables holders to 5 free concession stamps, ability to purchase up to 50 concession stamps per year, discount on mail hold and mail redirection and a free MyPost Concession Card and digital mailbox.

This table shows the amount of fundraising provided by Havilah external catering service. This service provides catering for events such as birthdays, parties and funerals.



**ALL HAVILAH SITES ARE NON SMOKING
SITES. PLEASE RESPECT THIS FOR THE
SAFETY OF RESIDENTS AND STAFF.**



**Don't forget to check
your Activities Calendar
located on the back of
your door for other daily
activities**

GREAT THINGS TO DO IN MAY

HAPPY HOUR EACH FRIDAY 4.30—5.30pm

Live entertainment in main Dining Room.

Happy Hour activities continue at Heath House



CHURCH SERVICES – all Services begin at 10.30 am

Wed 6th

Uniting Church

Wed 13th

Salvation Army

Wed 20th

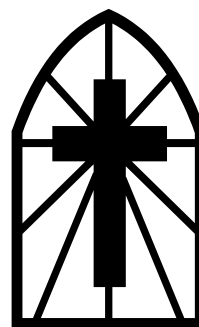
Wattle City Church

Tue 26th

Anglican Church

Wed 27th

Catholic Church and sing-a-long morning



SPECIAL EVENTS

Sat 9th

Family Day Lunch

Sun 10th

Mother's Day Lunch

Tues 12th

Games Evening 6.30—7.30pm Activities/Bingo Room
followed by supper.

Sat 23st

Special Bingo 1.30pm

Sudoku, Quiz and Crossword Solutions from page 6

6	5	1	2	3	7	8	4	9
3	8	4	1	6	9	2	7	5
2	7	9	8	4	5	3	6	1
5	6	7	4	9	8	1	2	3
8	1	3	7	2	6	9	5	4
4	9	2	5	1	3	6	8	7
1	4	6	9	7	2	5	3	8
9	3	8	6	5	4	7	1	2
7	2	5	3	8	1	4	9	6

A	P	R	E	V	A	L	E	N	T
M	G	R	C	E					
O	P	E	R	A	T	U	N	E	S
R	U	M	X	A	P				
A	C	Q	U	I	R	E	G	N	U
E	V	E	T	A	N	T	R	U	M
P	T	E	O	R	A				
O	V	O	I	D	I	N	A	N	E
C	R	A	N						
S	A	G	A	C	I	O	U	S	D

MOVIE QUIZ

ANSWERS:

- 1b. Johnny Depp
- 2a. John Huston
- 3b. Neo
- 4b. Brad Pitt
- 5a. Rise of the Ma-
- chines
- 6b. Vin Diesel
- 7b. Nick Nolte
- 8b. Bruce Willis
- 9b. Henry Fonda
- 10b. Nicole Kidman

Hub-Word: GLADIATOR

Some other words of five let-
ters or more containing the
hub letter R:

- agora, altar, aorta, argal, argot,
- aroid, artal, atria, goral, grail,
- chines
- laird (Scott), largo, radio, rata,
- ratio, riata, taira, tiara, trail,
- triad, trial,
- adroit, aortal, argall, atrial, lari-
- at, latria, radial, tailor.

WEEKLY ACTIVITIES

BUS TRIPS – Mondays and Fridays

Wednesdays Heath House



Nail Pedicure Pampers - Monday mornings

Foot Spas - Monday and Thursday mornings each week

BINGO at 1.45pm every Monday, Tuesday, Thursday & Friday (Callistemon Activities Room)



INDOOR BOWLS - Wednesdays 1.30pm

(Main Dining Room)



SPECIAL MORNING TEA - Tuesdays 10.00am (Main Dining Room)

HAPPY HOUR EACH FRIDAY at 4.30 PM



TUESDAY - Street Walk 1.30pm

Afternoon Cards 3.15 pm

WEDNESDAY - Strength exercises 11.15am

Cooking classes 3.15pm

THURSDAY - Craft Group 3.15pm

FRIDAY - Video in Lounge 3.15pm

SATURDAY - **Heath House “CAFÉ” 3.00pm**

Yummy Afternoon Tea;

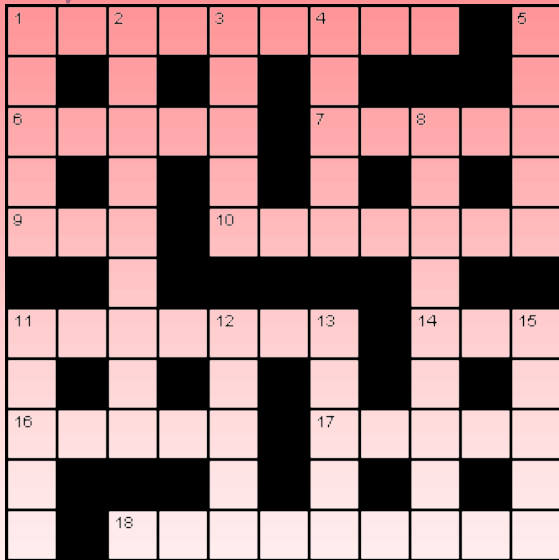
Milk Shakes; Iced Coffee

SUNDAY - Devonshire Afternoon Tea



COOKED BREAKFAST 1st Monday of Each Month

Mind Games

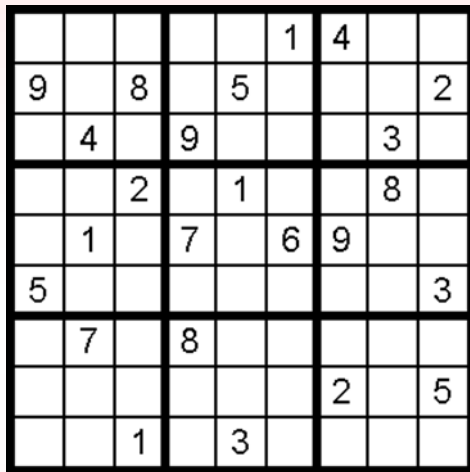


Across

1. Perspicacious (9)
6. Egg-shaped object (5)
7. Vacuous (5)
9. The night before (3)
10. Display of bad temper (7)
11. Get (7)
14. Large antelope (3)
16. Musical drama (5)
17. Melodies (5)
18. Rife (9)

Down

1. Range (5)
2. Monstrous (9)
3. Trainee (5)
4. Vegetable (5)
5. Cherished desire (5)
8. Hubris (9)
11. Fragrance (5)
12. Picture (5)
13. Minor actor in a crowd scene (5)
15. Distressed (5)



MOVIE QUIZ

Who starred in the 2003 movie, *Pirates of the Caribbean*?

a. Matt Damon b. Johnny Depp

2. Who directed the 1940 classic, *The Treasure of the Sierra Madre*?

a. John Huston b. Walter Huston

3. What character did Keanu Reeves play in the 1999 movie, *The Matrix*?

a. Leo b. Neo

4. Who was Tyler Durden in the 1999 movie, *Fight Club*?

a. Kevin Spacey b. Brad Pitt

5. What was the subtitle of *Terminator 3*?

a. Rise of the Machines b. Rise of the Robots

6. Who was Pvt. Adrian Caparzo in the 1998 movie, *Saving Private Ryan*?

a. Tom Hanks b. Vin Diesel

7. Who played the part of the father in the 2003 movie, *Hulk*?

a. Sean Connery b. Nick Nolte

8. Who was Malcolm Crowe in the 1998 movie, *The Sixth Sense*?

a. Bruce Willis b. Harrison Ford

9. Which actor starred in the 1940 classic, *The Grapes of Wrath*?

a. Gary Cooper b. Henry Fonda

10. Who starred in the 2001 movie, *The Others*?

a. Sigourney Weaver b. Nicole Kidman

HUB WORDS

How many words can you make from the letters in the wheel? Each word must contain the hub letter **R**. Can you find a 9-letter word and at least 15 other words of four letters or more avoiding proper nouns?



Solutions can be found on page 4.

CONTACTING STAFF

You can contact staff by using your **room phone**

In the main building Ring 370 between 7am and 11 pm; or 367 between 11 pm and 7 am

In Heath House Ring 626. In Melaleuca House Ring 627.

The call system is for emergency calls so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed in the lounge areas at Heath House to provide greater accessibility to staff for families. Please make use of these 'phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Heath House** please call **54617481**, if there is no answer on this number the call will be diverted to staff on the floor.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Melaleuca House** please call the nurses station on **54617486**, if there is no answer the call will be diverted to staff on the floor.

For all other areas of Havilah dial 54617300 and follow the prompts.

COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Care (RN1)** 54 617489 or internal dial 489. Email dave.burridge@havilah.org.au

The RN Nursing Supervisor can be contacted on 54617394 or by internal dial 394.

Heath House **Team Leader Patricia Boyd or Lesley Mackey**. 54 617461 or Internal Dial 461

You can also contact: **CEO Barb Duffin** 54 617381 Internal Dial 381 Mobile 0429 617380

email: barbceo@havilah.org.au or **Director of Human Services Annie Constable**

54 617383 Internal Dial 383 email: dhs@havilah.org.au.

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

GENERAL ENQUIRIES

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: rhonda.treloar@havilah.org.au or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

Residents can contact Rhonda simply by pressing the numbers 387 on room telephones.

ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries



HAV'A LAUGH



An obnoxious drunk stumbles into the front door of a bar and orders a drink, the bartender says, "No way, buddy, you're too drunk." A few minutes later, the drunk comes in though the bathroom. Again he slurs, "Give me a drink," and the bartender says, "No, man, I told you last time, you're too drunk" Five minutes later the guy comes in though the back door and orders a drink, again the bartender says, "You're too drunk" The drunk scratches his head and says "Dang, I must be. The last two places said the same thing."

A cab driver reaches the pearly gates. St. Peter looks him up in his Big Book and tells him to pick up a gold staff and a silk robe and proceed into Heaven. Next in line is a preacher. St. Peter looks him up in his Big Book, furrows his brow and says, "OK, we'll let you in, but take that cloth robe and wooden staff." The preacher is shocked and replies, "But I am a man of the cloth. You gave that cab driver a gold staff and a silk robe. Surely I rate higher than a cabbie!" St. Peter responds matter-of-factly, "This is Heaven and up here, we are interested in results. When you preached, people slept. When the cabbie drove his taxi, people prayed."

HAPPY MOTHER'S DAY TO ALL OUR MUMS



Two hunters are out in the woods when one of them collapses. He doesn't seem to be breathing and his eyes are glazed. The other guy whips out his phone and calls the emergency services. He gasps, "My friend is dead! What can I do?" The operator says "Calm down. I can help. First, let's make sure he's dead." There is a silence, then a gun shot is heard. Back on the phone, the guy says "OK, now what?"

One small
POSITIVE THOUGHT
in the morning
can change your
whole day.