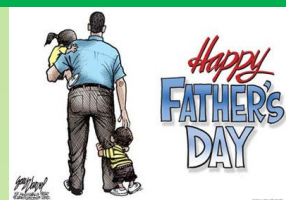


ISSUED  
August  
2016

# HOP TOPICS



## HAPPY FATHERS DAY TO ALL THE DADS



### Dental Team visit to Havilah



On Wednesday 3rd August, Havilah was visited by a Dental Team. This day was well attended and everyone no matter the age learnt something new. For example, did you know you can get special mousse for your teeth. It helps restore the enamel. Who would have guessed?

## **OPERATION CHRISTMAS CHILD**

Residents that wish to can Knit Dolls, Beanies & other items to love, these items can be added to the care boxes on our packing day.

Fund raising that has taken place will allow items to be purchased to be added.

Packing day will be 14th September. All residents that can come on that day will be welcomed.



## **RECIPE OF THE MONTH**

### **Chocolate Peppermint Roll(s).**

1 Packet Chocolate Ripple biscuits

3/4 tin sweetened condensed milk (I usually put the whole tin in)

1 packet XXXX peppermints

1 tablespoon coconut.

Crush biscuits & peppermints (I usually do this in a blender or food processor for convenience)

Mix all ingredients together and make into logs. I usually do this on foil.  
Refrigerate.

Usually makes 4 logs depending of thickness.

Slice and serve with coffee or tea or as a treat.

Keeps for months in the refrigerator. That is if it lasts that long.



## CALLING ALL KNITTERS

If knitting jumpers, baby clothes etc is becoming not for you and you want to keep exercising your hands here is opportunity for you.

The Anglican Church has joined with Havilah residents to knit squares to be made into rugs for the needy. These squares will be joined to make a suitable size rug.

Here are two patterns that will be suitable for the rugs. Can you help?

### Pattern 1

Start with 1 stitch. Increase 1 every row.

When you get to 70 stitches, decrease by 1 every row until finished.

### Pattern 2

Cast on 70 stitches Plain knit

10 X 10 inch square (25.5 cm)

### **THINGS YOUR MOTHER USED TO SAY!!**

Eat it or go hungry

A lady never chews with her mouth open

Wait till you get children of your own

Life isn't fair.

And how many times did you say them to your children



## **AFL 2016 SEASON FOOTY TIPPING COMPETITION**



*The football season is drawing to a close and the finals will be starting next month. But more important to everyone at Havilah is "Who will win the tipping contest"*

*How the fortunes of the clubs have influenced the results here is amazing. There have been many ups and downs, but we have some very clever tipppers. Watch this space for the winners!*

*At the moment we have a tie for first with Dorrie Duffin and Ern Western in the lead with Roma Smart in the second position and a 3 way tie for third with Audrey Story, Dorothy Sharp, and Elma Taylor.*

## PODIATRY SERVICE

Director of Service for Havilah on Palmerston, Cleeta Roughead is inviting all Independent residents with the need for Podiatry treatment, to contact her on 5459 0154 during business hours Monday to Friday 9.00am to 4.00pm if they would like to receive treatment onsite in Room 5 of the Community Centre.

Havilah will engage the services of Catlyn Little from Ballarat Podiatry for the Foot-Care service.

The anticipated cost per consultation will be \$40.00.



## HAVILAH ON PALMERSTON SPEED LIMIT 10KM

There has been reports from residents that they have seen cars and vehicles speeding and driving in an unsafe manner within the HOP development. Havilah ask that residents immediately report incidents they witness to Police, if possible record the registration number of the offending vehicle.

There has also been reports of residents and the general public travelling at high speed around blind corners and in populated areas of HOP on their Gophers. (Personal Mobility Devices) Havilah urges all residents to act in a safe and thoughtful manner to ensure the health and safety of all residents and the public. **Prevention is always better than a cure.**

## EMAIL

**Havilah request that residents who have an email address to please contact Residents Liaison Officer Keith preferably by email.**

**Havilah can add then add you to our emailing contacts list.**

**Please send an email to [keithf@havilah.org.au](mailto:keithf@havilah.org.au)**

**Email is a fantastic way for Havilah to communicate with residents.**

**Email is instant, fast and an effective way to keep residents informed.**



## Emergency Procedure

Call 000 to report any incidents to Police of Vandalism, Violence, Loitering or any Anti-Social behaviour. Please use the same procedure for Medical Emergency or Fire Emergency. Then when safe to do so report the Incident to Havilah and we can provide assistance if required.



## CHANGE TO BOOKING / ORDERING A MEAL

Havilah wishes to advise all resident to a change in the procedure for ordering a meal from the Havilah kitchen.

1. Residents **MUST** call the Kitchen 5459 0180, between 8.00am - 5 p.m. and make a selection from the menu for the required meal service.

This new procedure will enable the Chef to prepare the required amount of portions from the 2 selections available on the menu.



## STOP PRESS

**Maryborough Wings and Wheels** Saturday 24th – Sunday 25th of September, at the Maryborough Aerodrome. Extensive program with lots of things to do and see. Visit [www.wingsandwheels.net.au](http://www.wingsandwheels.net.au) for further information.

## RESIDENT LIFESTYLE COMMITTEE

The Resident Lifestyle Committee is asking all residents of the Havilah on Palmerston Community for an expressions of interest in being part of Activities Lifestyle Committee.

We invite you to come along and express any great ideas you may have for an activity or an outing, which you think everyone will enjoy.

**WE INVITE YOU TO COME ALONG AND  
GET INVOLVED IN YOUR COMMUNITY**

**HELP PLAN ACTIVITES AND PARTICIPATE**

L

## What's On & Events

### Contact Numbers For Palmerston St

Community Centre  
MON-FRI

9AM-12 NOON

Reception: 5459 0140

### Contact Numbers For Harkness St

MON-FRI

9AM-4PM

Reception: 5461 7387

MON-FRI

5PM-11PM 54 617394

54 617370

11PM-9AM 54 617367

SAT-SUN

9AM-11PM 54 617370

11PM-9AM 54 617367



- ♦ **Residents Meeting & Lifestyle Committee Meeting**  
will be Combined 20th October 2016 at 2.45pm in the Community Centre in Room 7 (Coffee & Chat immediately after the meeting)
- ♦ **HAPPY HOUR**  
Every Friday night in the Community Centre Function Room commencing at 5.00pm entertainment, finger food & drinks.
- ♦ **MORNING TEA**  
The Anglican Carers Group invite you to Morning Tea on the 15th September from 9.30 a.m. onwards in the ChurchHall. For further information phone Edna Jarvis 54614080
- ♦ **MARYBOROUGH MENS SHED**  
Meets Tuesday and Thursday mornings at 9 a.m at its shed at 42a Newton St. Maryborough. New members welcomed and for information contact 0417365642
- ♦ **MARYBOROUGH BRANCH OF THE CWA.**  
Meets at the Maryborough School House in Gillies St. Group meets 2nd Tuesday of the month Craft is held at 10 a.m. followed by a general meeting at 1.30 p.m. New members most welcome. Contact Shirley on 5461 1657 or Rachel on 0419125459
- ♦ **STRENGTH EXERCISES AND FALLS PREVENTION**  
Every Monday at 2.30 Raglan House Ground floor
- ♦ **BINGO**  
Every week day 1.30 P.M. Ground Floor Raglan House
- ♦ **CHAIROBICS**  
2.30 P.M. Tuesday & Fridays Ground Floor Raglan House
- ♦ **CRAFT FAIR** Advanced Notice  
“Christmas is Coming” presented by Maryborough Craft Shop Inc. At the Maryborough Information Centre Cnr Alma & Nolan Streets on October 5th—7th **OCTOBER.** 9 a.m.—5 p.m. Local hand gifts, Xmas cards and decorations, **Free Entry.**



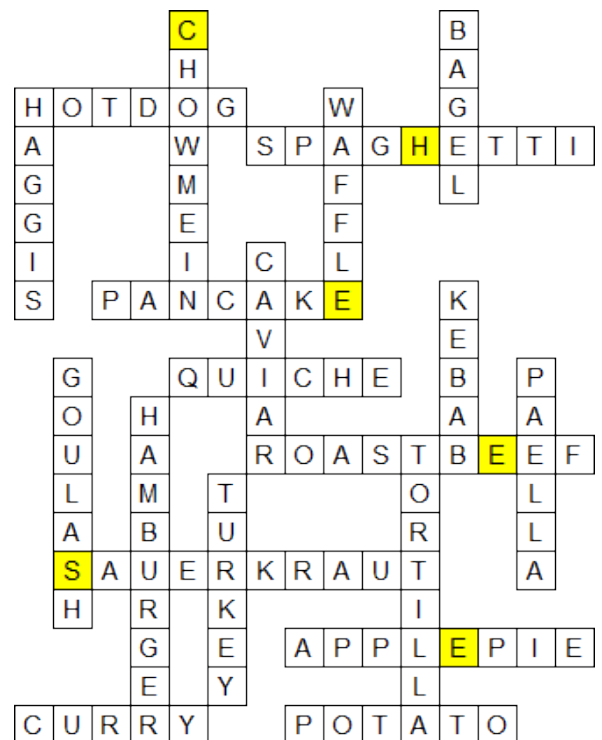
# HOP CHURCH SERVICES



- ♦ **Uniting Church** - 1st Wednesday of the month at 2.45pm.  
Room 7 of the Community Centre
- ♦ **Anglican Church** - 2nd Thursday of the month at 10.30am  
Room 7 of the Community Centre
- ♦ **SALVATION ARMY CHURCH** - 4th Wednesday each  
Month 2.45pm

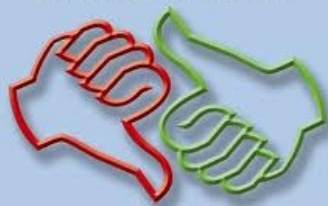


## CRISS CROSS SOLUTION NO.16



Word of the Month. **‘Geoponics’** The art or Science of Agriculture

## COMPLAINTS COMMENTS COMPLIMENTS



## Suggestions



## COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF THE COMMUNITY CENTRE AND RAGLAN HOUSE

Residents are encouraged to communicate any issues they may have. There is **CEO Barb Duffin** 5461 7381 Mobile 0429 617380 email: [barbceo@havilah.org.au](mailto:barbceo@havilah.org.au)

**Director of Human Services Kelsey Hooper** 54 617383 email: [dhs@havilah.org.au](mailto:dhs@havilah.org.au)

**Resident Liaison Officer Keith Fankhauser** 5459 0169 or 0408 774 715 email: [keithf@havilah.org.au](mailto:keithf@havilah.org.au)

Havilah respects the right of residents to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

### GENERAL ENQUIRIES

For any general enquiries: Residents can contact Havilah 24 hours a day, 7 days a week on Email: [rhonda@havilah.org.au](mailto:rhonda@havilah.org.au) or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

### PALMERSTON ST ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—12.00 pm for account payments and enquiries

### HARKNESS ST ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries

## Home Maintenance Reporting

Residents are requested to report all maintenance issues to the HOP Office located in the Community Centre which is open from Monday to Friday between 9.00am & 12 noon for residents to phone on 54590140 or call in.

If residents need to make contact during business hours after 12.00pm you can now call Rhonda on 5461 7387 and she can assist residents with all enquiries. Please leave a message on her phone if unavailable.

Alternatively residents can email any issues to [palmerston@havilah.org.au](mailto:palmerston@havilah.org.au)

Residents are still welcome to call Stuart outside business hours with any urgent maintenance issues 0417 679 803





## JUSTICE OF THE PEACE

There are 2 Justice's of the peace living in the Havilah On Palmerston Community.

If residents require their assistance your are welcome to contact them during business hours to arrange their services.



Contact Details: Bob Osborne Phone: 5461 2709 Mobile: 0409 189 681

Email: [bobosborne8@iprimus.com](mailto:bobosborne8@iprimus.com)

(Currently Away) Terry Simpson Mobile. 0419 737 837

Email: [terryhsimpson@gmail.com](mailto:terryhsimpson@gmail.com)

### USING EMAIL TO CONVERSE WITH OUR MANAGEMENT TEAM

Sometimes it is out of hours when you think of things you might like to raise with us . For those with email access you can have a conversation by email with our management team.

Chief Executive

Food Services Manger

Director of Human Services

Resident Liaison Officer

Barb Duffin

Di Jackson

Kelsey Hooper

Keith Fankhauser

[barbceo@havilah.org.au](mailto:barbceo@havilah.org.au)

[di.jackson@havilah.org.au](mailto:di.jackson@havilah.org.au)

[dhs@havilah.org.au](mailto:dhs@havilah.org.au)

[keithf@havilah.org.au](mailto:keithf@havilah.org.au)

### EFTPOS

For the convenience of ILU residents, there is EFTPOS facilities located at the reception in the Community Centre for payment of Accounts.



## MEDICATIONS AND VALUABLES

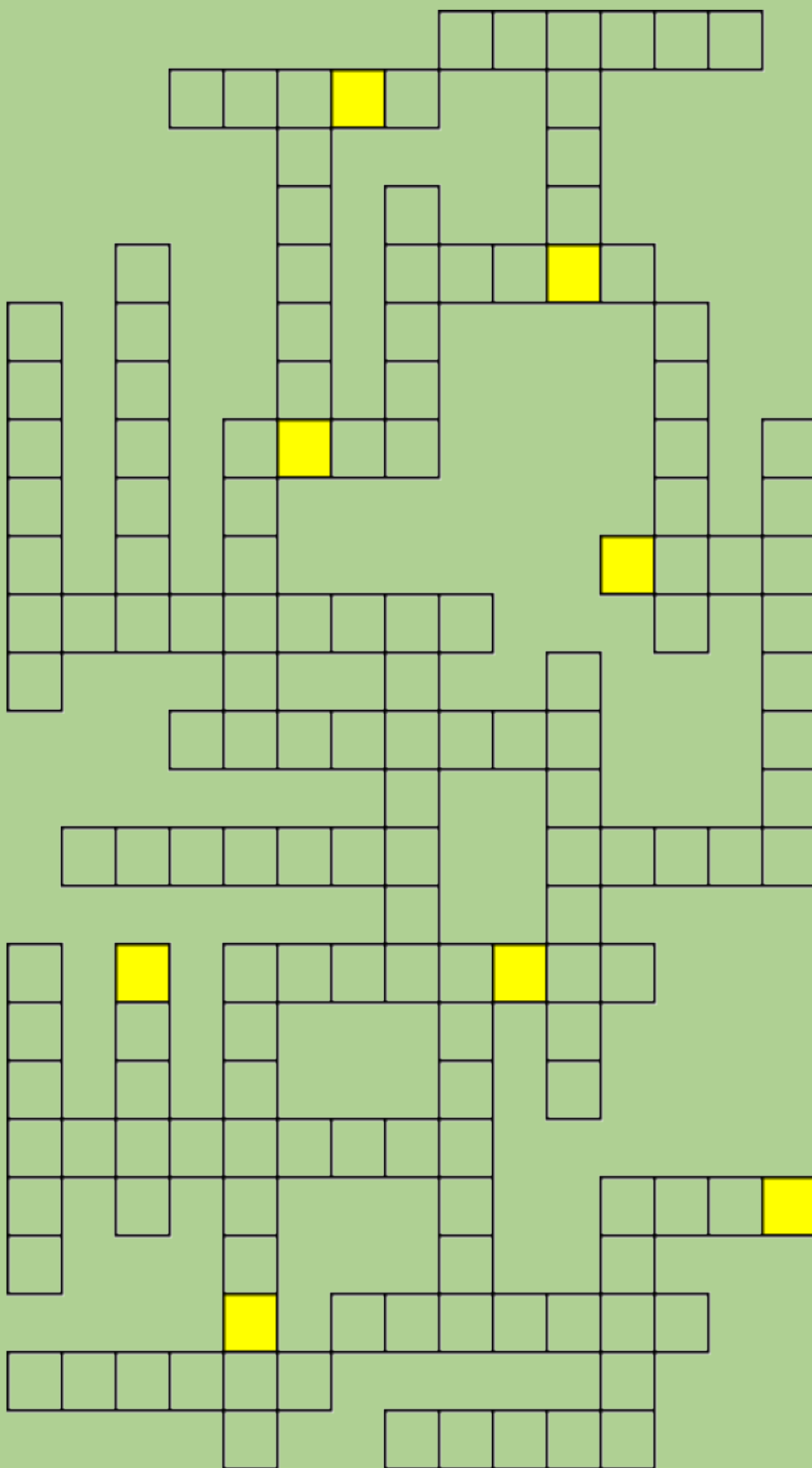
Please make sure that your valuables and medications are locked up in your 'locked drawer'. Also if you go out make sure your door is locked so your precious items in your unit is safe



## CRISS CROSS NO.24

Can you fit the words correctly into the grid?

The letters in the yellow boxes will spell out another word.



4 letters

BEAR  
LION  
PUMA

5 letters

CAMEL  
EAGLE  
GECKO  
HYENA  
LEMUR  
LLAMA  
TIGER  
ZEBRA

6 letters

BABOON  
JACKAL  
PARROT  
WALRUS  
WOMBAT

7 letters

BUFFALO  
CHEETAH  
GAZELLE  
GORILLA  
LEOPARD  
OSTRICH  
VULTURE

8 letters

AARDVARK  
ANACONDA  
FLAMINGO  
KANGAROO

9 letters

ALLIGATOR  
BANDICOOT  
CROCODILE

## WORD SEARCH - CIRCUS

B	S	R	E	G	I	T	R	Z	T	E	S	K	O	C	R	E
E	P	O	R	T	H	G	I	T	V	D	S	P	R	I	C	S
V	T	R	A	P	E	Z	E	V	N	G	G	G	O	M	V	G
B	M	V	U	N	V	O	Y	A	A	N	O	G	I	O	V	N
I	A	P	A	R	B	P	B	V	C	V	D	U	T	C	H	I
H	N	J	L	U	H	A	J	M	D	L	S	V	N	E	V	R
O	I	U	P	V	D	L	L	S	U	T	O	R	C	T	I	D
R	M	G	R	W	Q	I	E	A	N	S	G	W	A	V	V	P
S	A	G	S	V	T	M	E	A	N	W	I	B	N	O	U	O
E	L	L	D	W	U	E	H	N	R	C	O	C	V	S	S	T
S	S	E	I	T	I	P	N	P	C	R	E	A	W	V	N	G
L	R	R	S	D	E	N	Z	T	C	E	R	E	B	R	O	I
A	V	O	J	L	L	G	G	A	G	A	N	E	R	A	I	B
T	C	E	E	V	R	E	T	A	E	E	R	I	F	T	L	T
E	D	A	R	A	P	R	E	T	S	A	M	G	N	I	R	L
V	T	E	N	Y	T	E	F	A	S	G	B	H	I	E	N	A
W	O	H	S	E	D	I	S	N	A	M	G	N	O	R	T	S

BAND, BIG TOP, CLOWNS, COSTUMES, DOGS, ELEPHANTS, FIRE EATER, HOOPS, HORSES, JUGGLER, LIONS, MUSIC, PARADE, RINGMASTER, RINGS, SAFETY NET, SIDESHOW, STRONGMAN, SWING, TENT, TIGERS, TIGHTROPE, TRAPEZE ACROBAT, ANIMALS, ARENA, AUDIENCE, BALANCE

"EVEN THE HARDEST  
PUZZLES HAVE  
A SOLUTION"



Ag 25



"There is a way out of every box,  
a solution to every puzzle;  
it's just a matter of finding it."

- Jean-luc Picard



# Hav-A-Laugh

## The Mystery Kitchen Utensil

My collection of vintage kitchen utensils includes one whose intended purpose was always a mystery. It looks like a cross between a metal slotted spoon and a spatula, so I use it as both. When not in use, it is prominently displayed in a decorative ceramic utensil caddy in my kitchen.

The mystery of the spoon/spatula was recently solved when I found one in its original packaging at a rummage sale.

It's a pooper-scooper.

