



HAVILAH Information Guide

Retirement living, aged care & respite services.



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COMMUNITY OWNED QUALITY LIFESTYLE

Havilah offers residential aged-care, respite services and retirement living, all in Maryborough, Central Victoria.

Havilah provides quality residential aged care and independent living affordable for all. Founded in 1995, the philosophy of care at Havilah is to ensure all residents' wishes are respected. We provide care within an atmosphere of support, where each individual's emotional, spiritual, psychosocial and health needs are met according to each resident's requirements. Havilah is committed to quality management and continuous quality improvement.

Havilah's Harkness Street site offers spacious living, natural light and award-winning gardens. The site comprises both residential aged-care with special needs units and beautiful retirement homes at Havilah Place.

Our Palmerston Street site offers modern aged-care living and facilities, a community centre surrounded by gardens and a range of independent living units to suit different needs in architect-designed comfort and style.

At Havilah the events calendar is always full and family gatherings are fostered.

If you are looking for an affordable superior lifestyle as you age, come talk to us at Havilah.





A FULFILLING LIFESTYLE BEGINS

Residents at Havilah's aged-care facilities rarely stop socialising and exploring their new lives.

Havilah resides in a growing tourist region of Central Victoria. Travelling to towns, attractions and events in the region provides endless entertainment and much inspiration for those who like to get out and about. There is an abundance of food, wine and beautiful scenery in Central Victoria.

Amongst the activities on offer are visits to international exhibitions, tours of public gardens and historic homesteads, lunches at vineyards in the Pyrenees, dining on delicious cuisine in restaurants, cafés and pubs in Avoca, Castlemaine, Creswick, Daylesford and Hepburn, and enjoying scenic delights at tourist destinations such as Tuki Trout Farm, gold prospecting, boating, tennis, bowling, golf, theatre, Avoca races, local markets, festivals and events. Yet there is so much more to explore and so much to look forward to.

4.



AT HAVILAH RESIDENTIAL AGED CARE

And when residents are not traveling all over the country side there are plenty of activities enjoyed within their comfortable home from bowling to cross-words, craft, art, cooking, dancing, musical entertainment and significant events such as Melbourne Cup day and spring racing events, Easter, Mother's Day, ANZAC day, Halloween and more. Our annual Christmas BBQs are enjoyed by residents and families past and present from far and wide.

Both Havilah sites are just a short stroll away from the Maryborough CBD, medical clinics, clubs, restaurants and cafés, and are ideally positioned to enjoy the culture and fine dining of the surrounding wine and goldfields regions. Many of Victoria's finest tourist regions are within an hour's drive.

5.





COMFORTABLE, AFFORDABLE AND MODERN

If you are looking for quality aged-care or fine retirement living, Havilah has what you desire in architect-designed comfort.

RAGLAN HOUSE & THE TERRACE AT HAVILAH ON PALMERSTON

Architect-designed residential care apartments surrounded by gardens and walkways and accessible to *The High School Centre*, a community centre offering services and communal spaces such as a computer room with internet access, recreation and media area, function room, hair and beauty salon and library. Havilah on Palmerston sets a new standard in residential aged-care, ensuring autonomy and style in self-contained comfort. Kitchenettes offer freedom and convenience, while second bathrooms offer added comfort for residents and visitors. The bedrooms are spacious, and adjoining walk-in robes have extraordinary storage space. Lounge rooms are light and airy, with views to the Palmerston grounds or Maryborough skyline and space for relaxing and receiving guests.

6.



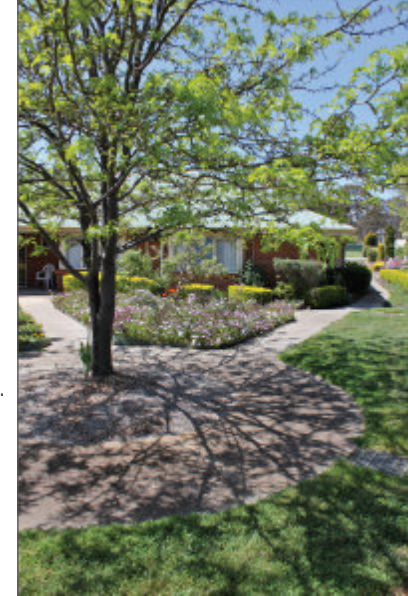
RESIDENTIAL AGED CARE AND RESPITE ACCOMMODATION

HAVILAH ON HARKNESS

Nestled in a peaceful part of town a short walk from Princess Park is Havilah on Harkness, 110 residential and specialist aged-care units, all with private en-suite facilities, surrounded by comfortable retirement homes, award-winning gardens, verandahs and courtyards ideal for family and community gatherings. Special needs are catered for in Heath House. Units and facilities have recently been refurbished into a modern, stylish and high tech space.

Meals are prepared with only the best quality fresh, seasonal ingredients to suit all dietary requirements. Our flexible kitchens cater to your daily desires regardless of any fixed menu. Large dining and communal spaces are offered in all wings of the facility. Private dining rooms and kitchens are available for family gatherings, activities, entertainment and events such as afternoon teas and games.

7.





RESIDENTIAL AGED CARE

Excellent facilities are matched by exceptional service. At the touch of a button nursing assistance is available at any hour of the day or night.



LIFESTYLE PROVISIONS

- monthly newsletters in print & online, website & info booklets
- daily lifestyle programs for groups & individuals
- group outings & entertainment
- in-house games: bingo, cards, scrabble, carpet bowls
- happy hour, cooking classes, craft
- music, films & videos
- special functions for family & friends
- AUSTAR in communal lounge areas
- religious & cultural activities
- strength training
- home cooked meals
- 24 hour tea & coffee making facilities
- mobile DVD & book library
- men's shed



8.

ESSENTIAL SERVICES

- 24 hour nursing staff
- general practitioner
- on-site podiatrist, physiotherapist & psychotherapist
- pharmacy
- dietician
- seasonal catering to suit all diets
- cleaning & laundry
- Chaplaincy and church groups
- kiosk
- special needs unit
- hairdressing salon

FACILITIES

- private rooms with en-suites
- in-room telephones
- WiFi connection
- AUSTAR TV
- spacious lounge & dining areas
- award-winning gardens
- BBQ & outdoor entertainment areas
- activities rooms
- treatment room
- consultation rooms
- kitchenettes
- dining rooms for private use and social entertaining
- special needs unit
- state-of-the-art fire protection

Residential Care and respite services are available at the Harkness and Palmerston sites. Contact Havilah for procedure for entry and information regarding fees and charges or arrange an in-home presentation.

9.





RETIREMENT LIVING

Havilah offers comfortable and stylish independent living units at both Harkness and Palmerston sites.



At Havilah on Palmerston stylish architect-designed retirement villas offer a convenient and vibrant lifestyle. All villas at Palmerston comprise two generously sized bedrooms, spacious, light-filled open plan living, dining and kitchen area, one or two bathrooms, laundry, garage and courtyard.

Retire to a fulfilling lifestyle with all of the modern conveniences. Our Palmerston Street development celebrates the glamour of a heritage building redesigned into The High School Centre, a light-filled community centre offering a computer room with internet access, recreation and media area, function room, hair and beauty salon and library. The centre is surrounded by green grounds, 44 architecturally-designed retirement units and prestige aged-care apartments at Raglan House and The Terrace.

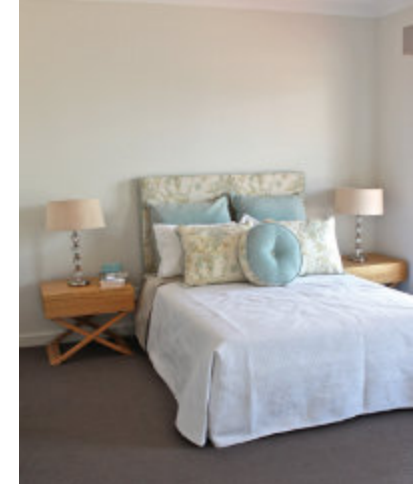
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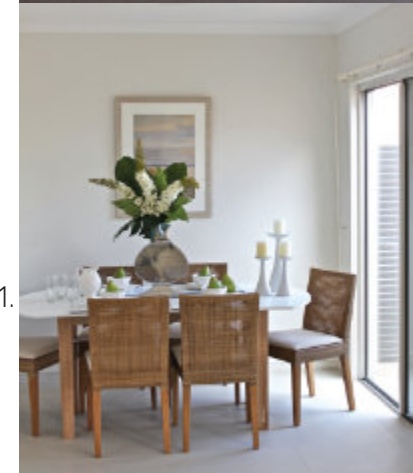
RETIRE IN STYLE

At Havilah Place on Harkness more retirement homes flank our award winning gardens adjoining our largest aged-care facility.

Activities and services available through our residential aged-care services are extended to retirement residents and in turn those residents are involved in volunteering with fundraising and activities. We support residents to stay independent for as long as possible.



11.



ADMISSION CRITERIA for residential aged-care

Admission to any residential aged care facility for either permanent residence or respite care is through the local Aged Care Assessment Team, who will work with you to decide whether you need hostel care or could be assisted to remain at home with other support such as home care or aged care packages. Your GP, Case Worker or Havilah staff can assist you with a referral to the Aged Care Assessment Team.

RESPITE CARE

Among the many services Havilah offers is respite care. Respite care provides temporary relief for those caring for the frail and aged. This temporary accommodation provides all services available to permanent aged-care residents. An aged care assessment is required.

VOLUNTEERING

At Havilah over 120 volunteers generously donate hours and skills to enrich the quality of life of our residents from resident retirees to the broader community and businesses who offer in-kind support. Contact Havilah if you would like to become a volunteer.

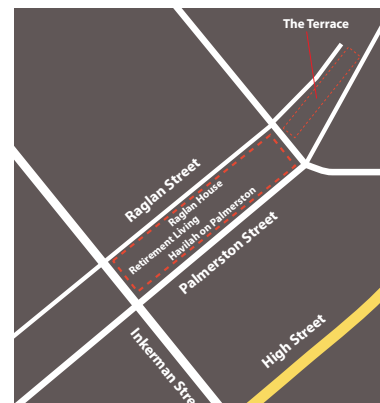
DONATIONS AND BEQUESTS

Your interest in quality care and accommodation for our frail aged and superior lifestyle choices for retirees can live on in a bequest to Havilah. Please consider Havilah as part of your giving program. All donations are tax deductible.

For more information and to view our room pricing and privacy policies visit our website.

www.havilah.org.au or contact us at:

Havilah Hostel Inc.
Retirement living, respite and permanent accommodation.
Office administration hours 9am-4pm
Telephone 03 5461 7300
Email mail@havilah.org.au
Web www.havilah.org.au



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