

Please contact Jenni on 5461 7397 or email [jenni.dellavedova@havilah.org.au](mailto:jenni.dellavedova@havilah.org.au) if you would like your Havachat sent via email

HAVILAH WEBSITE:  
[www.havilah.org.au](http://www.havilah.org.au)

**Issued 1st August 2016**

# HAVACHAT



**Shirley**

## Bus Outings



**Olwyn and Elaine**



**Pat**

## With Special Afternoon Teas



**Betty**

**Resident Meeting— Monday 8th August at 1.15 pm in Callistemon Activities Room.**

**Resident Meeting Heath House— Monday 15th August 2016.**

THESE MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES  
TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT.





**Shirley**

## More Outings



**Pat**



**Ros**



**Nancy and friend**



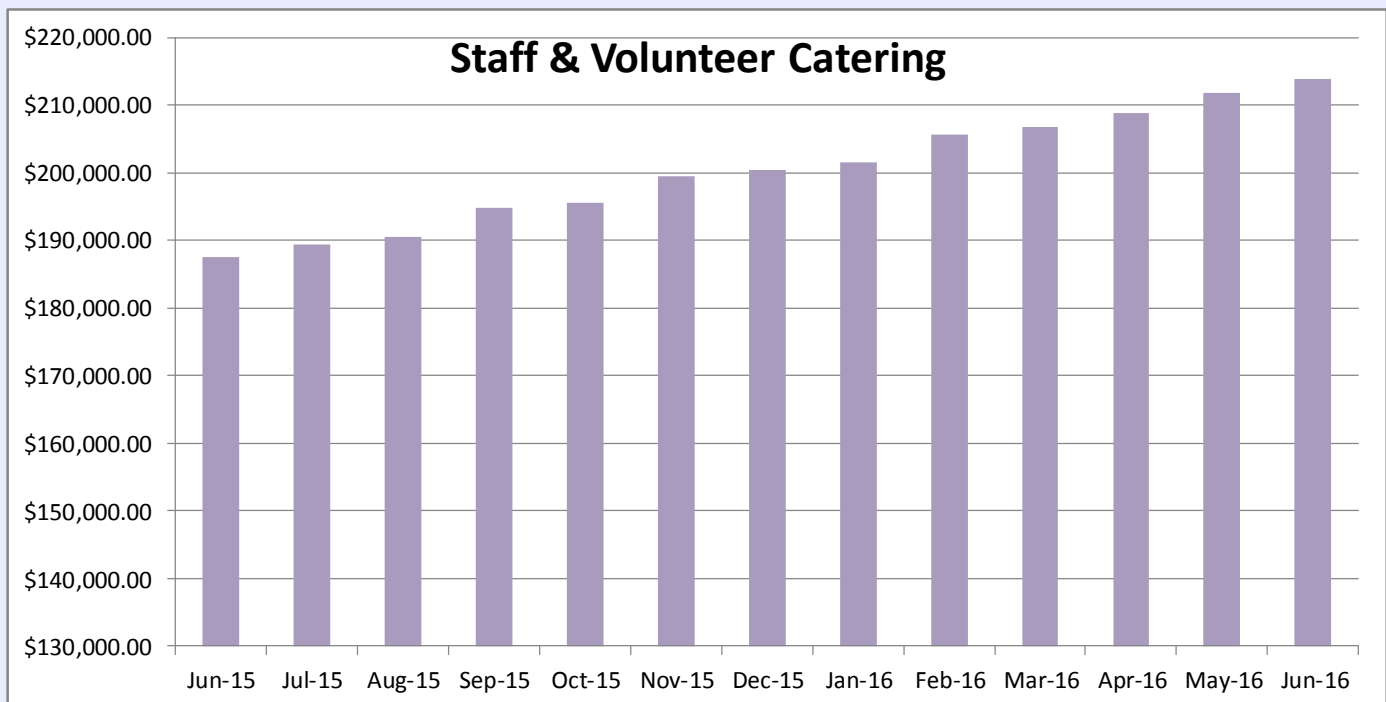
**Our residents enjoying the show**



## Blumes Fashion Parade



This table shows the amount of fundraising provided by Havilah volunteer catering group. The Group provides catering for birthdays, parties, funerals and weekly dinners for Maryborough Rotary. New volunteers are always welcome. Please see Sue or Raeleen.



### Replacement Keys

Please note that a fee of \$14.00 is charged by Havilah for a set of replacement

### NON PRESCRIBED TREATMENTS

You may not consider creams or alternate non-prescribed herbal remedies as medications but as it is a requirement of the Department of Health and Ageing that facilities arrange the assessment and monitoring of self-medication of our residents it is important that you **PLEASE ADVISE STAFF OF ANY MEDICATIONS OR TREATMENTS YOU KEEP IN YOUR ROOM AND SELF ADMINISTER.** We can then arrange for the required documentation to be put in place to accommodate you. We would very much appreciate your co-operation with this.



Quiz and Crossword  
Solutions from page 7

3. NEST  
2. TOES  
1. LION

Jumbled word - TELEVISION





***Hazel Dewhirst***

### ***August....***

**Name: Hazel Dewhirst**

**Length of time at Havilah: 2 years.**

#### **My Story:**

**I was born in Maryborough on the 10/08/1934. I have lived here all my life. I left school at 14 and got a job with the knitting mill. I had different jobs until my family came along. When I first started at the mill, I worked 5 days a week and 2 nights for 22 shillings a week.**

**I had two sons and four daughters but sadly lost my two sons. I now have 14 grandchildren and 35 great grandchildren.**

**I had a lot of help from my mother, sisters and brothers as my husband worked on the railways and wasn't home much.**

**For entertainment we used to ride our bikes to different locations to yabbie and then on some weekends we would go around to different paddocks and gather mushrooms.**

### ***August 2016***

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### **RESIDENT SURVEYS - June 2016:**

Of the 68 (53 Harkness + 15 Raglan) residents surveyed:

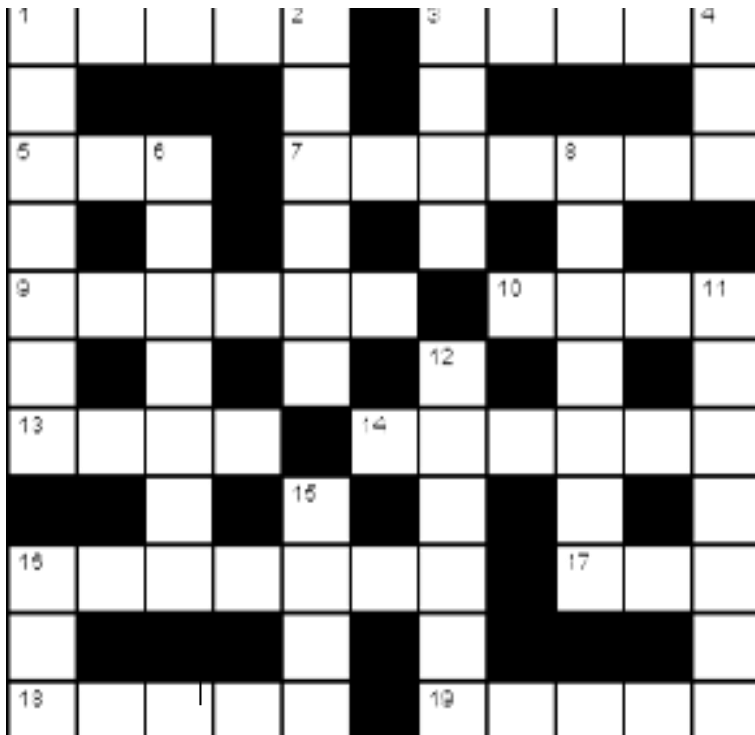
94% of residents surveyed said the staff respond to the call bells in a timely manner.

100% of residents surveyed said the staff are courteous and respectful in their interactions with themselves and their families and friends.

96% said the staff know what they like and don't like.

97% of residents surveyed said they believe that Havilah is well maintained.

# Mind Games



G V R R E R I A T I L O S O T N T  
 C E E N O Y T N E W T V T V P O E  
 G B L A C K J A C K V C C C M I U  
 E T E R H C U E C A H H R L D Y Q  
 C H A S X R A M N I N I E R O P I  
 A S T R E U I C C E B F B A A C P  
 R T P D A C E A M B W H I N R E K  
 T I I O H C G M A X T M S E S T J  
 E P V I T O C G B Y V N A I L J S  
 S D G N C S E A T S I H W R F D N  
 Z A N J E Y A D B D R T R B K O M  
 N O N I S A C D M I E F R R C E G  
 M C E K I D N O L K K A V I P G T  
 M I D I A M D L O D O N V D V C A  
 E C N E I T A P H T P T J G Q J J  
 R L I D I M A R Y P N A B E P V N  
 N S N E V E S L Q D P N M T T P M

Can you find the hidden words? They may be horizontal, vertical, diagonal, forwards or backwards.

APPLE, APRICOT, ARTICHOKE, ASPARAGUS, AUBERGINE, BANANA, BEAN, BEETROOT, BROCCOLI, CABBAGE, CARROT, CAULIFLOWER, CELERY, CHERRY, CUCUMBER, DATE, EGGPLANT, FIG, GRAPE, GRAPEFRUIT, LEEK, LEGUME, LEMON, LIME, MANDARIN, MELON, MUSHROOM, OKRA, OLIVE, ONION, ORANGE, PARSNIP, PEA, PEACH, PEAR, PINEAPPLE, POTATO, PRUNE, PUMPKIN, RHUBARB, SPINACH, SPROUT, SQUASH, STRAWBERRY, TARO, TOMATO, TURNIP, YAM.

## ACROSS

1. African equine (5)
3. Artery (5)
5. Part of a circle (3)
7. Farm vehicle (7)
9. Embellished (6)
10. Break suddenly (4)
13. Plant support (4)
14. Lumber (6)
16. Household implement (7)
17. Make a mistake (3)
18. Awful (5)
19. Cacophonous (5)

## DOWN

1. Avid (7)
2. Shrewd (6)
3. Slightly open (4)
4. Atmosphere (3)
6. Yield (7)
8. Well-founded (7)
11. Depict (7)
12. Stringed instrument (6)
15. Catch sight of (4)
16. Large vase (3)

Rearrange the jumbled letters into an 10-letter word which is something to watch?

E V L T N S I E O I

Can you also use some of the letters to find three 4-letter words with the following meanings?

1. A wild animal
2. Parts of the foot
3. A bird shelter

WORD SEARCH—Good for You

## GREAT THINGS TO DO IN AUGUST

Don't forget to check your Activities Calendar located on the back of your door for other daily activities

### HAPPY HOUR EACH FRIDAY 4.30—5.30pm

Live entertainment in main Dining Room.

Happy Hour activities continue at Heath House



### CHURCH SERVICES – all Services begin at 10.30 am

Wed 3<sup>rd</sup>

Uniting Church

Wed 10<sup>th</sup>

Salvation Army Church

Wed 17<sup>th</sup>

Wattle City Church

Tue 23<sup>rd</sup>

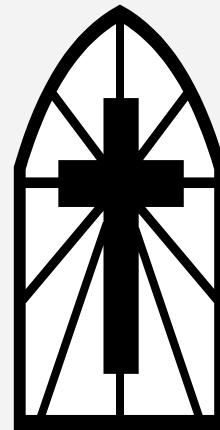
Anglican Church

Wed 24<sup>th</sup>

Catholic Church

Wed 31<sup>st</sup>

No Church



### SPECIAL EVENTS

Sat 13<sup>th</sup>

Special Bingo 1.30pm

Tue 16<sup>th</sup>

Games Evening 6.30pm

Sat 27<sup>th</sup>

Special Bingo 1.30pm



## WEEKLY ACTIVITIES

**BUS TRIPS** – Mondays and Fridays  
Wednesdays Heath House



**Nail Pedicure Pampers** - Monday mornings

**Foot Spas** - Monday and Thursday mornings each week



**BINGO at 1.45pm** every Monday, Tuesday, Thursday & Friday (Callistemon Activities Room)

**INDOOR BOWLS** - Wednesdays 1.30pm  
(Callistemon Activities Room)



**MAR-BOWLS** - Tuesdays 1.30pm Correa Lounge

**SPECIAL MORNING TEA** - Tuesdays 10.00am (Main Dining Room)

**HAPPY HOUR EACH FRIDAY at 4.30 PM**



**TUESDAY -** Street Walk 1.30pm

Afternoon Cards 3.15 pm

**WEDNESDAY -** Strength exercises 11.15am

Cooking classes 3.15pm

**THURSDAY-** Craft Group 3.15pm

**FRIDAY -** Video in Lounge 3.15pm

**SATURDAY -** **Heath House “CAFÉ” 3.00pm**

Yummy Afternoon Tea;

Milk Shakes; Iced Coffee

**SUNDAY -** Devonshire Afternoon Tea



**COOKED BREAKFAST 1st Monday of Each Month**



## CONTACTING STAFF

You can contact staff by using your **room phone**

**In the main building** Ring 370 between 7am and 11 pm; or 367 between 11 pm and 7 am

**In Heath House** Ring 626. In Melaleuca House Ring 627.

The call system is for emergency calls so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed in the lounge areas at Heath House to provide greater accessibility to staff for families. Please make use of these 'phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Heath House** please call **54617481**, if there is no answer on this number the call will be diverted to staff on the floor.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Melaleuca House** please call the nurses station on **54617495**, if there is no answer the call will be diverted to staff on the floor.

**For all other areas of Havilah dial 54617300** and follow the prompts.

## COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Care (RN1)** 54 617489 or internal dial 489. Email [dave.burridge@havilah.org.au](mailto:dave.burridge@havilah.org.au)

The RN Nursing Supervisor can be contacted on 5461 7394 or by internal dial 394.

The **Heath House** Team Leader / Senior can be contacted on 5461 7461 or Internal Dial 461

The **Director of Human Services Kelsey Hooper** on 5461 7383 Internal Dial 383 email: [dhs@havilah.org.au](mailto:dhs@havilah.org.au).

You can also contact: **CEO Barb Duffin** 5461 7381 Internal Dial 381 Mobile 0429 617380 email: [barbceo@havilah.org.au](mailto:barbceo@havilah.org.au)

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

## GENERAL ENQUIRIES

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: [mail@havilah.org.au](mailto:mail@havilah.org.au) or Telephone: 5461 7387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

Residents can contact Rhonda simply by pressing the numbers 387 on room telephones.

## ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries

Postal Address: Havilah Hostel 11 Harkness Street, Maryborough Vic 3465







## HAV'A'LAUGH



A woman called our airline customer-service desk asking if she could take her dog on board.

“Sure,” I said, “as long as you provide your own kennel.” I further explained that the kennel needed to be large enough for the dog to stand up, sit down, turn around, and roll over.

The customer was flummoxed: “I’ll never be able to teach him all of that by tomorrow!”

Once there was a golfer whose drive landed on an anthill. Rather than move the ball, he decided to hit it where it lay. He gave a mighty swing. Clouds of dirt and sand and ants exploded from the spot. Everything but the golfball. It sat in the same spot.

So he lined up and tried another shot. Clouds of dirt and sand and ants went flying again. The golf ball didn't even wiggle.

Two ants survived. One dazed ant said to the other, "Whoa! What are we going to do?" Said the other ant, "I don't know about you, but I'm going to get on the ball."

Wandering inside a pet store, I stopped in front of a birdcage to admire a parakeet. We watched each other for a few minutes before it asked, “Can’t you talk?”

What should you do when you see an endangered animal eating an endangered plant?

A horse walks into a bar. The bartender says, “Hey.” The horse says, “You read my mind, buddy.”



A guy walks into a bar and finds a horse serving drinks. The horse asks, “What are you staring at? Haven’t you ever seen a horse tending bar before?” The guy says, “It’s not that. I just never thought the parrot would sell the place.”



# HAVACHAT

## RETIREMENT LIVING ACTIVITIES

Please contact **Keith Fankhauser** for Havilah on Palmerston and Raglan House Phone: 5459 0169 Mobile: 0408 774 715  
Email: [keith.fankhauser@havilah.org.au](mailto:keith.fankhauser@havilah.org.au)  
**OR Sue Edmondson 54617390 for Harkness Street**

<b>MOVIE NIGHT</b>	First Monday of the month at 7pm Havilah on Palmerston (enter through Raglan House)
<b>CARDS (500)</b>	4th Thursday of each month at 7.00 pm Raglan House
<b>INDOOR BOWLS</b>	Each Friday at 10am Raglan House
<b>GAMES NIGHT</b>	This months Games night is on Tuesday 16th August at 6.30 pm at Harkness Street
<b>CARDS (Show Poker)</b>	Each Tuesday 3.15 pm in Callistemon House
<b>STRENGTH EXERCISES</b>	Each Wednesday 11.15 am in Callistemon House
<b>HAPPY HOUR</b>	Each Friday at 4.30 pm in the Main Lounge at Harkness St
<b>SPECIAL BINGO</b>	Sat 13th and Sat 27th July in Callistemon House

Harkness Retirement Residents have access to **HAIRDRESSING** and **MEALS** at both sites and also **FOOTCARE** and **PODIATRY**.

Please contact Raeleen or Rhonda if you would like to make use of any of these services.