

Please contact Tracey on 54617382 or email tracey.wardlaw@havilah.org.au if you would like your Havachat sent via email

HAVILAH WEBSITE:
www.havilah.org.au

Issued 6th June 2014

HAVACHAT

HEATH HOUSE - DINNER DANCE

Families and friends of Heath House are invited to join us for a dinner dance.

Date: Saturday 7th June

Time: 11.30 am

Place: Heath House

R.S.V.P. to 54617482

Look forward to having you join us.

Patricia—Team Leader



MOTHER'S DAY LUNCH—Main Dining Room



Resident Meeting—Tuesday 10h June —1.15 pm in Callistemon Activities Room

Resident Meeting Heath House—Monday 16h June — 2.00 pm Heath House

THESE MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES
TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT



GASTRO OUTBREAK

Havilah would like to take this opportunity to thank residents, family and friends for their understanding and co-operation in helping to control the spread of Gastroenteritis, which unfortunately shutdown the facility for a number of days.

We would also like to take this time to stress the importance of minimizing exposure to our residents. With this in mind for the best interests of our residents, if family or friends have been exposed to the Gastro virus we request that you please refrain from visiting the facility for 48 hours post symptoms (i.e. nausea, diarrhoea, stomach cramps, vomiting with or without fever). This will give the residents the least amount of possible exposure.

Havilah has been very fortunate to not have suffered this type of outbreak for many years. And hopefully, with continued vigilance and support from the community, it shall be many more years before we have this situation again.

PARKING

Please be aware that parking is available at many areas, other than the front car park. We also have parking options at the rear of the facility (Correa entrance), which you can use and then walk through the facility to applicable area. Also the north end entry (left side of Heath House, blue stones) which has parking for a few cars. Lastly, street parking is also available on Harkness Street.

We do have undercover pick-up and drop-off designated areas, at the Main entrance and Heath House entrance. Residents are encouraged to wait in the foyer at both entrances while you park/pick-up your car from alternative parking options.

HAVILAH MAJOR RAFFLE



1ST Prize \$10,000 Goods/Services Retailer/s of choice

2nd Prize \$5,000 Goods/Services Retailer/s of choice

Plus 10 x \$500 early bird prizes Goods/Services at Retailer/s of choice.

Tickets are \$100 each. Please ask your friends and relatives if they would like a ticket or you may like to have a family Syndicate. Great Odds—Only 400 tickets

WE STILL HAVE TICKETS LEFT—IT WOULD BE GREAT TO SELL THEM ALL

Please contact Raeleen 54617380 or Rhonda 54617387 if you would like a ticket.

Congratulations to our early bird weekly prize winners of \$500.

Week 1 - Joan Fryer, Week 2 - Anne Jardine, Week 3 - Marlene Currie, Week 4 - Jeff Hooper, Week 5 - Joan Hartley, Week 6 - Bernie Crameri

MOTHER'S DAY LUNCH

Many Mothers and families attended our special Mother's Day and Family Day Functions held in May.



AFL FOOTBALL TIPPING

Round 11 is completed and our leaders are: **Brian Dam (60)**. Closely followed by Dot Sinclair, Alf Freemantle and Ivy Page (59), and then Honky Howarth, Jim Jordan, Margaret Little, Nancy Tonkin and Sybil Freemantle (58).

A very close competition so far!

RESIDENT SURVEY - April 2014

Of the 61 residents that were surveyed (Harness = 40 and Raglan = 21)

How would they rate you rate your stay at Havilah, 30% said excellent, 48% said very good and 22% said good

100% Felt secure in their environment

93% Felt we offered a variety of choice on our menu

In rating our menu, 8% said excellent, 34% said very good, 46% said good and 12% said poor

NEWSPAPERS

Please do not remove newspapers or magazines from the dining room tables to take to rooms. Residents requiring their own newspapers will need to order from the newsagent, and they will be delivered. Responsibility for payment will be yours.

**Don't forget to check
your Activities Calendar
located on the back of
your door for other daily
activities**

GREAT THINGS TO DO IN JUNE

HAPPY HOUR EACH FRIDAY

Live entertainment in main Dining Room.

Happy Hour activities continue at Heath House



LUNCH OUT EACH THURSDAY – leaving Havilah 11.45 am

Thurs 5th

Cambrian Hotel

Thurs 12th

Golf Club

Thurs 19th

Park Hotel

Thurs 26th

Highland Society



CHURCH SERVICES – all Services begin at 10.30 am

Wed 4^h

Uniting Church

Wed 11th

Salvation Army

Wed 18th

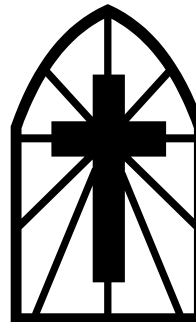
Wattle City Church

Tue 24th

Anglican Church

Wed 25th

Catholic Church



SPECIAL EVENTS

Sat 7th

Dinner Dance in Heath House

Sat 24th

**Veronica - Concert in Main Lounge at
2.00 pm**



WEEKLY ACTIVITIES

BUS TRIPS – Mondays and Fridays

Wednesdays Heath House

Nail Pedicure Pampers - Monday mornings

Foot Spas - Monday and Thursday mornings each week



BINGO – each Monday, Tuesday, Thursday & Friday
(Callistemon Activities Room)

INDOOR BOWLS - Wednesdays 1.30pm (Main Dining Room)



SPECIAL MORNING TEA - Tuesdays 10.00am (Main Dining Room)

HAPPY HOUR EACH FRIDAY at 4.30 PM



TUESDAY - Street Walk 1.30pm

Afternoon Cards 3.15 pm

WEDNESDAY - Strength exercises 11.15am

THURSDAY - CHOIR with VERONICA 3.15pm

FRIDAY - Video in Lounge 3.15pm

SATURDAY - **Heath House “CAFÉ” 3.00pm** Yummy Afternoon Tea;

Milk Shakes; Iced Coffee

SUNDAY - Devonshire Afternoon Tea



COOKED BREAKFAST 1st Monday of Each Month



Doctors' Visits

Residents are reminded to pick up paperwork from the Care Station prior to visiting your GP. This information should be handed in to the Care Station on your return. This is so that Havilah can keep up to date with Doctors instructions and comments re your health.

RESIDENTS BE AWARE

At times residents receive phone calls from persons claiming that they are a representative of a telephone and electricity companies, asking for bank account details to clear outstanding balances. This type of phone call should at all times be ignored.

PLEASE DO NOT ADVISE YOUR BANK DETAILS TO ANYONE OVER THE 'PHONE AND REPORT ALL SUCH CALLS TO RECEPTION.

FROM THE KITCHEN

Residents are reminded that it is possible to order an alternate meal. Selection should be made from the dishes listed as available on the menu or on the whiteboard in the Dining Room. Please let the kitchen know of lunch time requests in the morning and alternate evening meal requests by Lunchtime.

KIOSK

The resident kiosk situated in Acacia next to the Hairdressing salon is open each Thursday 10-12 am. It is stocked with goodies for you, and our volunteer staff will be happy to help you.

RESIDENT MASSEUR

Havilah have their own Resident masseur who is available for massages at a cost of \$30 per session. If you would like to enquire about booking a session please contact Sue on 54617390. Limited places are available. One off massages are only available where space is available.

LAUNDRY

The lost clothing department in the laundry has become full with unlabelled clothing once again. Residents and family members are encouraged to visit the laundry to see if they can identify any missing clothing. Residents are reminded that after a month in the lost clothing they are sent to the Carisbrook Opportunity shop.

You may not consider creams or alternate non-prescribed herbal remedies as medications but Residents as it is a requirement of the Department of Health and Ageing that facilities arrange the assessment and monitoring of self-medication of our residents

PLEASE ADVISE STAFF OF ANY MEDICATIONS YOU KEEP IN YOUR ROOM AND SELF ADMINISTER. We can then arrange for the required documentation to be put in place to accommodate you. We would very much appreciate your co-operation with this.

CONTACTING STAFF

You can contact staff by using your **room phone**

In the main building Ring 370 between 7am and 11 pm; or 367 between 11 pm and 7 am

In Heath House Ring 626. In Melaleuca House Ring 627.

The call system is for emergency calls so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed in the lounge areas at Heath House to provide greater accessibility to staff for families. Please make use of these 'phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Heath House** please call **54617481**, if there is no answer on this number the call will be diverted to staff on the floor.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Melaleuca House** please call the nurses station on **54617486**, if there is no answer the call will be diverted to staff on the floor.

For all other areas of Havilah dial 54617300 and follow the prompts.

COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Care (RN1)** 54 617489 or internal dial 489. Email dave.burridge@havilah.org.au

The RN Nursing Supervisor can be contacted on 54617396 or by internal dial 396.

Heath House **Team Leader Patricia Boyd or Lesley Mackey**. 54 617461 or Internal Dial 461

You can also contact: **CEO Barb Duffin** 54 617381 Internal Dial 381 Mobile 0429 617380

email: barbceo@havilah.org.au or **Director of Human Services Annie Constable**

54 617383 Internal Dial 383 email: dhs@havilah.org.au.

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

GENERAL ENQUIRIES

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: rhonda.treloar@havilah.org.au or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

Residents can contact Rhonda simply by pressing the numbers 387 on room telephones.

ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries



HAV'A'LAUGH

Wedding Anniversary



A couple goes out to dinner to celebrate their 50th wedding anniversary. On the way home, she notices a tear in his eye and asks if he's getting sentimental because they're celebrating 50 wonderful years together.

He replies, "No, I was thinking about the time before we got married. Your father threatened me with a shotgun and said he'd have me thrown in jail for 50 years if I didn't marry you.

Tomorrow I would've been a free man!"

Other Funnies



I'm not stealing it
I'm moving it closer to my home.



"Sure, I'd love a second honeymoon dear...
who with?"

Thoughtful Quote

Yesterday's the PAST
Tomorrow's the FUTURE
But Today is the GIFT
That's why it's called the PRESENT!!!!

