

RAGLAN TATTLER

PIP & MEL GREAT ENTERTAINMENT

Happy Hour continue to be a great crossover event between the Resident of Raglan House and the Independent Community. Pip & Mel got the room jumping recently with the residents joining in, singing along to all their favourite songs.

Happy Hour has weekly entertainment with a fine list of performers, including Geoff and Meryl James (Seriously Sixties), The Maryborough Theatre Group, Cynthia Jarratt and of course Pip and Mel. Havilah is also hopeful to introduce another couple who live locally to our fine list of performers in the near future.

This wonderful bunch of performers who freely give their time & services provide a great amount of fun & joy to our residents. To all our performers we say Thank You.



Robyn wins Gardening Awards

Havilah on Palmerston resident Robyn Wagstaff has taken out 2 Awards in the Central Goldfields Shire Council's Gardening competition which is organised by the Maryborough and District Gardening Club.

Robyn took the honours for the Best Garden / Unit / Townhouse and also the Best Courtyard. Robyn was in attendance at the awards ceremony and was thrilled to accept her awards.

Robyn commented it takes a lot of hard work, but she loved her gardening and found it a great pastime.

Robyn is looking forward to defending her titles next year and hopes to get plenty of competition from other members of the HOP Community.



DOCTOR SURGERY & PODIATRY SERVICE

Director of Services for Raglan House, Cleta Roughead has arranged for Dr Gavin Cuff from the Maryborough Medical Practice to hold fortnightly clinic at Raglan House. The service commenced on the Tuesday 16th February 2016. Cleta is also pleased to announce that Catlyn Little from Ballarat Podiatry will also hold an onsite Podiatry clinic. The anticipated cost per consultation is \$45.00.

Any residents interested in using the Doctors Clinic and the Podiatry Service should contact Cleta for more information on 5459 0154 or internal on 154.



Laundry - Lost Items

A large number of Raglan House residents now elect to use the Raglan House internal Laundry service. Due to resident clothing that has no personal identification, there are now items of unclaimed laundry. If you are missing an item of clothing, please contact Activities Coordinator Keith and he will attempt to recover your missing item.

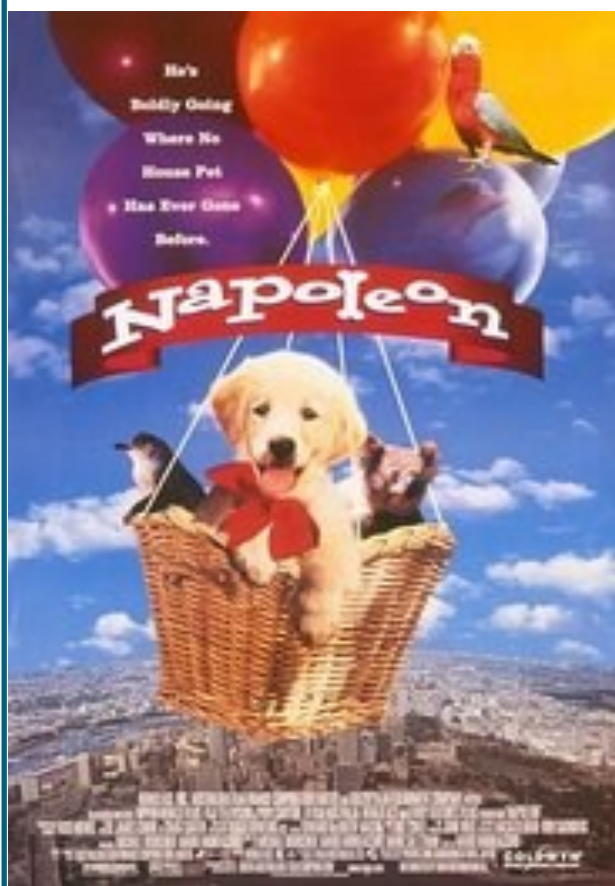
Havilah strongly recommends residents purchase iron name tags or mark clothing with a laundry marking pen. Name tags are available for purchase at a cost of \$27.50 per 50 or \$55.00 per 100 labels. You can order name tags via AC Keith (169).

Residents can also borrow a Laundry marking pen by contacting either AC Keith (169) or DoS Cleta (154)

Havilah accepts no responsibility for lost clothing that does not have personal name tags or any form of personal identification.



MOVIE NIGHT



NAPOLEON

The adventures of Golden Retriever pup Napoleon and his friend, the parrot Birdo Lucci.

Storyline: Napoleon is a little dog that lives in Sydney. He and his mother live with a family, but Napoleon loves to dream about meeting the wild dogs that live far away, and eventually becoming one himself. One day he gets into a basket hung from some balloons and flies away into the sky. The wind carries him to a nearby island where the basket finally lands. There he meets all kinds of different animals; some of them are friendly, but some aren't. With the help of a parakeet friend he learns the secrets of living alone in the island and defending himself from wild animals. He goes in search of the wild dogs, whom he finally finds. He is very happy with them, but then he gets homesick and starts to miss his mother, so he decides to go home again.



ALL HAVILAH SITES ARE NON SMOKING SITES. PLEASE RESPECT THIS FOR THE SAFETY OF RESIDENTS AND STAFF.



WHAT TO DO WHEN THE FIRE ALARM SOUNDS

Residents and Visitors should remain where they are and wait for staff to instruct you on evacuation. If you can see the fire you should move away from the immediate area and wait for instruction from staff. If the fire is in your room you should leave the room and close the door behind you.

Havilah is a very safe facility and has many measures in place to stop the spread of fire and smoke and to provide for safe evacuation in the case of a fire – this includes fire and smoke compartments, and sprinklers and smoke alarms.

There is a maximum of 6 resident rooms in each smoke/fire compartment and therefore should evacuation be required in the first instance it would only be for residents in the affected compartment.

The fire alarm automatically alarms at the fire station and the Brigade is here within minutes. Once the alarm has sounded the Brigade will attend even for false alarms. From the fire panel at the front of the building and on our staff pagers we can see which alarm has been actioned and therefore we immediately know the area to check.

When the Fire Alarm sounds RESIDENTS WILL BE KEPT INFORMED VIA STAFF AND THROUGH THE PUBLIC ADDRESS SYSTEM.

Havilah is a non smoking site which adds to the safety of residents and staff.



COMMUNICATION

USING EMAIL TO CONVERSE WITH OUR MANAGEMENT TEAM

Sometimes it is out of hours when you think of things you might like to raise with us . For those with email access you can have a conversation by email with our management team.

Chief Executive	Barb Duffin	barbceo@havilah.org.au
Director of Human Services	Kelsey Hooper	dhs@havilah.org.au
Director of Care	Dave Burrige	dave.burridge@havilah.org.au
Director of Services	Cleta Roughead	raglanmanager@havilah.org.au
Food Services Manager	Di Jackson	di.jackson@havilah.org.au

GREAT THINGS TO DO

**Don't forget to
check your
Activities Calendar**

UPCOMING EVENTS



Happy Hour Every Friday evening

Commencing at 5.00pm, Music, Finger Food, Hot & Cold Beverage, Ice-creams and Ice-cream Cones.



Raglan House Resident Meeting at Downstairs Raglan House (Bingo Area)

MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT



Bus Trip Out - Thursday afternoon departing at 1.30pm for lots of Fun points of interest throughout Central Victoria.

If you have an idea or suggestion for an outing, just let Activities Co-coordinator Keith know and he will do his best to arrange the outing for you.



500 Cards Games - Every 4th Wednesday Evening of the Month at 7.00pm.

Downstairs Raglan House Inkerman St end Kitchenette.
Tea & Coffee provided.



FALLS PREVENTION AND STRENGTHENING EXERCISES

Rhonda James Monday afternoons
2.30 - 3.00pm Downstairs Resident Lounge.
Care Staff will assist you to the Lounge if required.

BE SAFER ON YOUR FEET



WEEKLY ACTIVITIES

MOVIE NIGHT (Movie: Napoleon)

7.00pm Room 1 Community center

BUS TRIP OUT - Thursday's 1.30pm

NAIL-CARE - 10.00am Wednesday mornings each week

FOOT SPA - 9.30am Thursday mornings each week

HOY - Monday 10.30am

BINGO - Monday to Friday 1.30pm

CARPET BOWLS - Friday Morning 10.30am

MARBOWLS - Tuesday Morning 10.30am

CHAIROBICS - Tuesday & Friday 2.30pm

COLOUR IN ART - Wednesday 10th & 17th
February - 2.30pm

STRENGTH EXERCISES Monday's 2.30pm

CARDS 500 - 4th Wednesday of the month 7.00pm

CHURCH SERVICES

UNITING CHURCH - 1st Wednesday each Month 2.45pm

ANGLICAN CHURCH - 2nd Thursday each Month 10.30am

SALVATION ARMY CHURCH - 4th Wednesday each Month 2.45pm



CONTACTING STAFF and other Useful Numbers

You can contact staff by using your **room phone**

In Raglan House Ring 161 24 Hours a day to get the Nurse on Duty

Press your **Green** Call Button for **Non Urgent** assistance and

Press your **YELLOW** call Button for **URGENT** assistance

Community Centre Ring 140 between 9am & 12 Noon Monday to Friday

The call system is for **emergency calls** so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed on the Nurses Station wall at Raglan House both Upstairs and Downstairs these phones provide greater accessibility to staff for families. Please make use of these phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in Raglan House please call 5459 0150 if there is no answer on this number the call will be diverted to staff on the floor.

Other useful numbers can be found in your Resident Information Folder

COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE AT THE DOWNSTAIRS & UPSTAIRS NURSES STATION WINDOWS.

Residents and families of Raglan House are encouraged to communicate any issues they may have to either :

Director of Care (RN1) David Burridge 5461 7489

Director of Services (RN1) Cleta Roughead 5459 0154 or internal dial 154.

Both directors can be contacted by email using the email address:

raglanmanager@havilah.org.au

You can also contact: **CEO Barb Duffin** 5461 738 Mobile 0429 617380

email: barbceo@havilah.org.au or

Director of Human Services Kelsey Hooper 54 617383 email: dhs@havilah.org.au

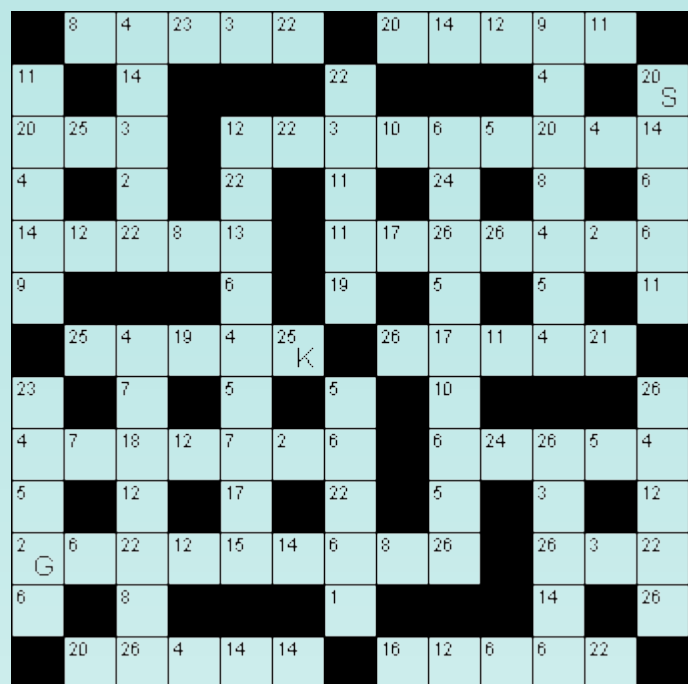
If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

CODEWORD NO. 18



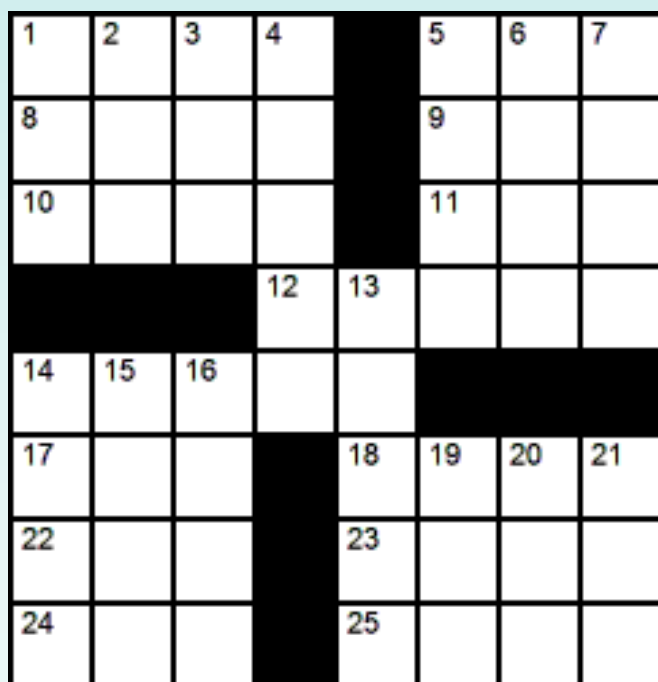
Each letter in this puzzle is represented by a number 1-26.

Can you crack the code and solve the crossword?

Every letter of the alphabet is used

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

OCTO CROSS - CROSSWORD NO.2



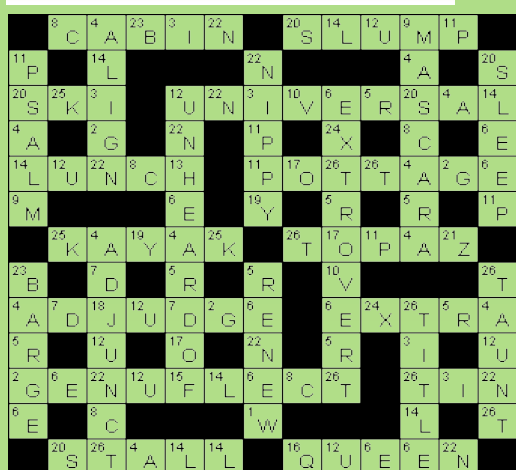
Across

1. Eschew
5. Young canine
8. Nimbus
9. Self
10. Coin
11. Type of tree
12. Bulbous plant
14. Woodland deity
17. Type of vine
18. Beak
22. Summit
23. Elaborate song for solo voice
24. Female sheep
25. Requirement

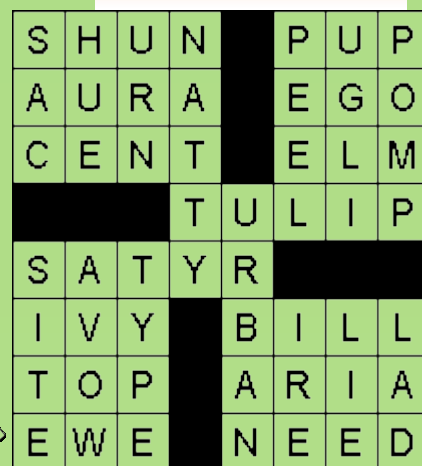
Down

1. Pouch
2. Chromaticity
3. Large vase
4. Snappy
5. Rind
6. Fruit
7. Eclat
13. Relating to a city
14. Location of something
15. Affirm
16. Sort
19. Anger
20. Prevarication
21. Boy or man

SOLUTION TO CODEWORD 17



OCTO SOLUTION



WORD SEARCH - VALENTINE

Can you find the hidden words? They may be horizontal, vertical or diagonal, forwards or backwards.

V	D	N	E	I	R	F	L	R	I	G	G	N	I	T	E	E	R	G
A	V	S	E	S	S	I	K	P	A	V	W	O	R	R	A	I	B	V
B	Y	B	C	W	O	B	A	G	D	C	B	C	S	S	L	E	B	C
C	E	H	E	T	C	S	V	T	O	A	D	A	D	T	A	V	D	H
E	A	G	L	L	S	U	O	L	R	R	E	R	E	U	N	Y	N	A
M	R	A	U	I	O	E	P	S	E	D	V	I	H	B	A	T	E	R
O	N	L	O	I	C	V	S	I	E	G	O	N	C	E	N	L	I	M
T	I	N	R	N	L	J	E	F	D	I	T	G	T	E	E	A	R	B
I	N	V	A	A	Y	E	T	D	M	F	I	H	I	V	T	Y	F	I
O	G	M	A	C	D	V	D	N	L	T	O	B	W	O	T	O	Y	R
N	O	I	T	A	U	T	A	F	N	I	N	H	E	L	I	L	O	V
R	A	H	N	O	I	T	C	A	R	T	T	A	B	C	M	K	B	P
C	A	P	T	I	V	A	T	E	D	C	I	C	R	U	S	H	P	D
S	D	V	P	C	D	E	T	N	A	H	C	N	E	N	I	A	X	E
O	E	M	V	E	B	O	S	W	E	E	T	H	E	A	R	T	V	A
R	S	H	E	H	A	T	T	D	E	R	U	T	P	A	R	N	E	R
E	I	G	Q	O	V	L	D	E	A	I	T	R	E	A	S	U	R	E
T	R	U	E	L	O	V	E	O	N	S	A	B	A	V	H	L	E	S
V	E	N	I	T	N	E	L	A	V	H	E	V	O	M	T	L	R	T

ADORE, APPEAL, ARROW, ATTRACTION, BEAU, BEGUILED, BELOVED, BEWITCHED, BOW, BOYFRIEND, CAPTIVATED, CARD, CARING, CHARM, CHERISH, CRUSH, CUPID, DEAREST, DESIRE, DEVOTION, DOTE, EMOTION, ENCHANTED, ENRAPTURED, EROS, GIFT, GIRLFRIEND, GREETING, INFATUATION, KISSES, LOVE, LOYALTY, PASSION, ROMANCE, SMITTEN, SWEETHEART, TREASURE, TRUELOVE, VALENTINE, YEARNING.

HAV A LAUGH

One day a 12-year old boy was walking down the street when a car pulled up beside him and the window was wound down.

"I'll give you a bag of lollies if you get in the car," said the male driver.

"No way", replied the boy. How about a bag of lollies and \$10?" asked the driver?

"No way", replied the irritated youngster.

"What about a bag of lollies and FIFTY?" quizzed the driver, still rolling slowly to keep up with the walking boy.

"No, I'm not getting in the car!" answered the boy

"OK, I know what you want - I'll give you \$100 and a bag of lollies" the driver offered.

The boy sighed: "Listen Dad, you bought a Jeep - you live with it!"

**DAD
BOUGHT
A JEEP**



**YOU'RE
GOING TO
NEED
A BIGGER
BOAT**

THEY TELL ME TO GET IN SHAPE



ROUND IS A SHAPE!