

Please contact Dawn on 54617397 or email
dawn@havilah.org.au if you would like your
Havachat sent via email

HAVILAH WEBSITE:
www.havilah.org.au

HAVACHAT

APRIL 2014



INVITATION

Havilah Residents would like to invite their
Family and Friends to a

SPECIAL FAMILY DAY LUNCH

Saturday 10th May

2 Courses — \$13 per head — drinks included

And also to:

MOTHERS DAY LUNCH

Sunday 11th May

2 Courses with Choccies and drinks
— \$13 per head

RSVP Mon 5th May
To Rhonda: 54617387
Rhonda@havilah.org.au

Resident Meeting—Monday 14th April —1.15 pm in Callistemon Activities Room

Resident Meeting Heath House—Monday 21st April — 2.00 pm Heath House

THESE MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES
TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT



HAVILAH MAJOR RAFFLE

1ST Prize \$10,000 Goods/Services Retailer/s of choice

2nd Prize \$5,000 Goods/Services Retailer/s of choice

Plus 10 x \$500 early bird prizes Goods/Services at Retailer/s of choice.



Tickets are \$100 each. Please ask your friends and relatives if they would like a ticket or you may like to have a family Syndicate. Great Odds—Only 400 tickets

WE STILL HAVE TICKETS LEFT—IT WOULD BE GREAT TO SELL THEM ALL

Please contact Raeleen 54617380 or Rhonda 54617387 if you would like a ticket.

6 Apr 2014 - Daylight Saving Time

Don't forget Sunday, 6 April 2014 clocks are turned **backward** 1 hour
Sunrise and sunset will be about 1 hour earlier on 6 Apr 2014 than the day before. There will be more light in the morning.



FROM THE KITCHEN

Residents are reminded that it is possible to order an alternate meal. Selection should be made from the dishes listed as available on the menu or on the whiteboard in the Dining Room. Please let the kitchen know of lunch time requests in the morning and alternate evening meal requests by Lunchtime.

Doctors' Visits

Residents are reminded to pick up paperwork from the Care Station prior to visiting your GP. This information should be handed in to the Care Station on your return. This is so that Havilah can keep up to date with Doctors instructions and comments re your health.

RESIDENTS BE AWARE

At times residents receive phone calls from persons claiming that they are a representative of a telephone and electricity companies, asking for bank account details to clear outstanding balances. This type of phone call should at all times be ignored.

PLEASE DO NOT ADVISE YOUR BANK DETAILS TO ANYONE OVER THE 'PHONE AND REPORT ALL SUCH CALLS TO RECEPTION.



ALL HAVILAH SITES ARE NON SMOKING SITES. PLEASE RESPECT THIS FOR THE SAFETY OF RESIDENTS AND STAFF.



ST PATRICK'S DAY



AUXILIARY EASTER RAFFLE

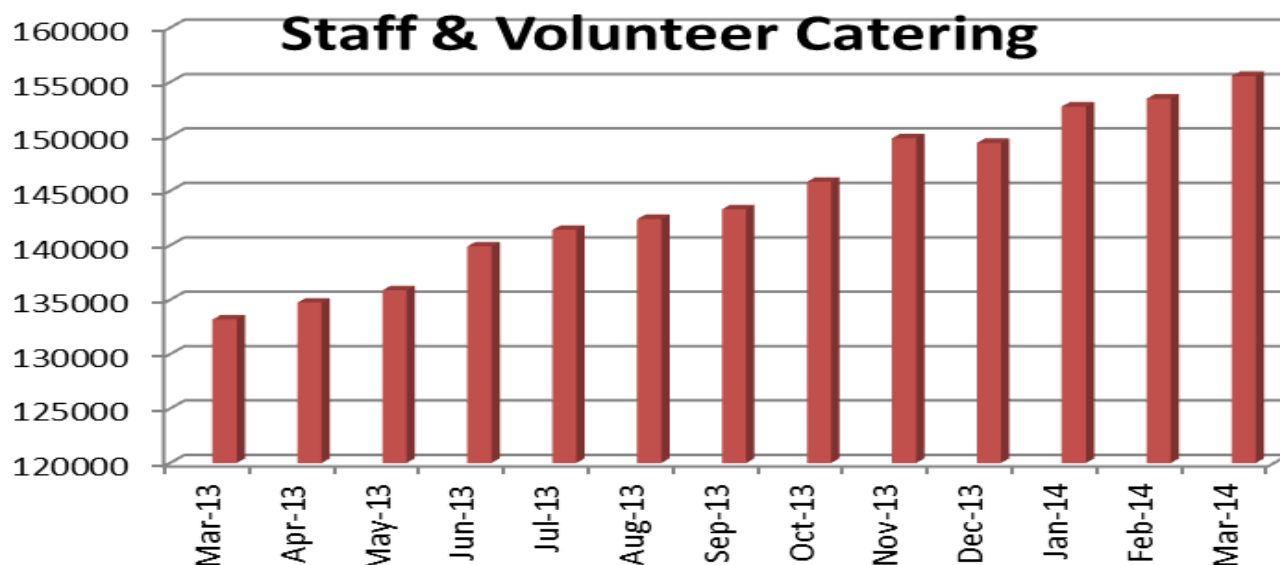
Havilah Hostel Auxiliary Inc. are selling raffle tickets for their annual Easter raffle. Tickets are \$2.00 each.

1st Prize: \$100 Gift Voucher & \$50 Easter Basket

2nd Prize: \$50 Easter Basket

3rd Prize: \$25 Easter Basket

Tickets are available at the main office. You can't win it if your not in it!!



We would love to have new volunteers join our Group. Please talk to Raeleen or Sue if you are interested.

**Don't forget to check
your Activities Calendar
located on the back of
your door for other daily
activities**

GREAT THINGS TO DO IN APRIL

HAPPY HOUR EACH FRIDAY

Live entertainment in main Dining Room.

Happy Hour activities continue at Heath House



LUNCH OUT EACH THURSDAY – leaving Havilah 11.45 am

Thurs 3rd Cambrian Hotel

Thurs 10th Golf Club

Thurs 17th Park Hotel

Thurs 24th Highland Society



CHURCH SERVICES – all Services begin at 10.30 am

Wed 2nd Uniting Church

Wed 9th Salvation Army

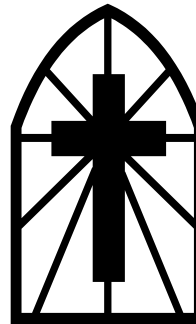
Thurs 10th Catholic Mass—10.30 am

Wed 16th Wattle City Church

Tue 22nd Anglican Church

Wed 23th Catholic Church

Wed 30th No Church



SPECIAL EVENTS

Sat 5th Alby Hansen—Concert in Main Lounge—1.30 pm

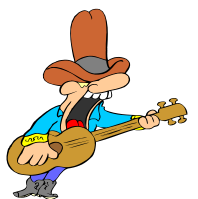
Mon 14th Morning Melodies—10.00 am

18th-21st Good Friday, Easter Saturday, Sunday & Monday

Thur 24th Anzac Service in Lounge

Fri 25th Anzac Day—Service at McLandress Square

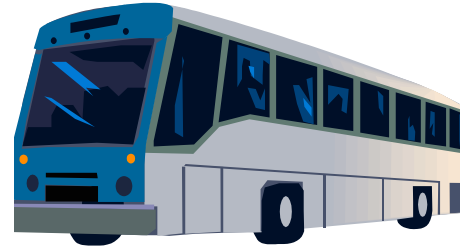
Sat 26th Veronica—Concert in Main Lounge—1.30 pm



WEEKLY ACTIVITIES

BUS TRIPS – Mondays and Fridays—

Wednesdays Heath House



PLEASE NOTE: THERE IS NO BUS GOOD FRIDAY AND EASTER MONDAY

Nail Pedicure Pampers—Monday mornings

Foot Spas—Monday and Thursday mornings each week



BINGO – each Monday, Tuesday, Thursday & Friday
Callistemon Activities Room

INDOOR BOWLS Wednesdays Main Dining Room



SPECIAL MORNING TEA Tuesdays 10am—Main Dining Room

HAPPY HOUR EACH FRIDAY—4.30 PM



TUESDAY —Street Walk—Afternoon Cards 3.15 pm

WEDNESDAY—11.15 am Strength exercises

WEDNESDAY—BBQ Lunch

THURSDAY—3.00 pm CHOIR with VERONICA

FRIDAY—3.15pm Video in Main Lounge

SATURDAY 3 pm in the Heath House “CAFÉ” Yummy Afternoon Tea;

Milk Shakes; Iced Coffee

SUNDAY Devonshire Afternoon Tea

COOKED BREAKFAST 1st Monday of Each Month



KIOSK

The resident kiosk situated in Acacia next to the Hairdressing salon is open each Thursday 10-12 am. It is stocked with goodies for you, and our volunteer staff will be happy to help you.

LAUNDRY

The lost clothing department in the laundry has become full with unlabelled clothing once again. Residents and family members are encouraged to visit the laundry to see if they can identify any missing clothing. Residents are reminded that after a month in the lost clothing they are sent to the Carisbrook Opportunity shop.

NEWSPAPERS

Please do not remove newspapers or magazines from the dining room tables to take to rooms. Residents requiring their own newspapers will need to order from the newsagent, and they will be delivered. Responsibility for payment will be yours.

AFL FOOTBALL TIPPING

The Resident 2014 AFL football tipping is under way. There are 53 participants in the competition this year. Round 2 is completed and our leaders are: Beth Sewell and Jennie Wellsted on 14. Brian Dam, Jessie Dearing and Honky Howarth are on 13. Alf Broad, Millie Leigh, Nancy Tonkin, Myrtle Hooper and Norm Weston are all on 12.

HAVILAH STAR TIPSTERS Nobody picking all winners as yet.

RESIDENT MASSEUR

Havilah have their own Resident masseur who is available for massages at a cost of \$30 per session. If you would like to enquire about booking a session please contact Sue on 54617390. Limited places are available. One off massages are only available where space is available.

You may not consider creams or alternate non-prescribed herbal remedies as medications but Residents as it is a requirement of the Department of Health and Ageing that facilities arrange the assessment and monitoring of self-medication of our residents PLEASE ADVISE STAFF OF ANY MEDICATIONS YOU KEEP IN YOUR ROOM AND SELF ADMINISTER. We can then arrange for the required documentation to be put in place to accommodate you. We would very much appreciate your co-operation with this.

CONTACTING STAFF

You can contact staff by using your **room phone**

In the main building Ring 370 between 7am and 11 pm; or 367 between 11 pm and 7 am

In Heath House Ring 626. In Melaleuca House Ring 627.

The call system is for emergency calls so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed in the lounge areas at Heath House to provide greater accessibility to staff for families. Please make use of these 'phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Heath House** please call **54617481**, if there is no answer on this number the call will be diverted to staff on the floor.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Melaleuca House** please call the nurses station on **54617486**, if there is no answer the call will be diverted to staff on the floor.

For all other areas of Havilah dial 54617300 and follow the prompts.

COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Clinical Care (RN1)** 54 617489 or internal dial 489. Email dave.burridge@havilah.org.au

The RN Nursing Supervisor can be contacted on 54617396 or by internal dial 396.

Heath House **Team Leader Patricia Boyd or Lesley Mackey**. 54 617461 or Internal Dial 461

You can also contact: **CEO Barb Duffin** 54 617381 Internal Dial 381 Mobile 0429 617380

email: barbceo@havilah.org.au or **Director of Human Services Annie Constable**

54 617383 Internal Dial 383 email: dhs@havilah.org.au.

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

GENERAL ENQUIRIES

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: rhonda.treloar@havilah.org.au or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

Residents can contact Rhonda simply by pressing the numbers 387 on room telephones.

ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries

HAV'A'LAUGH



PET RABBIT

For our daughter's 8th birthday we bought her a rabbit. We couldn't help laughing when on the way she announced "the rabbit's name is Sparingly." "How do you know?" I asked "look" she responded "it says "feed sparingly 3 times daily."

FARMER

A man is driving down the road, when he passes a farmer standing in the middle of a huge field. He pulls the car over and watches the farmer doing absolutely nothing. The man walks over to the farmer and asks him, "excuse me sir, but what are you doing?" The farmer replies, "I'm trying to win a Nobel Prize." "How?" Asks the man puzzled. "Well I heard they give the prize to people who are outstanding in their field."

SCHOOL

Teacher: If there are a dozen flies on a table and you swat one, how many are left? Math clown: Uhhhh, just the dead one?

FATHER and SON

I was putting my son to sleep one night, after tucking him in and singing a song we said our good nights. About 10 minutes later he calls, "Dad, I need a drink!" So I bring a drink and tell him how late it is and he better go to sleep. 10 minutes later he calls me again, "Dad, I'm hungry!" I yell back, "if I hear you again you are going to get a spanking!" About 5 minutes later he yells back, "Dad, when you come to give me a spanking please bring me something to eat!"

PHOTOGRAPHER

As a professional photographer, Judy takes a lot of pride in her pictures. Wherever she goes, she brings her pictures with her, to show off her work. "Wow", said her host Sandra, "these are really nice pictures, you must have a great camera." Fuming mad at the implication that her whole talent came from her camera, Judy waited until the end of the meal and then thanked her host, "Thank you the meal was delicious," and then as if an afterthought added, "you must have great pots."

