

Please contact Jenni on 5461 7387 or email jenni.dellavedova@havilah.org.au if you would like your Havachat sent via email

HAVILAH WEBSITE:
www.havilah.org.au

Issued 6th July 2015

HAVACHAT



HAVILAH 20th BIRTHDAY CELEBRATIONS



Resident Meeting—Monday 13th July —1.15 pm in Callistemon Activities Room

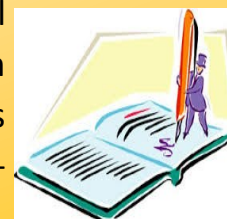
Resident Meeting Heath House—Monday 20th July — 2.00 pm Heath House

THESE MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES



VISITORS SIGN IN/OUT BOOKS

Just a reminder: We now have Visitor Books located at the main entries to the Havilah buildings. All visitors are required to sign in when entering Havilah and to sign out when leaving. Your assistance with this is appreciated. The Resident Books are still to be completed when residents leave and return. Please note also that an area is to be added to both books to record food either you or your visitors bring in. This in no way limits family bringing in special treats but does provide a record for us in the event of a salmonella outbreak or the like.



In the meantime please advise the kitchen when you bring food into the facility.

CONGRATULATIONS TO ALL OUR WINNERS IN THE HAVILAH MAJOR RAFFLE

1ST Prize \$10,000 Goods/Services Retailer/s of choice - RAM Syndicate (Raeleen, Alma and Maree Brooker)

2nd Prize \$5,000 Goods/Services Retailer/s of choice - Andrew Currie

OUR \$500 PRIZE WINNERS :

Draw 1: The Shire Girls

Draw 3: Sophie Bell

Draw 5: Geoff Wright

Draw 7: Kai Lohmann

Draw 9: Heather Johnson

Draw 2: Karen Cain

Draw 4: MEC Admin Staff

Draw 6: Robyn & Noel Jennings

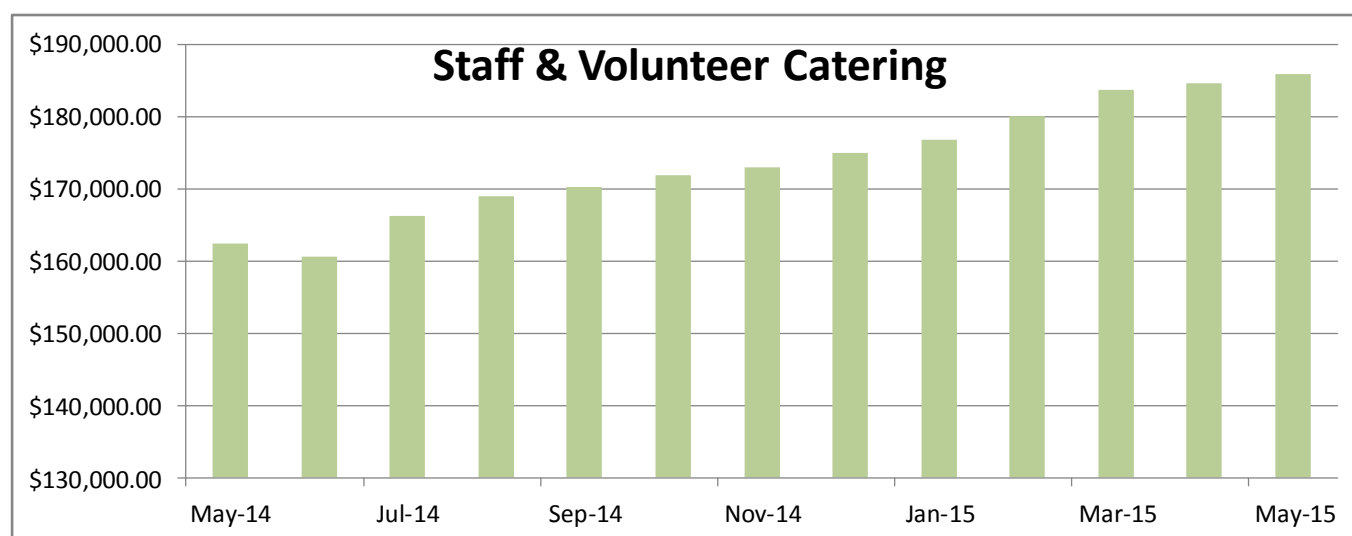
Draw 8: R & C Forster

Draw 10: Peter and Julie Winzar

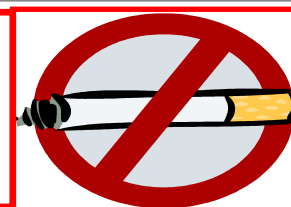


Thank you to all those who purchased tickets in this years raffle.

This table shows the amount of fundraising provided by Havilah volunteer catering group from their efforts of catering for events such as birthdays, parties and funerals.



**ALL HAVILAH SITES ARE NON SMOKING
SITES. PLEASE RESPECT THIS FOR THE
SAFETY OF RESIDENTS AND STAFF.**



RESIDENT SURVEYS - May2015

Residents surveyed: 44 at Harkness and 18 at Raglan = 62

100% of residents surveys said they are satisfied with the size of their meals.

100% said they enjoy attending Happy Hour.

99% of residents surveyed said they enjoy reading the residents newsletter each month.

100% said they are able to access staff if they need someone.

Hi from the desk of the Director of Care,

The cold weather has set in, the frosts are appearing regularly and the temperature has taken a dive. This means the flu season is well and truly upon us, and has started to take its toll so for family and friends visiting residents at Havilah please be aware of the susceptibility of our residents. Residents have been vaccinated for the known viruses but if you are feeling unwell, sneezing, coughing or feel like you have the flu please consider the need to visit, it may be better to put off the visit for a few days.

With Havilah's commitment to quality improvement in all areas of aged care a reminder that your comments are sort and welcomed. Without them we are not aware of concerns that residents and families have. We have forms to fill out at the main entrances and letter boxes to post them. Any correspondence in writing is actioned and the quality circle is started, actioned, evaluated and feedback given of the results and improvements made. On a lighter note the footy season is all over the place. My spot on the tipping ladder goes up then down but the mighty pies are playing out of their skins, "Go The Pies"

Dave

ANNIE'S FAREWELL

It was with mixed feelings that we farewelled Director of Human Services Annie Constable last week. A feeling of sadness to see her go, and yet happiness and pride in her achievement of her new position as CEO at Asteria Services. Annie has been associated with Havilah either as a Board Member or on Staff since its establishment in 1995 and we will certainly miss having her around. Board Vice President Craig Bell presented Annie with an IPAD from all at Havilah at a function at Peppas on Wednesday night. Board Member Robyn Jennings provided beautiful table decorations for the evening.

At the staff farewell held at Carolines on Friday night, Annie was thrilled to receive a gift of diamond ear rings from staff

RN Kelsey Hooper has been promoted to the Director of Human Services position. Please do not hesitate to contact Kelsey as you would have Annie. Her number is 54617383 or internal dial 383.

RESIDENT MASSEUR

Havilah have their own Resident masseurs who is available for massages at a cost of \$30 per session. If you would like to enquire about booking a session please contact Sue on 54617390. Limited places are available.

**Don't forget to check
your Activities Calendar
located on the back of
your door for other daily
activities**

GREAT THINGS TO DO IN JULY

HAPPY HOUR EACH FRIDAY 4.30—5.30pm

Live entertainment in main Dining Room.

Happy Hour activities continue at Heath House



CHURCH SERVICES – all Services begin at 10.30 am

Wed 1st

Uniting Church

Wed 8th

Salvation Army

Wed 15th

Wattle City Church

Wed 22nd

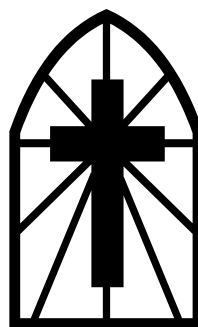
Catholic Church

Tue 28th

Anglican Church

Wed 29th

No Church



SPECIAL EVENTS

Sat 4th

Special Bingo 1.30pm

Sat 18th

Special Bingo 1.30pm



Sudoku, Quiz and Crossword Solutions from page 7

3	4	9	6	1	5	2	7	8
2	8	1	7	3	4	5	6	9
7	6	5	2	8	9	3	4	1
1	7	3	5	4	6	9	8	2
8	5	2	9	7	3	6	1	4
4	9	6	8	2	1	7	3	5
5	2	7	1	6	8	4	9	3
9	1	4	3	5	7	8	2	6
6	3	8	4	9	2	1	5	7

A	D	A	G	E		E	N	V	Y
C		O		C		R		N	
I	N	C	O	G	N	I	T	O	I
X		A		P		C		T	
O	M	E	N	L	O	G	I	C	
T		N		E	T	N		H	
C	U	R	V	E		A	U	N	T
O		T		A		E		O	
R		P	A	R	O	C	H	I	A
E		E	B	B		A		E	S
Z	I	N	C	A	P	P	L	E	

MOVIE QUIZ ANSWERS

- Some other words of four letters or more containing the hub letter R:
- 1b. Quentin Tarantino
 - 2a. Nicole Kidman
 - 3b. Raymond Babbitt
 - 4b. Sean Connery
 - 5a. George Clooney
 - 6b. Russell Crowe
 - 7a. Jude Law
 - 8b. Will Smith
 - 9b. Kevin Costner
 - 10b. Clint Eastwood
- bat, carioca.
tara, aortic, rabato, acro-
ratio, rata, tabor, taira,
cobra, orbit, raita,
bract, carat, carob, circa,
abort, actor, aorta, atria,
rota, taro, tori, trio,
cart, coir, crab, crib, riot,
airt, aria, boar, brat, brit,
the hub letter R:

Hub Word—ACROBATIC

WEEKLY ACTIVITIES

BUS TRIPS – Mondays and Fridays

Wednesdays Heath House



Nail Pedicure Pampers - Monday mornings

Foot Spas - Monday and Thursday mornings each week

BINGO at 1.45pm every Monday, Tuesday, Thursday & Friday (Callistemon Activities Room)



INDOOR BOWLS - Wednesdays 1.30pm
(Correa Lounge)



SPECIAL MORNING TEA - Tuesdays 10.00am (Main Dining Room)

HAPPY HOUR EACH FRIDAY at 4.30 PM



TUESDAY - Street Walk 1.30pm

Afternoon Cards 3.15 pm

WEDNESDAY - Strength exercises 11.15am

Cooking classes 3.15pm

THURSDAY - Craft Group 3.15pm

FRIDAY - Video in Lounge 3.15pm

SATURDAY - **Heath House “CAFÉ” 3.00pm**

Yummy Afternoon Tea;

Milk Shakes; Iced Coffee

SUNDAY - Devonshire Afternoon Tea



COOKED BREAKFAST 1st Monday of Each Month

Mind Games

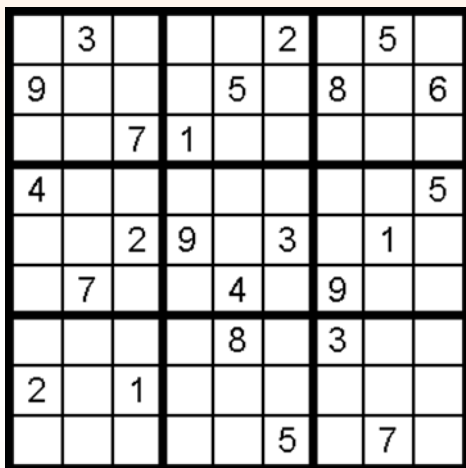


Across

1. Metallic element (4)
3. Fruit (5)
8. Insular (9)
9. Bend (5)
10. Female relative (4)
14. Portent (4)
15. System of reasoning (5)
18. With identity concealed (9)
20. Proverb (5)
21. Jealousy (4)

Down

1. Nothing (4)
2. Roman counterpart of Greek Poseidon (7)
4. Step (4)
5. Garland (3)
6. Courageous (5)
7. Arboreal mammal (5)
11. Imaginary creature (7)
12. Poisonous (5)
13. Subject (5)
16. Highly excited (4)
17. Diminutive (4)
19. Type of fish (3)



HUB WORDS

How many words can you make from the letters in the wheel? Each word must contain the hub letter **R**. Can you find a 9-letter word and at least 20 other words of four letters or more avoiding proper nouns?



MOVIE QUIZ

Who directed the 2003 movie, *Kill Bill*?

- a. Ron Howard b. Quentin Tarantino

2. Who played Virginia Woolf in the 2002 movie, *The Hours*?

- a. Nicole Kidman b. Meryl Streep

3. Which character was played by Dustin Hoffman in the 1988 movie, *Rain Man*?

- a. Charlie Nesbitt b. Raymond Babbitt

4. Which actor starred in the 2003 movie, *The League of Extraordinary Gentlemen*?

- a. Kevin Spacey b. Sean Connery

5. Who was Miles Massey in the 2003 movie, *Intolerable Cruelty*?

- a. George Clooney b. Tom Cruise

6. Who was John Nash in the 2001 movie, *A Beautiful Mind*?

- a. Ed Harris b. Russell Crowe

7. Who played the part of Errol Flynn in the 2004 movie, *The Aviator*?

- a. Jude Law b. Johnny Depp

8. Who starred in the 2001 movie, *Ali*?

- a. Eddie Murphy b. Will Smith

9. Who was John Dunbar in the 1990 movie, *Dances with Wolves*?

- a. Tom Hanks b. Kevin Costner

10. Who directed the 2003 movie, *Mystic River*?

- a. Robert Redford b. Clint Eastwood



Solutions can be found on page 5.

CONTACTING STAFF

You can contact staff by using your **room phone**

In the main building Ring 370 between 7am and 11 pm; or 367 between 11 pm and 7 am

In Heath House Ring 626. In Melaleuca House Ring 627.

The call system is for emergency calls so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed in the lounge areas at Heath House to provide greater accessibility to staff for families. Please make use of these 'phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Heath House** please call **54617481**, if there is no answer on this number the call will be diverted to staff on the floor.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Melaleuca House** please call the nurses station on **54617465**, if there is no answer the call will be diverted to staff on the floor.

For all other areas of Havilah dial 54617300 and follow the prompts.

COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Care (RN1)** 54 617489 or internal dial 489. Email dave.burridge@havilah.org.au

The RN Nursing Supervisor can be contacted on 54617394 or by internal dial 394.

Heath House **Team Leader Patricia Boyd or Lesley Mackey**. 54 617461 or Internal Dial 461

You can also contact: **CEO Barb Duffin** 54 617381 Internal Dial 381 Mobile 0429 617380

email: barbceo@havilah.org.au or **Director of Human Services Kelsey Hooper**

54 617383 Internal Dial 383 email: dhs@havilah.org.au.

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

GENERAL ENQUIRIES

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: mail@havilah.org.au or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

Residents can contact Rhonda simply by pressing the numbers 387 on room telephones.

ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries



HAV'A LAUGH



Two brothers have a farm. They have just lost their bull. The brothers need to buy another, but only have \$500. One brother said to the other, "I will go to the market and see if I can find one for under that amount. If I can, I will send you a telegram." He goes to the market and finds one for \$499. Having only one dollar left, he goes to the telegraph office and finds out that it costs one dollar per word. He is stumped on

how to tell his brother to bring the truck and trailer.

Finally, he tells the telegraph operator to send the word "comfortable."

Skeptical, the operator asks, "How will he know to come with the trailer from just that word?" The farmer replies, "Well my brother, he reads slow: 'Come for ta bull.'"

Bob: "Gor blimey, I just fell off a 50 ft ladder."

Jim: "Wow, are you okay?"

Bob: "Yeah it's a good thing I fell off the first step."

A bank robber pulls out a gun, points it at the teller and says, "Give me all the money or you're geography!" The puzzled teller replies, "Did you mean to say 'or you're history?'"

The robber says, "Don't change the subject!"

If the right side of the brain controls the left side of the body, then lefties are the only ones in their right mind.

A Spanish captain was walking on his ship when a soldier rushes to him and exclaims, "An enemy ship is approaching us!" The captain replies calmly, "Go get my red shirt." The soldier gets the shirt for the captain. The enemy ship comes in and heavy rounds of fire are exchanged. Finally, the Spaniards win. The soldier asks, "Congrats sir, but why the red shirt?" The captain replies, "If I got injured, my blood shouldn't be seen, as I didn't want my men to lose hope." Just then, another soldier runs up and says, "Sir, we just spotted another twenty enemy ships!" The captain calmly replies, "Go bring my yellow pants."



HAVACHAT

RETIREMENT LIVING ACTIVITIES

Please contact Keith Fankhauser for Havilah on Palmerston and Raglan House Phone: 5459 0169 Mobile: 0408 774 715

Email: keith.fankhauser@havilah.org.au

OR Sue Edmondson 54617390 for Harkness Street

MOVIE NIGHT	1st Monday of each month at 7.00 pm Havilah on Palmerston Community Centre (enter through Raglan House)
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CARDS (500)	3rd Thursday of each month at 7.00 pm Raglan House
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INDOOR BOWLS	Each Friday at 10 am Raglan House
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GAMES NIGHT	3rd Tuesday each month at 7 pm Harkness Street
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CARDS (Show Poker)	Each Wednesday 11.15 am in Callistemon House
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STRENGTH EXERCISES	Each Wednesday 11.15 am In Callistemon House
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HAPPY HOUR	Each Friday at 5.00 pm in the Lounge at Harkness
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Harkness Retirement Residents have access to HAIRDRESSING and MEALS at both sites and FOOTCARE and PODIATRY at the Harkness Street site.

Please contact Raeleen or Rhonda if you would like to make use of any of these services.

We are happy to facilitate activities and recreation programs that you are interested in. Please contact Raeleen if you would like to be part of a Social Committee.