

Please contact Jenni on 5461 7387 or email jenni.dellavedova@havilah.org.au if you would like your Havachat sent via email

HAVILAH WEBSITE:
www.havilah.org.au

Issued 7th October 2015

HAVACHAT

Laying the foundations for our latest extension.



Resident Meeting—Monday 12th October—1.15 pm in Callistemon Activities Room

Resident Meeting Heath House—Monday 19th October — 2.00 pm Heath House

THESE MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES
TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT.

Our Maryborough

Notable people from Maryborough and District

Phillip Adams - Officer of the Order of Australia (AO); Australian farmer, broadcaster, and public intellectual

Jed Adcock - professional footballer in the Australian Football League (AFL) for the Brisbane Lions

Troy Chaplin - professional footballer in the AFL for the Richmond Tigers

Stewart Crameri (pictured) - professional footballer in the AFL for Essendon Football Club and the Western Bulldogs

Matthew Dellavedova - professional basketball player in the National Basketball Association (NBA) for the Cleveland Cavaliers

Edmund Herring - Lieutenant General in the Second Australian Imperial Force, Chief Justice of Victoria, and Lieutenant Governor of Victoria



John Nicholls - former professional footballer as player and captain in the AFL for Carlton Football Club

Alfred Richard Outtrim - Politician in the Parliament of Victoria from 1895 to 1920



Music in Maryborough

Maryborough has a number of community bands including the Maryborough City Brass Band, the Maryborough Big Band, the Maryborough and District Pipe Band and the well-known Maryborough Traditional Jazz Ensemble.

Recent years has seen an outbreak of local alternative bands and performers gain a dedicated following. Some examples of this rock trend include Storm Front and recent Battle Of The Bands winners Hidden Vision.

Mean max temp	Mean min temp	Annual rainfall
20.4 °C 69 °F	8.0 °C 46 °F	525.7 mm 20.7 in

Blumes Fashion Show attracted huge interest.

Special Morning Tea a Great Spread.

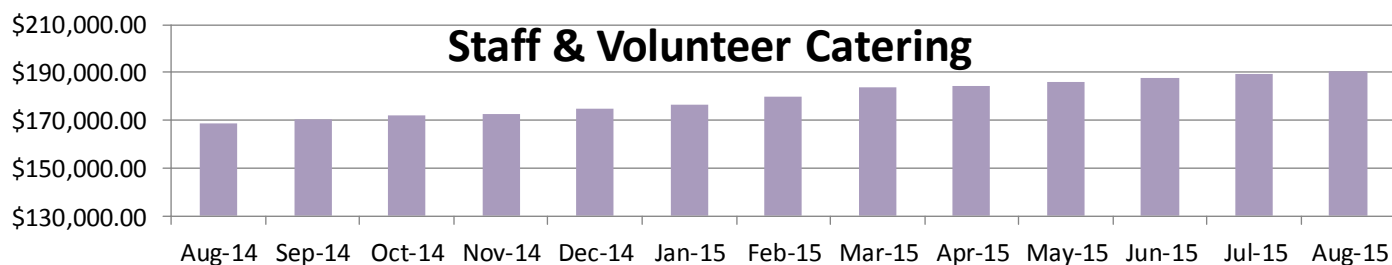


Irene (above) along with Hilda, Dawn, Pat and Mary enjoying Tuesday's Special Morning Tea.

Congratulations to our Footy Tipping Comp Winners: Brian (in second place) shaking hands with our overall winner Margaret. Fellow residents George, Peter, Ted and George watching on.



This table shows the amount of fundraising provided by Havilah volunteer catering group from their efforts of catering for events such as birthdays, parties and funerals.



Designated Parking

There has been a marked increase in the amount of vehicles parking in non designated places on the Havilah grounds. We are aware that sometimes parking can be difficult however when ambulance access is prevented, as recently occurred due to vehicles parking in non parking areas, we must ask all drivers to please adhere to the designated parks only.

There is an overflow car park at the rear of Havilah and parking is available on the side streets. Residents can be dropped off and picked up from the front portico area however non emergency vehicles are not to be left there unattended. This goes for the non-parking space in front of the Melaleuca entrance and the Heath House portico.

Also could cars parking in the rear car park near Correa House please not park in the space in front of the access point (where the footpath dips to the road) as many residents and visitors require this access for their gophers.

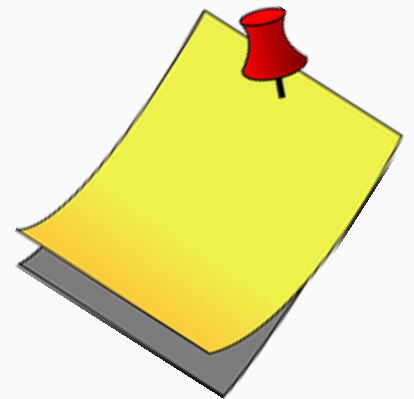
Your cooperation with this is appreciated.

Up Coming Dates to Remember

Just a few dates to note on your calendar:

- ♦ On the 3rd November there will be a finger food luncheon to celebrate Melbourne Cup Day
- ♦ The Annual Christmas BBQ is on Wednesday 9/12/2015 at Harkness St and Friday 11/12/2015 at Palmerston Street.

We will need to know numbers for the BBQ by the 4/12 for Harkness and by the 10/12 for Palmerston so please start planning and let us know by these dates.



HAVILAH AXILARY KIOSK

KIOSK HOURS: 10am—12noon every Thursday

The resident kiosk is situated in Acacia next to the Hairdressing salon.

It is stocked with goodies for you and our volunteer staff will be happy to help you.



LOOK UP



Have you noticed these little boxes on the ceilings with the flashing blue lights?

These boxes provide our new WIFI access throughout Havilah Hostel. The WIFI access is now completed with new fast ADSL2 connected and access fees commence from the 1st of November 2015. Residents will need a password to be able to access the service from this date. The existing public computers in the common areas will remain freely available, however are not recommended for personal use such as emails, banking, skype etc.

The prices for this service is in line with industry pricing and allows the user to access 250GB per month.

Pricing:

Establishment Fee	\$75.00
Establishment Fee—Password Only (own setup)*	\$37.50
Wifi Adaptor (if required)	\$35.00
Monthly Charge	\$20.00 per month
Usage	250 gigabytes per month

To connect to the Wifi service please collect and return the completed form available from main reception.

CCTV cameras are also now throughout the facility. These are in place for resident and staff security. Please note that cameras are not installed in any of the residents rooms or public bathrooms.



ALL HAVILAH SITES ARE NON SMOKING SITES. PLEASE RESPECT THIS FOR THE SAFETY OF RESIDENTS AND STAFF.



RESIDENT SURVEYS - August 2015:

Of the 29 Harkness residents surveyed:

100% of residents believe staff maximise their care needs, eg. Mobility assist to walk, shower etc.

100% of residents feel they are supported with the religion practices of their choice.

97% of residents surveyed said they are aware that the Hostel provides morning tea, afternoon tea and supper.

79% of residents surveyed find the laundry services adequate.

Of the 15 Raglan residents surveyed:

100% of residents believe staff maximise their care needs, eg. Mobility assist to walk, shower etc.

93% of residents feel they are supported with the religion practices of their choice.

93% of residents surveyed said they are aware that the Hostel provides morning tea, afternoon tea and supper.

100% of residents said Cleta, the new Director of Services introduced herself to them.

Hi from the desk of the Director of Care,

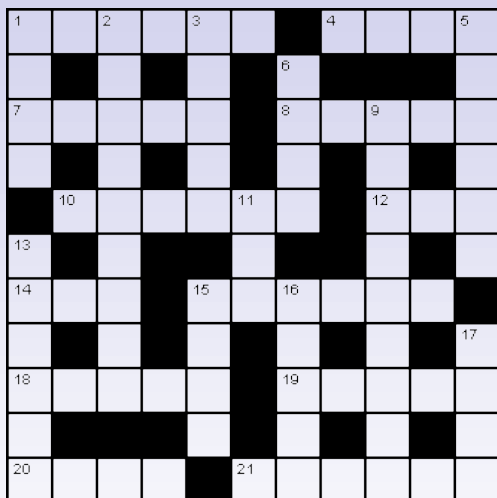
Spring is upon us, the days are getting longer and day light savings has started. The area is beautiful and green with nice warm weather during the day and cool nights. This is the time of the year to enjoy outings with loved ones. If you are going on an outing and we fully encourage and support outings for our residents, please let staff know, as you may be out for meals or require medication to be given when you are out, and please sign the registers at the main entrances when you leave and return. As the sun is starting to have a bit of a bite be aware to protect your love one from the elements.

The footy season is now over and hopefully your grandsons and grand daughters that were lucky enough to participate in a grand final enjoyed the experience and relayed the wonderful time to our residents.

As our residents are aging and care needs increase we endeavour to meet these needs to maintain residents safety, we have recently put on extra staff in some areas to assist with the care needs. The feedback from family is essential to our organisation to ensure we are catering for all our resident's needs. There are comments and suggestion forms at major entrances with mail boxes also there so please fill in the forms to assist with improvements Havilah can achieve.

Dave

Mind Games



Across

1. Second sign of the zodiac (6)
4. Professional cook (4)
7. Desert plants (5)
8. Arm bone (5)
10. Pressing (6)
12. Sprocket (3)
14. Beverage (3)
15. Provide evidence for (6)
18. Proprietor (5)
19. Saying (5)
20. Profit (4)
21. Ravine (6)

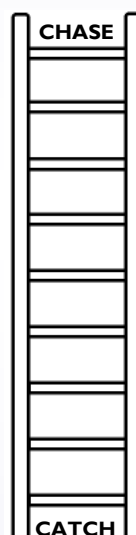
Down

1. Diplomacy (4)
2. Unsure (9)
3. Merge (5)
5. Search for food (6)
6. Female relative (4)
9. Essential (9)
11. Fish trap (3)
13. Powerful (6)
15. Halo (4)
16. Crown-like headdress (5)
17. Blood vessel (4)

WORD LADDER

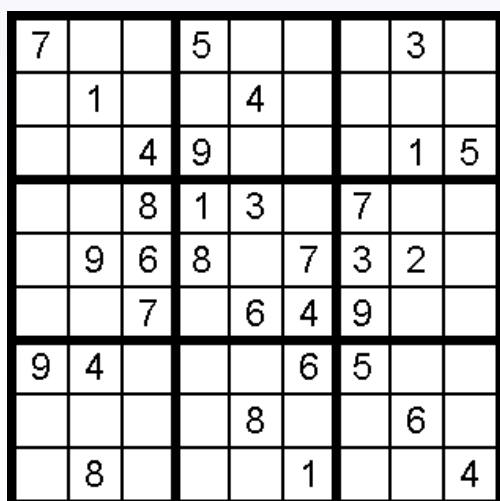
A word ladder is a sequence of words formed by changing just one letter each time eg CAT - COT - DOT - DOG.

Can you find the missing words? Use the clues if you get stuck.



CLUES

- Discontinue
- Charter
- Lead
- Percolate
- Fruit
- Roost
- Sear
- Ment



MOVIE QUIZ

1. Who was Mr Davis in the 1957 classic, *12 Angry Men*?
a. Ray Milland b. Henry Fonda
2. What character did Jodie Foster play in the 1991 movie, *The Silence of the Lambs*?
a. Clarice Starling b. Candice Bennett
3. Who was George Bailey in the 1946 movie, *It's a Wonderful Life*?
a. James Cagney b. James Stewart
4. What character did Judy Garland play in the 1939 movie, *The Wizard of Oz*?
a. Dorothy Cole b. Dorothy Gale
5. Who was Amy Fowler Kane in the 1952 movie, *High Noon*?
a. Janet Leigh b. Grace Kelly
6. Who was William 'Bill' Munny in the 1992 movie, *Unforgiven*?
a. John Wayne b. Clint Eastwood
7. Who is Laura Jesson in the 1945 movie, *Brief Encounter*?
a. Celia Johnson b. Vivien Leigh
8. Who was The Monster in the 1935 movie, *Bride of Frankenstein*?
a. Bela Lugosi b. Boris Karloff
9. Who was Joe Bradley in the 1953 movie, *Roman Holiday*?
a. Cary Grant b. Gregory Peck
10. Who was Stanley Kowalski in the 1951 movie, *A Streetcar Named Desire*?
a. Burt Lancaster b. Marlon Brando



Solutions can be found on page 6.

Don't forget to check your Activities Calendar located on the back of your door for other daily activities

GREAT THINGS TO DO IN OCTOBER

HAPPY HOUR EACH FRIDAY 4.30—5.30pm

Live entertainment in main Dining Room.

Happy Hour activities continue at Heath House



CHURCH SERVICES – all Services begin at 10.30 am

Wed 7th

Uniting Church

Wed 14th

Salvation Army

Wed 21st

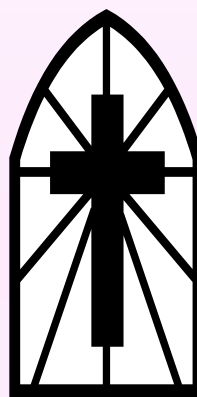
Wattle City Church

Tue 27th

Anglican Church

Wed 28th

No Church



SPECIAL EVENTS

Sat 3rd

Grand Final Celebration

Tue 13th

Games Evening 6.30pm

Sat 17th

Special Bingo 1.30pm



Sudoku, Quiz and Crossword Solutions from page 5

6	8	5	3	9	1	2	7	4
3	7	2	4	8	5	1	6	9
9	4	1	7	2	6	5	8	3
1	3	7	2	6	4	9	5	8
4	9	6	8	5	7	3	2	1
2	5	8	1	3	9	7	4	6
8	2	4	9	7	3	6	1	5
5	1	3	6	4	2	8	9	7
7	6	9	5	1	8	4	3	2

T	A	U	R	U	S	C	H	E	F
A	N	A	N	A	N	A	N	A	N
C	A	C	T	I	U	L	N	A	R
T	E	T	E	N	T	E	N	A	R
S	T	E	T	E	N	T	E	N	A
T	E	A	T	E	T	E	N	A	R
R	I	U	I	S	T	E	N	A	R
O	W	N	E	R	A	D	A	G	E
N	A	R	A	R	R	R	R	R	R
G	A	I	N	C	A	N	Y	O	N

MOVIE QUIZ ANSWERS
1b. Henry Fonda
2a. Clarice Starling
3b. James Stewart
4b. Dorothy Gale
5b. Grace Kelly
6b. Clint Eastwood
7a. Celia Johnson
8b. Boris Karloff
9b. Gregory Peck
10b. Marlon Brando

WORD LADDER
SOLUTION:
CHASE,
CEASE,
LEASE,
LEASH,
LEACH,
PEACH,
PERCH,
PARCH,
PATCH,
CATCH

WEEKLY ACTIVITIES

BUS TRIPS – Mondays and Fridays

Wednesdays Heath House



Nail Pedicure Pampers - Monday mornings

Foot Spas - Monday and Thursday mornings each week



BINGO at 1.45pm every Monday, Tuesday, Thursday & Friday (Callistemon Activities Room)

INDOOR BOWLS - Wednesdays 1.30pm
(Correa Lounge)



SPECIAL MORNING TEA - Tuesdays 10.00am (Main Dining Room)

HAPPY HOUR EACH FRIDAY at 4.30 PM



TUESDAY - Street Walk 1.30pm

Afternoon Cards 3.15 pm

WEDNESDAY - Strength exercises 11.15am

Cooking classes 3.15pm

THURSDAY - Craft Group 3.15pm

FRIDAY - Video in Lounge 3.15pm

SATURDAY - **Heath House “CAFÉ” 3.00pm**

Yummy Afternoon Tea;

Milk Shakes; Iced Coffee

SUNDAY - Devonshire Afternoon Tea



COOKED BREAKFAST 1st Monday of Each Month

CONTACTING STAFF

You can contact staff by using your **room phone**

In the main building Ring 370 between 7am and 11 pm; or 367 between 11 pm and 7 am

In Heath House Ring 626. In Melaleuca House Ring 627.

The call system is for emergency calls so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed in the lounge areas at Heath House to provide greater accessibility to staff for families. Please make use of these 'phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Heath House** please call **54617481**, if there is no answer on this number the call will be diverted to staff on the floor.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Melaleuca House** please call the nurses station on **54617465**, if there is no answer the call will be diverted to staff on the floor.

For all other areas of Havilah dial 54617300 and follow the prompts.

COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Care (RN1)** 54 617489 or internal dial 489. Email dave.burridge@havilah.org.au

The RN Nursing Supervisor can be contacted on 54617394 or by internal dial 394.

The **Heath House** Team Leader / Senior can be contacted on 54 617461 or Internal Dial 461

The **Director of Human Services Kelsey Hooper** on 54 617383 Internal Dial 383 email: dhs@havilah.org.au.

You can also contact: **CEO Barb Duffin** 54 617381 Internal Dial 381 Mobile 0429 617380 email: barbceo@havilah.org.au

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

GENERAL ENQUIRIES

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: mail@havilah.org.au or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

Residents can contact Rhonda simply by pressing the numbers 387 on room telephones.

ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries



HAV'A LAUGH



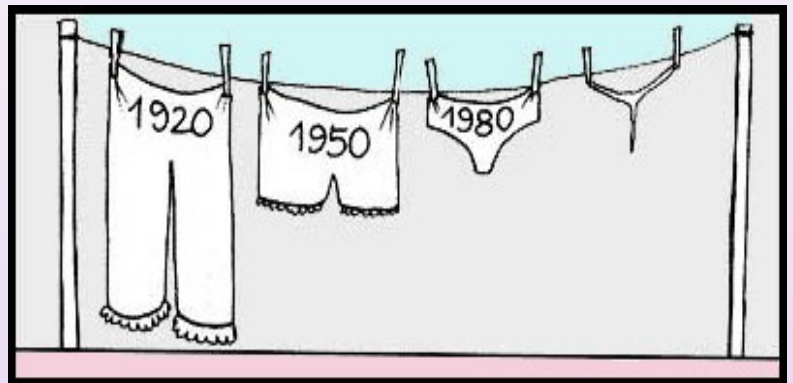
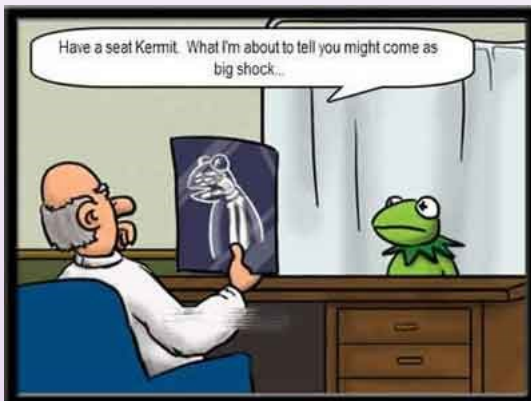
A while back, an old tired looking dog wandered into the yard. I could tell from his collar (though no tags) and well fed belly and the fact that he was clean, that he had a home. He followed me into the house, down the hall and fell asleep on the couch.

My dogs didn't seem to mind and he seemed like a good dog and I was okay with him, so I let him nap.

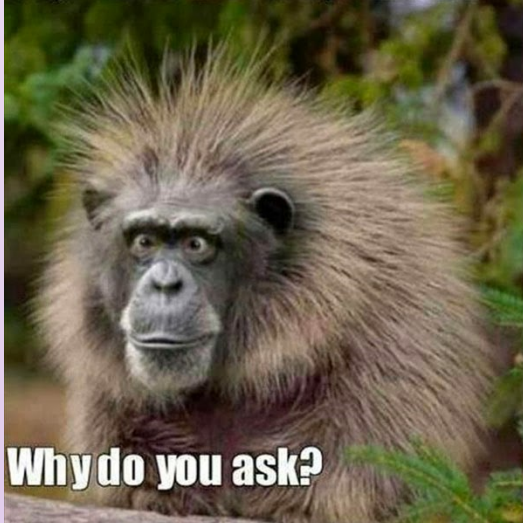
An hour later, he went to the door and I let him out. The next day he was back, resumed his position on the couch and slept for an hour.

This continued for several days. Curious, I pinned a note to his collar that I wrote: "Every afternoon your dog comes to my house for a nap. I don't mind but want to be sure it's okay with you."

The next day he arrived with a different note pinned to his collar: "He lives in a home with ten children—he is trying to catch up on his sleep. May I come with him tomorrow?"



No, I have not slept well...



Why do you ask?

What happens to a frogs car when it breaks down?
It gets toad away.

What did the duck say when she bought lipstick?
Put it on my bill.

My friend thinks he is smart. He told me an onion is the only food that makes you cry, so I threw a coconut at his face.

A recent worldwide survey showed that out of 2,146,703,436 people, 94% were too lazy to actually

read that number.

Instead of "the John," I call my toilet "the Jim." That way it sounds better when I say I go to the Jim first thing every morning.

HAVACHAT

RETIREMENT LIVING ACTIVITIES

Please contact **Keith Fankhauser** for Havilah on Palmerston and Raglan House Phone: 5459 0169 Mobile: 0408 774 715

Email: keith.fankhauser@havilah.org.au

OR **Sue Edmondson** 54617390 for Harkness Street

MOVIE NIGHT

Due to some nicer weather, we have recommenced movie night on the first Monday of each month at 7pm Havilah on Palmerston (enter through Raglan House)

CARDS (500)

3rd Thursday of each month at 7.00 pm Raglan House

INDOOR BOWLS

Each Friday at 10am Raglan House

GAMES NIGHT

This month Games night is on Tuesday 13th October at 6.30 pm at Harkness Street

CARDS (Show Poker)

Each Tuesday 3.15 pm in Callistemon House

STRENGTH EXERCISES

Each Wednesday 11.15 am In Callistemon House

HAPPY HOUR

Each Friday at 4.30 pm in the Lounge at Harkness

Harkness Retirement Residents have access to **HAIRDRESSING** and **MEALS** at both sites and **FOOTCARE** and **PODIATRY** at the Harkness Street site.

Please contact Raeleen or Rhonda if you would like to make use of any of these services.