

ISSUED 27TH MAY 2014

# RAGLAN TATTLER

## MOTHERS DAY & FAMILY DAY

Mothers Day and Family Day at Raglan House was a great success, Residents and their families were very complementary of the Decor, Table settings and the Menu. It was wonderful to see so many families coming into spends time with their loved ones and enjoying their time together. The Community Centres Function Room makes a fantastic venue for special occasions with its historic charm.



The Residents enjoying the day



The Community Centre Looking Beautiful



The residents enjoying their Mothers Day lunch



A wonderful sight family celebrating Mothers Day with their Mums



## SERIOUSLY 60'S AT HAPPY HOUR

Geoff & Meryl James of Seriously 60's come into play at Happy Hour every 4th Friday of the month. They perform a variety of different music from many different era's Old Time, War time, 50's 60's & 70's and do a fantastic job of entertaining all the residents of the Havilah Community.



Pictured Above: Geoff & Meryl perform for the appreciative residents at Happy Hour.

## **WHAT TO DO WHEN THE FIRE ALARM SOUNDS**

Residents and Visitors should remain where they are and wait for staff to instruct you on evacuation. If you can see the fire you should move away from the immediate area and wait for instruction from staff. If the fire is in your room you should leave the room and close the door behind you.

Havilah is a very safe facility and has many measures in place to stop the spread of fire and smoke and to provide for safe evacuation in the case of a fire – this includes fire and smoke compartments, and sprinklers and smoke alarms.

There is a maximum of 6 resident rooms in each smoke/fire compartment and therefore should evacuation be required in the first instance it would only be for residents in the affected compartment.

The fire alarm automatically alarms at the fire station and the Brigade is here within minutes. Once the alarm has sounded the Brigade will attend even for false alarms. From the fire panel at the front of the building and on our staff pagers we can see which alarm has been actioned and therefore we immediately know the area to check.

**When the Fire Alarm sounds RESIDENTS WILL BE KEPT INFORMED VIA STAFF AND THROUGH THE PUBLIC ADDRESS SYSTEM.**

Havilah is a non smoking site which adds to the safety of residents and staff.



# COMMUNICATION

## **USING EMAIL TO CONVERSE WITH OUR MANAGEMENT TEAM**

Sometimes it is out of hours when you think of things you might like to raise with us. For those with email access you can have a conversation by email with our management team.

Chief Executive	Barb Duffin	<a href="mailto:barbceo@havilah.org.au">barbceo@havilah.org.au</a>
Director of Human Services	Annie Constable	<a href="mailto:dhs@havilah.org.au">dhs@havilah.org.au</a>
Director of Services	Sandra Platt	<a href="mailto:sandra.platt@havilah.org.au">sandra.platt@havilah.org.au</a>
Food Services Manger	Di Jackson	<a href="mailto:di.jackson@havilah.org.au">di.jackson@havilah.org.au</a>

## **ELDERS RIGHTS ADVOCACY**

INVITATION TO ALL RESIDENTS AND RELATIVES

**DEBRA NICHOLL**

ADVOCATE FROM ELDERS RIGHTS ADVOCACY

IS COMING TO

HAVILAH RAGLAN HOUSE

ON

TUESDAY 3RD JUNE 2014

AT 12.45PM

Downstairs Bingo Area

Debra will speak about the Aged Care Advocacy program and care Recipients' rights. Debra will also talk about the support ERA can provide for care recipients and families and answer your questions.

## **HEATH HOUSE - DINNER DANCE**

**Families and friends of Heath House are invited to join us for a dinner dance.**

Date: Saturday 7th June 2014 Time: 11.30 am

Place: Heath House

R.S.V.P. to 54617482 or Put your name on the sign up sheet near the downstairs nurses station



The Footy tipping is well underway for season 2014 and the leaderboard is starting to take shape. The residents of Raglan House and the Independent community are vying for top spot on the leaderboard and the title of leading

**Leaders after round 10 - 1st Place (56)** Joan Sinclair & Dot Kane **2nd (55)** Elaine Humphrey, Jean Smith & Dorrie Duffin **3rd Place (54)** Lesley Boxall, Doug Rowe & George Pickering

**Round (2) Tipping all 9 winners: Shirley Huggett & Round (7) Rene Hussey congratulations Ladies you both win \$10.00**



## GREAT THINGS TO DO

**Don't forget to check  
your Activities  
Calendar to see  
what's on each day**

### UPCOMING EVENTS

#### Happy Hour



Friday evening in the Dining room

Commencing at 5.00pm Finger Food & Live entertainment.

#### Raglan House Resident Meeting Wed 11th June at 1.15pm Downstairs Raglan House (Bingo Area)



MEETINGS ARE A FORUM FOR IDEAS AND NEW INITIATIVES

TO BENEFIT RESIDENTS AND FAMILIES. WE WELCOME YOUR INPUT

**Church Services Commenced** Church Services for the Anglican, Uniting, Wattle City and Genesis Church's Check your Activities Calendar for session times.



1st Wednesday of the Month : Uniting Church - 2.30pm

1st Thursday of the Month : Anglican Church - 10.30am

3rd Thursday of the Month: Wattlecity Church - 10.30am

4th Thursday of the Month: Genesis Church - 10.30am

#### BUS TRIP OUT



Every Thursday departing at 1.30pm to lots of Interesting destinations.

Interactive, Interesting and entertaining come along for a fun afternoon out



#### FALLS PREVENTION and STRENGTHENING EXERCISES

Rhonda James Monday afternoons 2.30-3.00pm

Downstairs Resident Lounge. Care Staff will assist you to the Lounge if required.

## BE SAFER ON YOUR FEET



## WEEKLY ACTIVITIES

**BUS TRIP OUT** - Thursday 1.30pm



**NAIL-CARE** - 10.00am Wednesday mornings each week



**FOOT SPA** - 9.30am Thursday mornings each week

**HOY** - Monday 10.30am

**BINGO** - Monday to Friday 1.30pm



**CARPET BOWLS** - Friday Morning 10.30am

**MARBOWLS** - Tuesday morning 10.30am

**CHAIROBICS** - Tuesday & Friday 2.30pm

**STRENGTH EXERCISES** Monday's each week at 11.15am with Physio Rhonda



**HIGH TEA** - 2nd Wednesday's of the month 2.30pm

**SING A LONG** - 3rd Wednesday's of the month 3.00pm



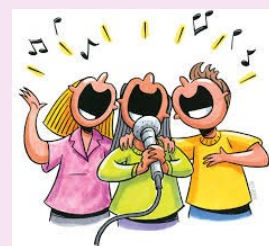
## CHURCH SERVICES

**UNITING CHURCH** - 1st Wednesday each Month 2.30pm

**ANGLICAN CHURCH** - 1st Thursday each Month 10.30am

**WATTLE-CITY CHURCH** - 3rd Thursday each Month 10.30am

**AOG GENESIS CHURCH** - 4th Thursday each Month 10.30am



## CONTACTING STAFF and other Useful Numbers

You can contact staff by using your **room phone**

**In Raglan House** Ring 161 24 Hours a day to get the Nurse on Duty

Press your **Green** Call Button for **Non Urgent** assistance and

Press your **YELLOW** call Button for **URGENT** assistance

**Community Centre** Ring 140 between 9am & 12 Noon Monday to Friday

**The call system** is for **emergency calls** so where possible for other than emergency issues please use your telephone to contact staff. This will ensure prompt action when you are in an emergency situation. There are call points in public areas for residents and family members to use when requiring staff attendance.

Please familiarise yourself with the position of these call points.

Wall phones are installed on the Nurses Station wall at Raglan House both Upstairs and Downstairs these phones provide greater accessibility to staff for families. Please make use of these phones as required.

FOR FAMILIES ringing from outside Havilah to speak to staff in Raglan House please call 5459 0150 if there is no answer on this number the call will be diverted to staff on the floor.

**Other useful numbers can be found in your Resident Information Folder**

## **COMMENTS, COMPLIMENTS, SUGGESTIONS AND COMPLAINTS FORMS ARE AVAILABLE IN THE FOYERS OF BOTH BUILDINGS**

Residents and families are encouraged to communicate any issues they may have. There is a **Director of Services (RN1) Sandra Platt** 5459 0154 or internal dial 154. Email [sandra.platt@havilah.org.au](mailto:sandra.platt@havilah.org.au)

You can also contact: **CEO Barb Duffin** 5461 7381 Internal Dial 381 Mobile 0429 617380 email: [barbceo@havilah.org.au](mailto:barbceo@havilah.org.au) or **Director of Human Services Annie Constable** 54 617383 Internal Dial 383 email: [dhs@havilah.org.au](mailto:dhs@havilah.org.au).

If you report an issue to any staff member they will fill out a form on your behalf.

Complaints can be made openly, anonymously or your name can be kept confidential.

Havilah respects the right of residents and families to raise complaints anonymously, however it is more difficult to obtain the best outcome from anonymous complaints or feed back to the complainant the actions taken as a result of the complaint.

We welcome your input as to the things you don't like and the things that you do as this assists us in providing a quality service.

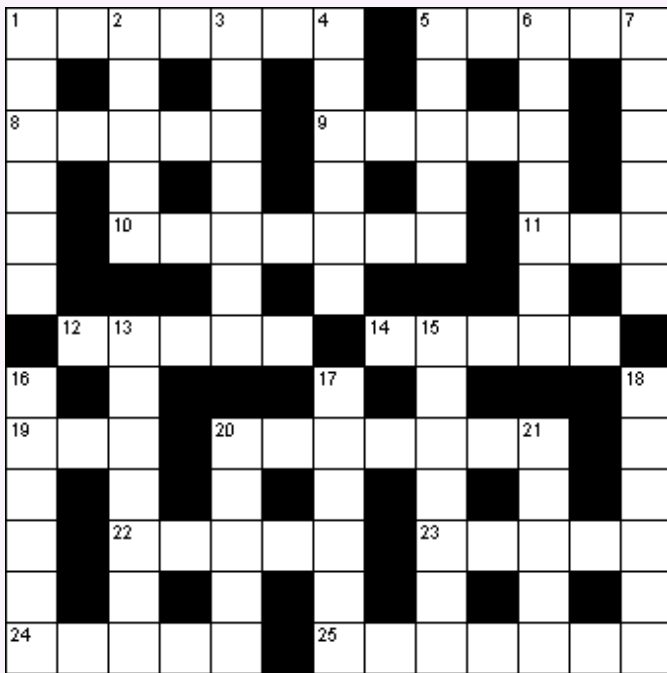
## **GENERAL ENQUIRIES**

For any general enquiries: Families or residents can contact Havilah 24 hours a day, 7 days a week on Email: [rhonda@havilah.org.au](mailto:rhonda@havilah.org.au) or Telephone: 54617387. Leave a message if it is out of office hours and staff will get back to you as soon as possible.

## **COMMUNITY CENTRE ADMINISTRATION OFFICE HOURS**

MON-FRI 9.00 am—12.00 pm for account payments and enquiries

## Quick Crossword No.4



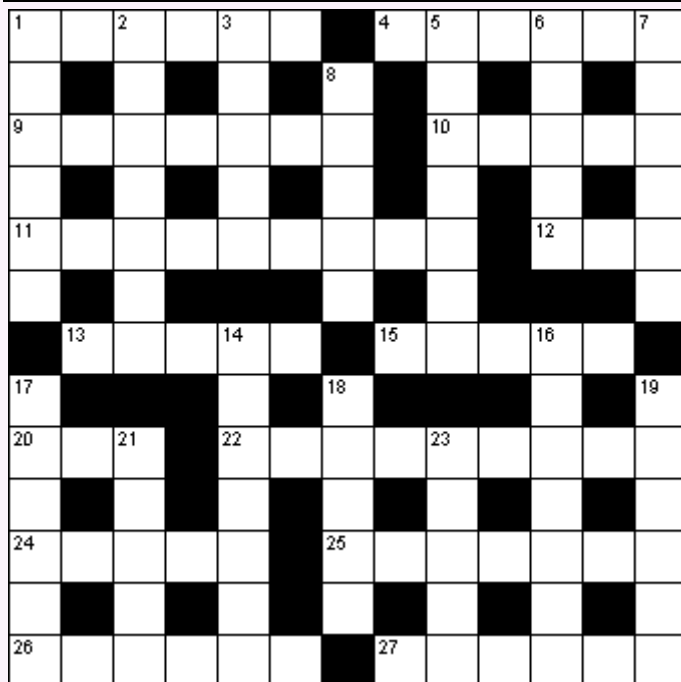
### Across

1. Restricted (7)
5. Perils (5)
8. Detection device (5)
9. Villain (5)
10. The sheltered side (7)
11. Flightless bird of Australia (3)
12. Chasm (5)
14. Complies (5)
19. Prohibit (3)
20. Diplomatic (7)
22. Nimble (5)
23. Light beam (5)
24. Reside (5)
25. Boring (7)

### Down

1. Food store (6)
2. Decoration (5)
3. Goals (7)
4. Fin (6)
5. Stiff (5)
6. Stage set (7)
7. Repress (6)
13. Dressing (7)
15. Perplexed (7)
16. Overseas (6)
17. Dialect (6)
18. Tusks marine mam-mal (6)
20. Test (5)
21. Lariat (5)

## Themed Crossword No.5



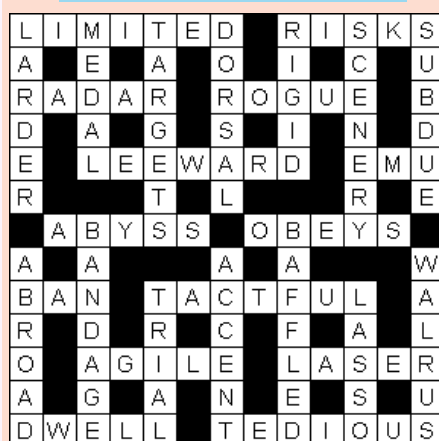
### Across

1. Pub (6)
4. Take for granted (6)
9. Weird (7)
10. Take place (5)
11. Expiation (9)
12. Sense organ (3)
13. Stage whisper (5)
15. Paragon (5)
20. Sphere (3)
22. Vortex (9)
24. Tine (5)
25. Ameliorated (7)
26. Cure (6)
27. Extremely bad (6)

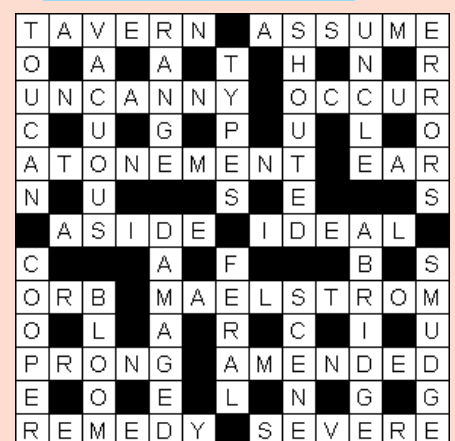
### Down

1. Tropical bird (6)
2. Asinine (7)
3. Ambit (5)
5. Yelled (7)
6. Relative (5)
7. Mistakes (6)
8. Varieties (5)
14. Injured (7)
16. Foreshorten (7)
17. Barrel maker (6)
18. Wild and savage (5)
19. Blot (6)
21. Flower (5)
23. Part of a play (5)

### SOLUTION No.4



### SOLUTION No.5





## **WORD SEARCH    CARTOON CHARACTERS**

C	W	O	L	L	A	M	H	S	R	A	M	I	M	W	I	E	M	T
M	E	S	S	U	O	M	R	A	T	C	E	N	N	M	L	O	A	R
N	O	T	A	G	U	O	N	M	E	N	I	L	A	R	P	H	R	E
O	R	L	S	U	G	A	R	T	A	L	G	B	B	T	C	T	Z	S
N	E	O	A	T	S	B	M	M	E	E	C	H	R	T	E	A	I	S
P	F	L	C	S	T	S	B	N	G	K	R	C	O	I	S	E	P	E
A	T	B	P	K	S	R	O	N	R	T	N	C	V	Y	T	M	A	D
R	O	F	V	P	O	E	A	L	R	R	S	U	R	H	P	T	N	G
E	F	V	U	S	A	M	S	E	F	R	J	U	J	O	E	E	L	Q
I	F	L	I	D	C	Y	A	P	E	Y	P	Y	N	N	X	E	S	E
L	E	A	I	N	G	C	D	T	R	I	D	Z	M	E	G	W	T	R
T	E	N	A	W	L	E	T	N	V	N	E	N	M	Y	V	S	E	I
L	R	L	T	E	R	U	V	S	A	C	C	H	A	R	I	N	E	C
W	B	B	O	N	B	O	N	C	V	C	M	B	W	C	H	C	W	E
L	E	M	A	R	A	C	M	U	G	G	N	I	W	E	H	C	S	M
E	T	A	L	O	C	O	H	C	N	O	I	T	C	E	F	N	O	C
V	E	R	U	T	I	F	N	O	C	T	N	A	D	N	O	F	N	B
P	O	R	D	M	U	G	M	A	E	R	C	E	C	I	D	V	J	E
N	A	E	B	Y	L	L	E	J	P	O	P	I	L	L	O	L	N	H

AMBROSIA, BLANCMANGE, BON BON, BRITTLE, BUTTERSCOTCH, CANDY, CANDY APPLE, CANDY FLOSS, CARAMEL, CHEWING GUM, CHOCOLATE, CONFECTION, CONFITURE, CREAM, DESSERT, FONDANT, FUDGE, GUMDROP, HONEY, ICE CREAM, JELLY BEAN, JUNKET, LOLLIPOP, MARSHMALLOW, MARZIPAN, MOLASSES, MOUSSE, NECTAR, NONPAREIL, NOUGAT, PRALINE, ROCK, SACCHARINE, SUGAR, SWEETMEAT, SWEETS, SYRUP, TOFFEE, TREACLE.

## JUST FOR LAUGHS



PERHAPS THE MOST NOBLE OF ALL RESCUE ANIMALS: THE LAVATORY RETRIEVER

One morning this blonde calls her friend and says "Please come over and help me. I have this killer jigsaw puzzle, and I can't figure out how to start it." Her friend asks "What's the puzzle supposed to look like?" The blonde says "From the picture on the box, it's a tiger." So, the blonde's friend figures that he's pretty good at puzzles, so he heads over to her place. She lets him in the door and shows him to the table where she has the puzzle spread all over the table. He studies the pieces for a minute, then studies the box. He then turns to her and says: "First, no matter what I do, I'm not going to be able to show you how to assemble these to look like the picture of that tiger." "Second, I'd advise you to have a cup of coffee and put all these Frosted Flakes back in the box!"

Due to a job transfer, Brian moved from his hometown to New York City. Being that he had a very comprehensive health history, he brought along all of his medical paperwork, when it came time for his first check up with his new Doctor. After browsing through the extensive medical history, the Doctor stared at Brian for a few moments and said, "Well there's one thing I can say for certain, you sure look better in person than you do on paper!"

I have discovered the secret to a clean house: never let your children or husband enter it.



Sam goes to the doctor for his yearly checkup. "Everything is fine", said the doctor, "You're doing OK for your age." "For my age?" questioned Sam, "I'm only 75, do you think I'll make it to 80?" "Well" said the doctor, "do you drink or smoke?" "No" Sam replied. "Do you eat fatty meat or sweets?" "No" said Sam "I am very careful about what I eat." "How about your activities? Do you engage in thrilling behaviors like speeding or skiing?" "No" said Sam taken aback, "I would never engage in dangerous activities." "Well," said the doctor, "then why in the world would you want to live to be 80?"