

RAGLAN TATTLER

*Here's to a wonderful New Year
And a warm adieu to the old !
Here's to happiness, good times,
good cheer
And the many joys yet to unfold !*

*HAPPY
NEW YEAR !*

RESIDENTS SEE THE NEW YEAR IN WITH A BANG

The residents of Raglan House celebrated on new years night by watching the Highland Games Fireworks display from upstairs in Raglan House.

The residents enjoyed some nibbles and drink while waiting for the Fireworks to commence. Viewing the Fireworks display has become an annual tradition with the residents of Raglan House. All who attended said they really enjoyed the Evening.



Christmas & New Year at Raglan House



Residents, Family Friends enjoying the Christmas BBQ



The weather was accommodating and the rain held off



Rebecca Mowbray performs for the crowd



Residents enjoy the lovely array of food on offer



The foods gets the thumbs up



Everyone loved the wide selection of the yummy desserts



Wally, Dorothy, Judy and Volunteer Ivan enjoy the Xmas Shop



Roma looking suspiciously like Mrs Claus. (I wonder)



Bus Trip Out Over Christmas

Resident's enjoyed going out to visit the Vanilla Spice Christmas Shop at Maldon over Christmas.

Vanilla Spice had a vast and wonderful selection of Christmas decorations to admire. Residents also walked through the township and spent time in all the specialty shops and enjoyed an afternoon tea at Café Maldon.

Christmas Dinner at Raglan House



Margaret Smith & family celebrating Christmas together.



Residents Beryl, Don and Dorothy enjoying their lunch.



Julia celebrating Christmas with Daughter Jackie and SIL Shane.



Residents Family and friends come together for Christmas at Raglan House



Raglan House Resident Val with Independent residents Judith & Dot.



The Community Centre Decorated ready for Christmas

Linen Could residents please inform care staff if they have any soiled linen in their rooms. This includes Face Washers, Shower Mats or Towels. Staff can provide fresh clean linen immediately on request, Please Call 661 or 662. Requesting clean linen will ensure the health and hygiene of all residents.



MOVIE NIGHT



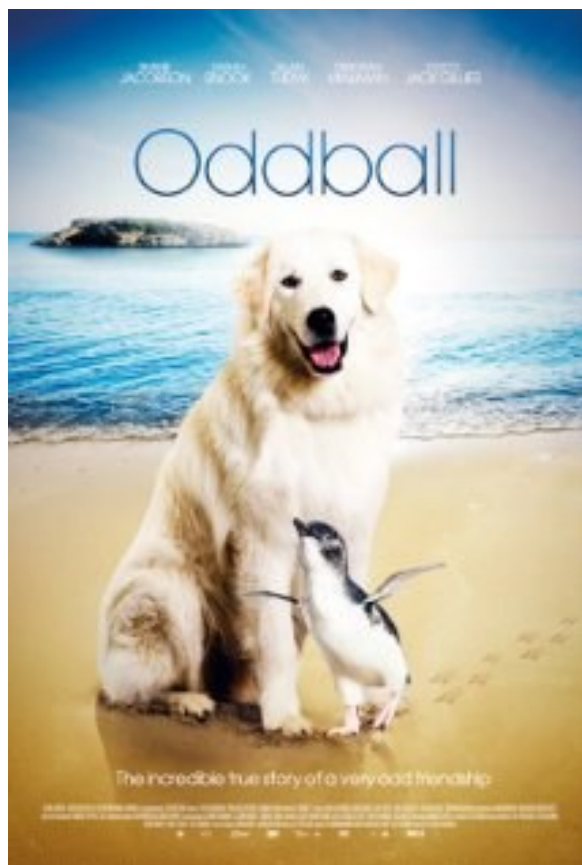
STORYLINE

An eccentric chicken farmer, with the help of his granddaughter, trains his mischievous dog Oddball to protect a penguin sanctuary from fox attacks in an attempt to reunite his family and save their seaside town.

Stars:

Alan Tudyk, Sarah Snook, Coco & Jack Gillies

Screening: Monday 1st February in Room 1 of the Community Centre. Commencing at 7.00pm



RESIDENTS BE AWARE

At times residents receive phone calls from persons claiming that they are a representative of a telephone and electricity companies or alike asking for bank account details to clear outstanding balances. This type of phone call should at all times be ignored. We advise residents to simply hang up and inform staff.

PLEASE DO NOT ADVISE YOUR BANK DETAILS TO ANYONE OVER THE 'PHONE



ALL HAVILAH SITES ARE NON SMOKING SITES. PLEASE RESPECT THIS FOR THE SAFETY OF RESIDENTS AND STAFF.



WHAT TO DO WHEN THE FIRE ALARM SOUNDS

Residents and Visitors should remain where they are and wait for staff to instruct you on evacuation. If you can see the fire you should move away from the immediate area and wait for instruction from staff. If the fire is in your room you should leave the room and close the door behind you.

Havilah is a very safe facility and has many measures in place to stop the spread of fire and smoke and to provide for safe evacuation in the case of a fire – this includes fire and smoke compartments, and sprinklers and smoke alarms.

There is a maximum of 6 resident rooms in each smoke/fire compartment and therefore should evacuation be required in the first instance it would only be for residents in the affected compartment.

The fire alarm automatically alarms at the fire station and the Brigade is here within minutes. Once the alarm has sounded the Brigade will attend even for false alarms. From the fire panel at the front of the building and on our staff pagers we can see which alarm has been actioned and therefore we immediately know the area to check.

When the Fire Alarm sounds RESIDENTS WILL BE KEPT INFORMED VIA STAFF AND THROUGH THE PUBLIC ADDRESS SYSTEM.

Havilah is a non smoking site which adds to the safety of residents and staff.



COMMUNICATION

USING EMAIL TO CONVERSE WITH OUR MANAGEMENT TEAM

Sometimes it is out of hours when you think of things you might like to raise with us . For those with email access you can have a conversation by email with our management team.

Chief Executive	Barb Duffin	barbceo@havilah.org.au
Director of Human Services	Kelsey Hooper	dhs@havilah.org.au
Director of Care	Dave Burrige	dave.burridge@havilah.org.au
Director of Services	Cleta Roughead	raglanmanager@havilah.org.au
Food Services Manager	Di Jackson	di.jackson@havilah.org.au

GREAT THINGS TO DO

**Don't forget to
check your
Activities Calendar**

UPCOMING EVENTS



Happy Hour Every Friday evening (Except Thur 31st Dec 15)

Commencing at 5.00pm, Music, Finger Food, Hot & Cold Beverage, Ice-creams and Ice-cream Cones.



Raglan House Resident Meeting at 1.15pm November 2nd Downstairs Raglan House (Bingo Area)

MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES
TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT



Bus Trip Out - Thursday afternoon departing at 1.30pm for lots of Fun points of interest throughout Central Victoria.

If you have an idea or suggestion for an outing, just let Activities
Co-coordinator Keith know and he will do his best to arrange the
outing for you.



500 Cards Games - Every 4th Wednesday Evening of the Month at 7.00pm.

Downstairs Raglan House Inkerman St end Kitchenette.
Tea & Coffee provided.



FALLS PREVENTION AND STRENGTHENING EXERCISES

Rhonda James Monday afternoons
2.30 - 3.00pm Downstairs Resident Lounge.
Care Staff will assist you to the Lounge if
required.

BE SAFER ON YOUR FEET



WEEKLY ACTIVITIES

MOVIE NIGHT

Monday 1st February at 7.00pm Room 1 Community centre (Movie: **Oddball**)



BUS TRIP OUT - Thursday's 1.30pm

NAIL-CARE - 10.00am Wednesday mornings each week



FOOT SPA - 9.30am Thursday mornings each week



HOY - Monday 10.30am

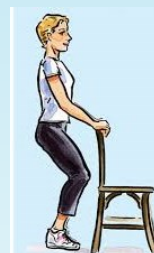
BINGO - Monday to Friday 1.30pm



CARPET BOWLS - Friday Morning 10.30am

(No Session Christmas Day 25th Dec 2015)

MARBOWLS - Tuesday Morning 10.30am



CHAIROBICS - Tuesday & Friday 2.30pm

STRENGTH EXERCISES Monday's 2.30pm

(No Sessions over Christmas Recommencing Monday 4th January 2016)

CARDS 500 - 4th Wednesday of the month 7.00pm

CHURCH SERVICES

UNITING CHURCH - 1st Wednesday each Month 2.45pm

ANGLICAN CHURCH - 2nd Thursday each Month 10.30am

SALVATION ARMY CHURCH - 4th Wednesday each Month 2.45pm



CONTACTING STAFF and other Useful Numbers

You can contact staff by using your **room phone**

In Raglan House Ring 161 24 Hours a day to get the Nurse on Duty

Press your **Green** Call Button for **Non Urgent** assistance and

Press your **YELLOW** call Button for **URGENT** assistance

Community Centre Ring 140 between 9am & 12 Noon Monday to Friday

The call system is for **emergency calls** so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed on the Nurses Station wall at Raglan House both Upstairs and Downstairs these phones provide greater accessibility to staff for families. Please make use of these phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in Raglan House please call 5459 0150 if there is no answer on this number the call will be diverted to staff on the floor.

Other useful numbers can be found in your Resident Information Folder

COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE AT THE DOWNSTAIRS & UPSTAIRS NURSES STATION WINDOWS.

Residents and families of Raglan House are encouraged to communicate any issues they may have to either :

Director of Care (RN1) David Burridge 5461 7489

Director of Services (RN1) Cleta Roughead 5459 0154 or internal dial 154.

Both directors can be contacted by email using the email address:

raglanmanager@havilah.org.au

You can also contact: **CEO Barb Duffin** 5461 738 Mobile 0429 617380

email: barbceo@havilah.org.au or

Director of Human Services Kelsey Hooper 54 617383 email: dhs@havilah.org.au

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

CODEWORD NO. 17

14	2	6	8	7		9	21	6	18	21		13
5				21		2		2		17		17
9	11	2	23	19	21	13		3	2	23	21	11
17		11		5		17		20		10		2
15	21	17	23	19		18	2	4	6	13	21	9
8		21				21		17				21
	4	20	4	11	25		20	13	5	11	22	
5				21		1			2			21
26	11	4	20	24	4	21		12	4	22	25	8
13		19		4		19		5		17		21
2	6	17	26	17		17	19	16	3	21	6	6
17		5		21		13		21				21
19		19	8	22	25	10		11	5	26	5	13

Each letter in this puzzle is represented by a number 1-26.

Can you crack the code and solve the crossword?

Every letter of the alphabet is used

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

OCTO CROSS - CROSSWORD NO. I

1	2	3	4		5	6	7
8					9		
10					11		
			12	13			
14	15	16					
17				18	19	20	21
22				23			
24				25			

Across

1. Particle
5. Tennis stroke
8. Travel by horse
9. Large flightless bird
10. Part of a hull
11. Atmosphere
12. Vacant
14. Concur
17. Romanian currency
18. Molten rock
22. Lamentable
23. Overt
24. Metal-bearing mineral
25. Adjacent

Down

1. Biblical boat
2. Neckwear
3. Lyric poem
4. Noisy fight
5. Bound
6. Exclude
7. Entomb
13. Fruit
14. In addition
15. Cogwheel
16. Ill-mannered
19. Simian
20. Irritate
21. Insect

SOLUTION TO CODEWORD 17

14	2	6	8	7		9	21	6	18	21		13
5				21		2		2		17		17
9	11	2	23	19	21	13		3	2	23	21	11
17		11		5		17		20		10		2
15	21	17	23	19		18	2	4	6	13	21	9
8		21				21		17				21
	4	20	4	11	25		20	13	5	11	22	
5				21		1			2			21
26	11	4	20	24	4	21		12	4	22	25	8
13		19		4		19		5		17		21
2	6	17	26	17		17	19	16	3	21	6	6
17		5		21		13		21				21
19		19	8	22	25	10		11	5	26	5	13

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

OCTO SOLUTION

A	T	O	M		L	O	B
R	I	D	E		E	M	U
K	E	E	L		A	I	R
				E	M	P	T
A	G	R	E				
L	E	U			L	A	V
S	A	D			O	P	E
O	R	E			N	E	X

WORD SEARCH - WIDE OPEN SPACES

Can you find the hidden words? They may be horizontal, vertical or diagonal, forwards or backwards.

M	B	K	C	A	B	T	U	O	P	P	C	D	V	H	P	V
E	R	S	S	D	I	S	E	T	A	A	S	V	M	Z	A	T
A	U	A	A	Z	L	D	T	R	R	S	M	A	C	C	S	P
D	R	L	V	X	V	E	K	E	E	E	V	P	M	N	T	J
O	A	T	A	N	V	L	I	N	P	M	S	E	A	V	U	A
W	L	F	N	V	N	V	R	F	R	P	R	E	Z	S	R	P
O	V	L	N	H	V	E	N	B	W	D	E	I	D	W	E	J
A	N	A	A	H	D	C	E	U	B	O	H	S	A	C	L	D
N	G	T	I	L	T	V	G	S	M	A	N	S	R	P	A	N
G	I	S	I	E	G	B	P	H	Y	O	T	S	A	K	N	A
T	A	W	K	A	V	L	N	F	G	E	O	D	B	V	D	L
U	P	T	R	A	A	O	I	D	L	D	D	R	V	I	I	S
N	M	T	O	I	M	E	V	A	D	O	L	B	R	T	O	S
D	A	V	N	M	L	J	N	V	C	G	L	E	O	P	N	A
R	H	Q	O	D	N	D	E	K	L	A	A	L	I	A	A	R
A	C	C	E	D	I	S	Y	R	T	N	U	O	C	F	L	G
N	E	E	R	G	D	N	A	L	R	E	T	N	I	H	L	H

BUSH, CHAMPAIGN, COMMON, COUNTRYSIDE, DESERT, FIELD, GRASSLAND, GREEN, HAYFIELD, HINTERLAND, LEA, LLANO, MEADOW, MOOR, OUTBACK, Paddock, PAMPAS, PARK, PASTURELAND, PLAIN, RURAL, SALT FLATS, SAVANNA, SNOWFIELD, STEPPES, TUNDRA, WASTELAND, WILDERNESS.

HAV A LAUGH

How you elect to spend New Year's Eve will depend on your:

1. age
2. remaining levels of optimism
3. threshold of pain

Every New Year's I have the same question:
"How did I get home?"

On New Years, just remember: if your cup runneth over, you've probably reached your limit.

My new year's resolution is to get better at pretending to know the words to Auld Lang Syne.

New Years parades have a lot in common with Santa Claus. Nobody is awake to see either one of them.

Every New Years I celebrate making it through another holiday season without killing my relatives.

An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves.



"Well, yes, I am happy, but I could be happier."