

ISSUED 26th March 2016

# RAGLAN TATTLER

*Happy Easter*



Havilah would like to wish all the residents of Raglan House, their Families and Friends a safe and peaceful Easter.



Easter is a time for family and friends to celebrate  
all the joy and blessings in our life's.

Easter gives hope for tomorrow,  
As after the winter comes Spring.  
Our hearts can be filled with gladness  
As hearts rejoice and sing.



May your  
Easter basket be full of  
*Joy, Happiness & Peace*  
Today & Always!

Happy  
**Easter**



## **DINING ROOM KITCHEN CAUTION**

Havilah request that residents do not under any circumstances make cups of tea and coffee in the Raglan House Dining room Kitchenette.

The kitchen staff are preparing food on an ongoing basis throughout the day. As a consequence the Oven, Hotplates, Soup Warmers and Food Warning Tray are constantly in use.

To avoid any possibility of residents injuring themselves, residents are directed to use any one of the 4 kitchenettes, located both upstairs and downstairs of Raglan House at either end of the facility.

If resident want to enjoy a cup of tea or coffee in the Dining Room they MUST have staff make the beverage for them.



**UNDER NO CIRCUMSTANCES SHOULD RESIDENTS  
USE OR ENTER THE DINING ROOM KITCHENETTE.**



## **DOCTOR SURGERY & PODIATRY SERVICE**

Dr Gavin Cuff from the Maryborough Medical Practice will hold fortnightly clinic at Raglan House. The service commenced on the Tuesday 16th February 2016.

Havilah has also arranged for Catlyn Little from Ballarat Podiatry to hold a Podiatry clinic in the Treatment room of the community Centre.

The cost is \$45.00 per consultation.

Any residents interested in using the Doctors Clinic or the Podiatry Service should contact Cleta for more information on 5459 0154 or internal on 154.



## **FAMILY DAY & MOTHER'S DAY**

Havilah would like to remind all Residents to book for Family Day Lunch Saturday 7th May and for Mothers Day Lunch Sunday 8th May 2016.

### **FAMILY DAY LUNCH**

7th May 2016 - 12.00noon

For Residents Family, friends and guests

2 Courses - \$13.00 per head - Drinks included

### **MOTHER'S DAY LUNCH**

Sunday 8th May 2016 - 12.00noon

2 Courses with Choccies and Drinks

\$15.00 per head

Residents can make bookings for either Saturday or Sunday by contacting Activities Coordinator Keith on 0408 774 715 or internal on 169.

Bookings close on Friday 29th April 2016



## **MOVIE NIGHT**

### **Drama film/Thriller - 1h 58m**

In 1950s Australia, beautiful, talented dressmaker Tilly returns to her tiny hometown to right wrongs from her past. As she tries to reconcile with her mother, she starts to fall in love while transforming the fashion of the town.

Viewer discretion is advised the movie has scenes with romantic overtures.



**ALL HAVILAH SITES ARE NON SMOKING  
SITES. PLEASE RESPECT THIS FOR THE  
SAFETY OF RESIDENTS AND STAFF.**



## **WHAT TO DO WHEN THE FIRE ALARM SOUNDS**

Residents and Visitors should remain where they are and wait for staff to instruct you on evacuation. If you can see the fire you should move away from the immediate area and wait for instruction from staff. If the fire is in your room you should leave the room and close the door behind you.

Havilah is a very safe facility and has many measures in place to stop the spread of fire and smoke and to provide for safe evacuation in the case of a fire – this includes fire and smoke compartments, and sprinklers and smoke alarms.

There is a maximum of 6 resident rooms in each smoke/fire compartment and therefore should evacuation be required in the first instance it would only be for residents in the affected compartment.

The fire alarm automatically alarms at the fire station and the Brigade is here within minutes. Once the alarm has sounded the Brigade will attend even for false alarms. From the fire panel at the front of the building and on our staff pagers we can see which alarm has been actioned and therefore we immediately know the area to check.

When the Fire Alarm sounds RESIDENTS WILL BE KEPT INFORMED VIA STAFF AND THROUGH THE PUBLIC ADDRESS SYSTEM.

Havilah is a non smoking site which adds to the safety of residents and staff.



## **COMMUNICATION**

### **USING EMAIL TO CONVERSE WITH OUR MANAGEMENT TEAM**

Sometimes it is out of hours when you think of things you might like to raise with us . For those with email access you can have a conversation by email with our management team.

Chief Executive	Barb Duffin	<a href="mailto:barbceo@havilah.org.au">barbceo@havilah.org.au</a>
Director of Human Services	Kelsey Hooper	<a href="mailto:dhs@havilah.org.au">dhs@havilah.org.au</a>
Director of Care	Dave Burrige	<a href="mailto:dave.burridge@havilah.org.au">dave.burridge@havilah.org.au</a>
Director of Services	Cleta Roughead	<a href="mailto:raglan_manager@havilah.org.au">raglan_manager@havilah.org.au</a>
Food Services Manager	Di Jackson	<a href="mailto:di.jackson@havilah.org.au">di.jackson@havilah.org.au</a>

## GREAT THINGS TO DO

**Don't forget to  
check your  
Activities Calendar**

### UPCOMING EVENTS



#### **Happy Hour Every Friday evening**

Commencing at 5.00pm, Music, Finger Food, Hot & Cold Beverage, Ice-creams and Ice-cream Cones.



#### **Raglan House Resident Meeting at Downstairs Raglan House (Bingo Area)**

MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT



#### **Bus Trip Out - Thursday afternoon departing at 1.30pm for lots of Fun points of interest throughout Central Victoria.**

If you have an idea or suggestion for an outing, just let Activities Co-coordinator Keith know and he will do his best to arrange the outing for you.



**Anglican Carers -** Are holding a Coffee Morning at the Anglican Church Hall. Tuesday 19th April 2016 from 9.30am onwards. All Residents of Raglan House are cordially invited to attend. If residents would like further information please contact Edna Jarvis 5461 408, Marg Finch 5460 5246 or Iris Anderson 5461 3980



#### **FALLS PREVENTION AND STRENGTHENING EXERCISES**

Rhonda James Monday afternoons  
2.30 - 3.00pm Downstairs Resident Lounge.  
Care Staff will assist you to the Lounge if required.

**BE SAFER ON YOUR FEET**



## WEEKLY ACTIVITIES

**MOVIE NIGHT** ( Movie: The Dressmaker)

7.00pm Room 1 Community center

**BUS TRIP OUT** - Thursday's 1.30pm

**NAIL-CARE** - 10.00am Wednesday mornings each week

**FOOT SPA** - 9.30am Thursday mornings each week

**HOY** - Monday 10.30am

**BINGO** - Monday to Friday 1.30pm



**CARPET BOWLS** - Friday Morning 10.30am

**MARBOWLS** - Tuesday Morning 10.30am

**CHAIROBICS** - Tuesday & Friday 2.30pm



**COLOUR IN ART** - Wednesday 10th & 17th  
February - 2.30pm



**STRENGTH EXERCISES** Monday's 2.30pm

**CARDS 500** - 4th Wednesday of the month 7.00pm



## CHURCH SERVICES



**UNITING CHURCH** - 1st Wednesday each Month 2.45pm

**ANGLICAN CHURCH** - 2nd Thursday each Month 10.30am

**SALVATION ARMY CHURCH** - 4th Wednesday each Month 2.45pm

**ANGLICAN CARERS** - Are holding a Coffee Morning at the Anglican Church Hall. Tuesday 19th April 2016 from 9.30am onwards.

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If residents would like further information please contact Edna Jarvis

5461 408, Marg Finch 5460 5246 or Iris Anderson 5461 3980 for further details.

## **CONTACTING STAFF and other Useful Numbers**

You can contact staff by using your **room phone**

**In Raglan House** Ring 161 24 Hours a day to get the Nurse on Duty

Press your **Green** Call Button for **Non Urgent** assistance and

Press your **YELLOW** call Button for **URGENT** assistance

**Community Centre** Ring 140 between 9am & 12 Noon Monday to Friday

**The call system** is for **emergency calls** so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed on the Nurses Station wall at Raglan House both Upstairs and Downstairs these phones provide greater accessibility to staff for families. Please make use of these phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in Raglan House please call 5459 0150 if there is no answer on this number the call will be diverted to staff on the floor.

**Other useful numbers can be found in your Resident Information Folder**

## **COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE AT THE DOWNSTAIRS & UPSTAIRS NURSES STATION WINDOWS.**

Residents and families of Raglan House are encouraged to communicate any issues they may have to either :

**Director of Care (RN1) David Burridge** 5461 7489

**Director of Services (RN1) Cleta Roughead** 5459 0154 or internal dial 154.

Both directors can be contacted by email using the email address:

[raglanmanager@havilah.org.au](mailto:raglanmanager@havilah.org.au)

You can also contact: **CEO Barb Duffin** 5461 7381 Mobile 0429 617380

email: [barbceo@havilah.org.au](mailto:barbceo@havilah.org.au) or

**Director of Human Services Kelsey Hooper** 54 617383 email: [dhs@havilah.org.au](mailto:dhs@havilah.org.au)

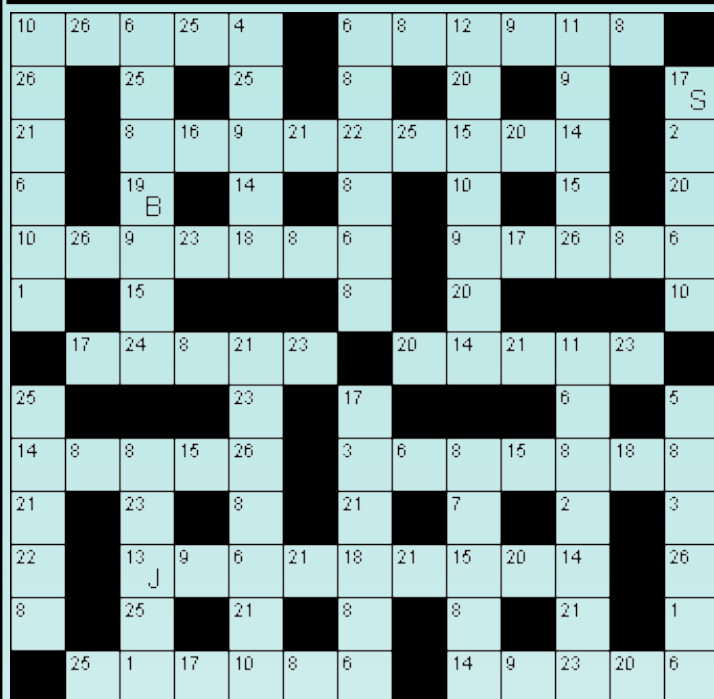
If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

## CODEWORD NO. 19



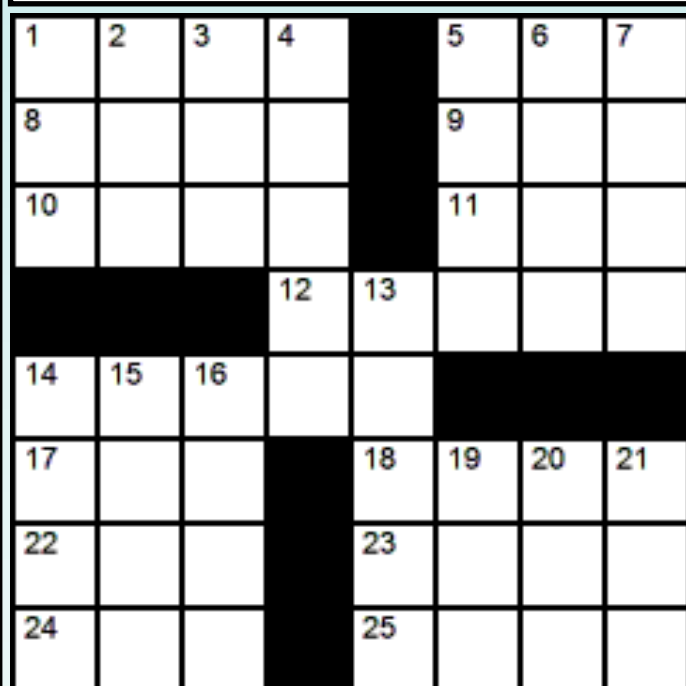
Each letter in this puzzle is represented by a number 1-26.

Can you crack the code and solve the crossword?

Every letter of the alphabet is used

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

## OCTO CROSS - CROSSWORD NO.3



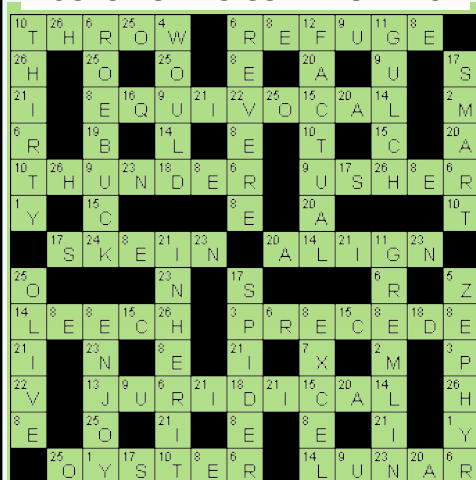
Across

1. Male hog
5. Small drinking container
8. Not working
9. Metal-bearing mineral
10. Cervid
11. Historic period
12. Speak
14. High quality porcelain
17. Paddle
18. Cosy or secluded retreat
22. Argument for
23. Adhesive
24. Japanese currency
25. Portent

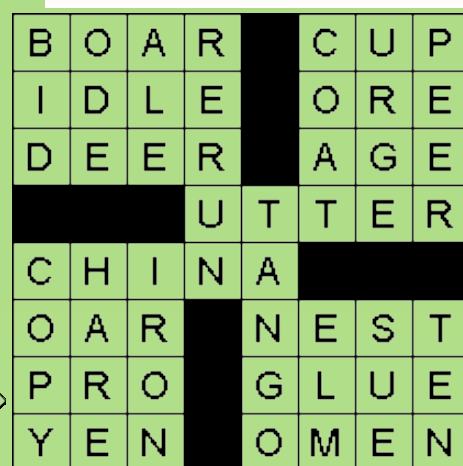
Down

1. Offer
2. Poem
3. Brew
4. Replay
5. Garment
6. Impulse
7. Look searchingly
13. Latin-American dance
14. Transcript
15. Long-eared mammal
16. Golf club
19. Tree
20. Litigate
21. Decimal base

## SOLUTION TO CODEWORD 19



## SOLUTION TO OCTO NO.3



## WORD SEARCH -

Can you find the hidden words? They may be horizontal, vertical or diagonal, forwards or backwards.

V	S	R	E	D	D	A	L	D	N	A	S	E	K	A	N	S	M	N	B
A	E	O	T	C	A	T	C	I	T	B	M	E	M	R	H	C	C	L	V
T	N	U	H	E	R	U	S	A	E	R	T	T	U	R	V	C	M	S	N
A	B	A	C	K	G	A	M	M	O	N	C	H	C	V	C	D	D	C	O
H	J	O	L	O	U	Y	K	T	M	H	N	R	J	B	V	A	R	M	U
A	I	M	M	O	T	P	B	C	E	A	I	R	D	C	P	R	A	A	G
L	G	O	V	H	T	U	A	C	A	B	H	R	M	A	M	T	U	R	H
M	S	N	C	H	M	T	K	C	B	J	O	J	P	S	T	S	G	B	T
A	A	O	N	M	R	E	O	A	H	W	K	E	O	S	H	O	H	L	S
B	W	P	M	A	R	P	G	K	S	I	R	C	I	N	G	R	T	E	A
T	M	O	J	S	T	E	I	S	T	C	S	H	A	N	G	R	S	S	N
A	L	L	I	E	A	N	O	I	H	P	W	I	I	L	B	S	N	X	D
N	L	Y	P	V	J	R	A	A	B	E	K	B	J	M	B	A	V	B	C
G	A	C	A	H	C	R	S	F	A	V	K	J	S	L	V	P	R	G	R
R	B	H	I	E	G	E	G	T	C	N	E	A	U	V	Q	I	M	I	O
A	N	E	G	L	G	A	X	C	C	T	N	D	T	O	D	V	R	O	S
M	I	S	P	Q	L	R	K	Z	A	E	O	N	C	G	N	I	G	E	S
D	P	S	Y	R	E	K	O	P	R	C	G	V	E	L	U	V	C	B	E
E	T	T	E	L	U	O	R	M	A	O	E	L	B	B	A	R	C	S	S
B	P	R	E	D	I	L	S	H	T	P	V	I	E	H	Z	A	E	G	V

BACCARAT, BACKGAMMON, BINGO, BLACKJACK, BRIDGE, CHECKERS, CHESS, CRIBBAGE, CROSSWORD, DARTS, DRAUGHTS, FANTAN, HALMA, JIGSAW, KENO, LOTTO, LUDO, MAHJONG, MARBLES, MONOPOLY, NOUGHTS AND CROSSES, PACHISI, PAPER CHASE, PINBALL, POKER, ROULETTE, SCRABBLE, SLIDER, SNAKES AND LADDERS, TANGRAM, TIC-TAC-TOE, TREASURE HUNT, WHIST.

## HAV A LAUGH

A man was driving along the highway when saw the Easter rabbit hopping across the middle of the road. He swerved to avoid hitting the rabbit, but unfortunately the Easter bunny jumped in front of the car and was struck by his car.

The basket of eggs and candy, the rabbit was carrying, went flying all over the place. The driver, being a sensitive man, as well as an animal lover, pulled over to the side of the road, and got out to see what had become of the rabbit carrying the basket. Much to his dismay, the colourful rabbit was dead. The driver felt so awful, he began to cry.

A woman driving down the highway saw the man crying on the side of the road and pulled over. She stepped out of her car and asked the man what was wrong. 'I feel terrible', he explained, 'I accidentally hit the Easter rabbit and killed it. Children will be so disappointed. What should I do?'

The woman told the man not to worry. She knew what to do. She went to her car trunk, and pulled out a spray can. She walked over to the dead, limp rabbit, and sprayed the contents of the can onto the furry animal. Miraculously the Easter rabbit came to life, jumped up, picked up the spilled eggs and candy, waved its paw at the two humans and hopped down the road. 50 metres away the Easter rabbit stopped turned around, waved and hopped down the road. 50 metres further on, he turned again, waved and hopped another 50 metres, again he waved. The man was astonished. He couldn't figure out what substance could be in the woman's spray can. He ran over to the woman and asked, 'What is in your spray can? What did you spray on the Easter rabbit?'

The woman turned the can around so that the man could read the label. It said: 'Hair spray. Restores life to dead hair. Adds a permanent wave.'



I'M AFRAID IT'S WORSE THAN WE THOUGHT.  
THE CREAMY NOUGAT HAS SPREAD TO YOUR HEAD.

