Please contact Tracey on 54617382 or email tracey.wardlaw@havilah.org.au if you would like your Havachat sent via email

HAVILAH WEBSITE:

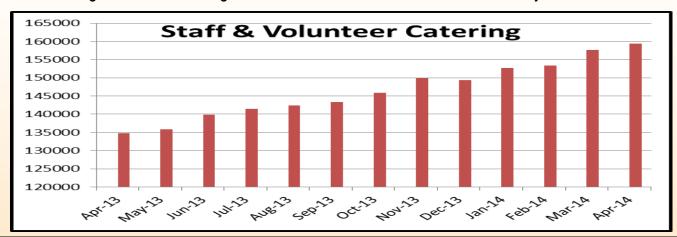
www.havilah.org.au





ANZAC DAY SERVICE

Our residents attended the Anzac Day Service at McLandress Square after being conveyed by the Maryborough Historical Vehicle Club. Havilah Hostel are grateful to the Club for volunteering their time, allowing Havilah residents to attend the service each year.



Resident Meeting—Monday 12th May —1.15 pm in Callistemon Activities Room

Resident Meeting Heath House—Monday 19th May — 2.00 pm Heath House

THESE MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES

TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT



PAGE 2 MAY 2014

HAVILAH MAJOR RAFFLE

IST Prize \$10,000 Goods/Services Retailer/s of choice 2nd Prize \$5,000 Goods/Services Retailer/s of choice



Plus 10 x \$500 early bird prizes Goods/Services at Retailer/s of choice.

Tickets are \$100 each. Please ask your friends and relatives if they would like a ticket or you may like to have a family Syndicate. Great Odds—Only 400 tickets

WE STILL HAVE TICKETS LEFT—IT WOULD BE GREAT TO SELL THEM ALL

Please contact Raeleen 54617380 or Rhonda 54617387 if you would like a ticket.

Congratulations to our first early bird weekly prize winners of \$500.

Draw 1 Joan Fryer, Draw 2 Ann Jardine,

HARKNESS STREET SITE SIGNIFICANT REFURBISHMENT PROGRAM

The Board has commenced planning to undertake a program of significant refurbishment at the Harkness Street site and has agreed the following items for inclusion in the program.

- I. RENOVATION OF BANKSIA ATRIUM TO INTERNAL AREA TO INCLUDE BAC CARE STATION AND TREATMENT AREA
- 2. Convert Banksia Laundry to staff WC's for BAC and corporate
- 3. COVERED WAY FROM BANKSIA HOUSE TO DINING ROOM
- 4. INCREASE RESIDENT WC'S OFF MAIN DINING ROOM
- 5. UPGRADE EXTERNAL COURT AND BARBECUE AREA OFF MAIN DINING ROOM
- 6. REMOVAL OF THE WALL BETWEEN THE CALLISTEMON TV ROOM AND ACTIVITIES ROOM TO CREATE A LARGER ACTIVITIES AREA.
- 7. COVERED AREA HEATH HOUSE. EXTENDED OUT FROM THE NORTH SIDE PORCH AREA TO INCLUDE RAISED PLANTERS
- 8. SCREENING INTERNAL HEATH HOUSE
- 9. UPGRADE WIFL OVER ALL OF SITE
- 10. RESIDENT ROOMS 1-51 CARPET. POSSIBLY SOME BATHROOM REFURB
- 11. EXTEND EXTERNAL PATHWAYS AROUND BUILDING INCLUDING SEATING
- 12. GOPHER PARKING
- 13. CREATE INCREASED OFFICES WITHIN THE ADMINISTRATION AREA INCLUDING IMPROVEMENTS TO THE MAIN ENTRANCE INTERNAL AND EXTERNAL.

All of these works have been included in our Strategic Plan for some time and the Board sees this as an opportunity not to be missed in achieving these very significant improvements for residents and staff at our Harkness Street site.

PAGE 3 MAY 2014

HEATH HOUSE - DINNER DANCE

Families and friends of Heath House are invited to join us for a dinner dance.

Date: Saturday 17th May

Time: 11.30 am

Place: Heath House

R.S.V.P. to 54617482

Look forward to having you join us. Patricia—Team Leader



Compliments

20 compliments were received in relation to the last Heath House dinner dance. 92 meals were served and all had a great day.

Comments on the event included - music great. I have never known so many people who have dedicated their time to keep all the people happy and cared for. It is great to see life back in the room with smiling faces and tapping hands. Happy atmosphere, lovely day, enjoyable time. Wonderful music, lovely dinner and pleasant service. Excellent day always enjoyable, my first time and I will come again.

Hi all, it is me as a guest. How I am having an absolute ball. Nothing changed, everything top class. Congratulations to Patricia and all her staff. Bring on the next one. Nearly forgot, welcome to the new singers, do come again.

An excellent function. Super fun thanks for giving our family such a nice lunch together. (A resident's grand-daughter from Seattle). Well done to all of the staff, meal really great.

The Dinner Dance is a bi monthly event with all Havilah residents and families invited to attend.

RESIDENT SURVEY - March 2014

Of the 64 residents that were surveyed (Harness = 43 and Raglan = 21)

94% Said we have enough space for activities (6% said we need more room - Harkness site)

88% Felt we provided enough activities for male residents (12% said no, suggested more woodwork)

100% Felt they received their medication at a reasonable time

98% Were aware they needed to sign in/out book when leaving facility (2% N/A doesn't go out)

AUXILIARY EASTER RAFFLE

Congratulations to the winners of the Havilah Hostel Auxiliary Easter raffle for 2014.

1st Prize: \$100 Gift Voucher & \$50 Easter Basket Julie Kollmorgen

2nd Prize: \$50 Easter Basket Colleen Rich



MAY 2014

Don't forget to check your Activities Calendar located on the back of your door for other daily activities

GREAT THINGS TO DO IN MAY

HAPPY HOUR EACH FRIDAY

Live entertainment in main Dining Room.

Happy Hour activities continue at Heath House



LUNCH OUT EACH THURSDAY - leaving Havilah 11.45 am

Thurs IST Cambrian Hotel

Thurs 8th Golf Club

Thurs 15th Park Hotel

Thurs 22nd Highland Society

Thurs 29th Golf Club



CHURCH SERVICES - all Services begin at 10.30 am

Wed 7th Uniting Church

Wed 14th Salvation Army

Wed 21st Wattle City Church

Tue 27th Anglican Church

Wed 28th No Church



SPECIAL EVENTS

Sat 3rd Alby Hansen—Concert in Main Lounge—1.30 pm

Sat 10th Family Day

Sun 11th Mother's Day Luncheon

Sat 17th Dinner Dance in Heath House

Sat 24th Veronica—Concert in Main Lounge—2.00 pm





PAGE 5 MAY 2014

WEEKLY ACTIVITIES

BUS TRIPS – Mondays and Fridays—

Wednesdays Heath House

Nail Pedicure Pampers—Monday mornings

Foot Spas—Monday and Thursday mornings each week





BINGO – each Monday, Tuesday, Thursday & Friday Callistemon Activities Room

INDOOR BOWLS Wednesdays Main Dining Room



SPECIAL MORNING TEA Tuesdays 10am—Main Dining Room

HAPPY HOUR EACH FRIDAY—4.30 PM



TUESDAY —Street Walk—Afternoon Cards 3.15 pm

WEDNESDAY—11.15 am Strength exercises

WEDNESDAY—BBQ Lunch

THURSDAY—3.00 pm CHOIR with VERONICA

FRIDAY—3.15pm Video in Main Lounge

SATURDAY 3 pm in the Heath House "CAFÉ" Yummy Afternoon Tea;

Milk Shakes; Iced Coffee

SUNDAY Devonshire Afternoon Tea

COOKED BREAKFAST 1st Monday of Each Month





PAGE 6 MAY 2014

EASTER

Hope you all had a great Easter and the Easter Bunny found you with sweet treats.

Below are some happy shots from the Easter festivities.









AFL FOOTBALL TIPPING

Round 7 is completed and our leaders are: Nancy Tonkin 43. Ivy Page 42, Margaret Little and Jim Jordan 41, and Brian Dam and Bonnie Freeman are on 40.

A very close competition so far!

HAVILAH STAR TIPSTERS Nobody picking all winners as yet.

You may not consider creams or alternate non-prescribed herbal remedies as medications but Residents as it is a requirement of the Department of Health and Ageing that facilities arrange the assessment and monitoring of self-medication of our residents PLEASE ADVISE STAFF OF ANY MEDICATIONS YOU KEEP IN YOUR ROOM AND SELF ADMINISTER. We can then arrange for the required documentation to be put in place to accommodate you. We would very much appreciate your co-operation with this.

CONTACTING STAFF

You can contact staff by using your room phone

In the main building Ring 370 between 7am and 11 pm; or 367 between 11 pm and 7 am In Heath House Ring 626. In Melaleuca House Ring 627.

The call system is for emergency calls so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed in the lounge areas at Heath House to provide greater accessability to staff for families. Please make use of these 'phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Heath House** please call 54617481, if there is no answer on this number the call will be diverted to staff on the floor.

FOR FAMILIES ringing from outside Havilah to speak to staff in **Melaleuca House** please call the nurses station on **54617486**, if there is no answer the call will be diverted to staff on the floor.

For all other areas of Havilah dial 54617300 and follow the prompts.

COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Clinical Care (RN1)** 54 617489 or internal dial 489. Email dave.burridge@havilah.org.au

The RN Nursing Supervisor can be contacted on 54617396 or by internal dial 396.

Heath House **Team Leader Patricia Boyd or Lesley Mackey.** 54 617461 or Internal Dial 461 You can also contact: **CEO Barb Duffin** 54 617381 Internal Dial 381 Mobile 0429 617380 email: barbceo@havilah.org.au or **Director of Human Services Annie Constable** 54 617383 Internal Dial 383 email: dhs@havilah.org.au.

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

GENERAL ENQUIRIES

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: rhonda.treloar@havilah.org.au or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

Residents can contact Rhonda simply by pressing the numbers 387 on room telephones.

ADMINISTRATION OFFICE HOURS

MON-FRI 9.00 am—4.00 pm for account payments and enquiries

PAGE 8 HAVACHAT

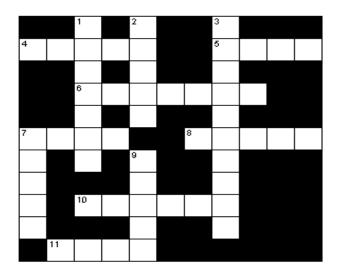
HAV'A'LAUGH



High Blood Pressure Joke

I went to the doctor for my yearly check up, as he was examining me he commented on my pale complexion. "I know" I said "It's my high blood pressure, it's in the family. "Your mom's side, or dad's side?" questioned the doctor. Neither, my wife's. "What?" the doctor said "that can't be, how can you get it from your wife's family?" "Oh yeah, why don't you come meet them sometime!"

Crossword Puzzle



Clues - Food

Across:

4 used for baking

5 protein in a shell

6 poultry

7 the other white meat

8 great with sauce

10 american or swiss

11 liquid dairy

Down:

1 movie snack

2 best when ripe

3 green is good 7 type of pie

9 t-bone

Crossword Puzzle #3E - Solution





